

# Tidbits

October 2021 — Vol. 27 Issue 2



Monthly Newsletter of the GFWC Woman's Club of West Deptford • PO Box 381 • Thorofare, New Jersey 08086 • <https://wdwomen.com>

## NEXT MEETING

Tuesday, Oct. 12, 6:30 p.m.  
St. Paul's UMC, 74 Church St.  
Masks suggested but not required.

## Refreshments

Snacks/Desserts (pre-packed or wrapped individually): Nancy D., Karen H., Lisa H., Holly T.  
Small bottles of water: Vicki C., Linda M.

## October Birthdays

4—Rita C.                      23—Meg C.  
8—Agnes K.                  29—Debbie H.  
20—Elaine R.                31—Nancy B.

## COLLECTIONS

- ♥ Robin/Lisa H.: Soda/Soup Aluminum tabs for Ronald McDonald House
- ♥ Cynthia/Peg S.: Household items & food for South Jersey Dream Center
- ♥ Chris T.: Clothing and household items for Angels Community Outreach
- ♥ Jeannette: 17" duffel bags for Family Promise
- ♥ Linda M. & Janice: Items & money for SERV. Watch for monthly suggestions.
- ♥ Nancy B: unexpired canned goods for Colonial Manor Food Pantry; NEW hats gloves & scarves, adult & children; dry cat food for the local feral cat program
- ♥ Clara: Old cell phones, wallets, tools, keys, credit cards/used gift cards, bags & suitcases for K-9 training

### Woman's Club of West Deptford

Member of General Federation of Woman's Clubs (GFWC), New Jersey State Federation of Woman's Clubs (NJSFWC), Garden District of NJSFWC.

President: April Maska  
Membership: Cynthia Holmes-Butler  
Info: 856-217-2962 or [membership@wdwomen.org](mailto:membership@wdwomen.org)



## PRESIDENT'S MESSAGE

April Maska

It's October!!! This is such an awesome time of year! The air is crisp, the days are warm and the evenings are cool. I absolutely love this time of year and the holidays that come with it. Between now and January there are so many great activities and family events that I always want the time to slow down.

*"You may never know what results come of your actions, but if you do nothing, there will be no results." --Mahatma Gandhi*

The above quote seemed appropriate this month as I reference some of the projects we are working on and the continued support that we offer in the community. Because of all of you, the effort you put into our fundraisers and the care you have for members of our community, we were able to help out a West Deptford resident who has been an important part of so many of us. As you know, Mr. Mike Coleman, owner of Lukoil Service Station, has had to close his service station because of his wife Cynthia's illness. He has been generous to so many in the community and it was time to give back. We were able to give \$200.00 to him through a Visa Gift Card to help with his daily expenses as he continues to help and support his wife. Thank you to Kim C. for bringing this to our attention and to Denise H. who reached out to St Paul's Church and was able to secure the gift card. The card with a note from us on our donor card was delivered to the station on Tuesday, September 28th. I know you will join me in sending the family our thoughts and prayers as the Coleman family travels this difficult road.

West Deptford Day was a major success! Thank you to all who donated their time to our booth. The ladies who manned our

table spoke to many people about our Basket Raffle and sold 40 reusable bags. Even with so many groups giving away reusable bags, we were able to sell ours and continue to support our treasury. I hear that



Lisa H. and Carol M. are super sellers and definitely helped to sell tickets and bags. Also a big thanks to Jody and Dave H. who brought the tarp and table, set it up and broke it down at the end of the afternoon. Finally, a heartfelt thanks to all who came out to help: Isabella C., Peg S., Kim C., Debbie H. and Patty W. with Carol M., Lisa H. and Jody H. (I hope I didn't miss anyone) as I was manning the West Deptford Historical Association display celebrating the 150th Anniversary of our Township.

Operation Yellow Ribbon is done for us as our stockings will be traveling to the NJSFWC Headquarters next Tuesday, October 12th. Thank you to Denise H. who will be bringing them for us when she attends the monthly state meeting.

October is Breast Cancer Awareness month and Domestic Violence Awareness Month. We are very fortunate to have a speaker coming to our October Meeting from SERV who will give us an informative presentation on Domestic Violence. Thank you to Linda M. and Janice M. who were able to make this happen for us. The colors to wear for this month are either pink or purple ☐

Our mum sale was another great success. Thank you to all who bought mums to

**Continued on next page —>**

## President's Message, continued

beautify their homes and support our Operating Account. Every penny will go to help members of the community for this club year.

And...Socially Speaking...what a fun night we had at Fahrenheit Ceramics! Thank you Holly R. and Jody H. for organizing such an exciting time. The company was excellent, the conversation stimulating and everyone made such beautiful and unique ceramic items for their homes. I can't wait to see how everyone's projects came out. Jody will be picking them up for us and will be bringing our items to our meeting for pick up. I can't wait for our October Book Club and Treat Making Date. Great job, ladies! This outing was a winner!

It's Basket Raffle Time!!!! We are finally able to hold our basket raffle and build up our LGCCC account! Nancy B. and Nancy D. have done a great job coordinating with Adelphia's and holding Zoom meetings to cross our T's and dot our I's. The basket raffle committee has been wonderful attending Zoom meetings and making sure that we have everything we need. Peg S. went over to see how we will get the 43 baskets in with wagons and a cart. With the ramps and small amount of steps involved, we will be able to get these large, heavy baskets in with relative ease. Linda J. and Peg S. have wrapped all the baskets, Sue N. has done a great job with the tickets and Dorothy A. has done a wonderful job keeping the basket list up to date. Denise H. and Agnes K. are presently putting the program together with a list of all the baskets and making the copies for our participants that night. And a big shout out to the rest of us who attended meetings or just supported this big fundraiser by selling tickets. We are going to have a successful and exciting night!

The NJSFWC State Project Chair and Committee is holding a BUNCO night in October to raise funds for our State Veterans Project. A thank you to Debbie H. who is putting together a raffle basket for that night. Each club was asked to donate a basket and Debbie is taking care of that for us with some donated items.

Finally, we are waiting for word on pick up of the Veteran Haven donation of

household items. We have three homes housing items and I know they would like the goods picked up. Hopefully it will be soon...I will keep you posted. If you have items to donate by the pickup date, let me know.

Happy Fall and Happy Halloween (early)... don't forget your Secret Pal gifts for your special Club Sister.☐

Warmly with Pumpkin Spice Coffee,  
*April*



- ◆ Harvey and Agnes K. are very proud to announce that their daughter, Rachael I. K. USAF, recently was presented with the John L. Levitow Award for demonstrating the most outstanding leadership and scholastic achievement throughout Airman Leadership School.
- ◆ Last chance for takeout chicken dinner tickets for this Sunday, 10/10, from St. Paul's. Call Denise H. right away!

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## FIRST VICE PRESIDENT

Linda Jones

### Hooray for Fall!

Cool temperatures, pumpkins galore, awesome foliage, soups & cider, and of course sweater weather is just the recipe for October days. My favorite season of them all! As I drive around town, I'm looking for those 108 mums that our club sold with a \$405.00 profit for our treasury. Terrific!! Thanks everyone!

### Pie Sale

The next internal fundraiser will be our semi-annual pie sale. We will choose from nine varieties of extra large delicious pies to take orders for up until Monday, November 1st. The Red Eagle Produce Company does fundraisers a few weeks prior to Thanksgiving, which is their busy season selling thousands of pies for the holidays. All the pies can easily be frozen in extra large zip lock bags for the weeks



leading up to your Thanksgiving dinner. (I will purchase some zip lock bags to distribute if needed.) Many members did this in the past and can attest to how delicious the pies



remain upon thawing and enjoying. The price per pie is \$16.00 with a \$5.00 club profit from every pie. The Red Eagle company raised their prices over the past year just like every other business.

I will distribute order slips at our next club meeting or you can print out an emailed order slip to turn in with cash or checks payable to the Woman's Club of West Deptford. On Friday, November 5th we will pick up our pies at Red Eagle with a few volunteers and decide on a location from which to distribute your orders. Please start selling to family, friends, and neighbors. More information on the pick-up location will be decided. Please contact me if you have any questions about our fundraiser.

Thanks to all!

## 2ND VP/MEMBERSHIP

Cynthia Holmes-Butler

### Club Shirts

For those members who ordered shirts hopefully they will be in before the Basket Raffle Dinner. I will send out individual emails to people and arrange for pickup.

If you would like to order a shirt please fill out the form at the end of Tidbits and bring it to the October meeting with a check made out to WCWD.

Thanks!

### New Members

We have two more new members joining our club! Jamie S. and her daughter Brittany S. will be installed at our meeting. Jaime was previously a member of the West Deptford Woman's Club and Juniors. Please welcome them!



WELCOME to new members installed in September, Meg C. and Karen H. We're happy to have you!

## DOMESTIC VIOLENCE AWARENESS

Linda Marple, Janice Morrison

### October is Domestic Violence Awareness month.

This month I am very pleased that my trainer and the Domestic Violence Response Team Coordinator from SERV (Services Empowering the Rights of Victims), Denise Rosen, will speak at our meeting. Please wear purple for Domestic Violence Awareness or Pink for Breast Cancer Awareness.

### Warning Signs of Domestic Violence in a Relationship

- A partner telling you that you never do anything right
- Showing extreme jealousy of friends and the time spent away from him/her
- Preventing or discouraging you from spending time with friends, family or peers
- Insulting, demeaning or shaming you, especially in front of other people



- Preventing you from making your own decisions
- Controlling finances
- Pressuring you to have sex or perform sexual acts you're not comfortable with
- Intimidating you
- Destroying your belongings
- Threatening you with weapons.

If you know of someone experiencing DV, have them contact the National DV hotline 1.800.799.7233 or here in Gloucester County: SERV 1.866.295.7378.

## HOLIDAY DINNER

Cynthia Holmes-Butler

### WCWD Holiday Dinner Kitchen 519

200 East Evesham Rd.  
Glendora, NJ 08029

**Tuesday, December 14th, 2021**

**5:45pm - 8:45pm**

**\$35.00 per person including gratuity**

Working with Jody H. and Holly R., we researched places for our Holiday Dinner. Kitchen 519 will open on Tuesday, December 14 to do a private party for us. About 25 members went to the June luncheon and were very happy there. Kitchen 519 offered the best price and deal on food. It's a buffet dinner listed below for \$35, tip included.

We will enjoy a buffet style dinner to include:

- Rolls & Whipped Butter
- Chopped Caesar salad
- Antipasta Tray
- Meatballs & Sausage
- Chicken Parmesan
- Penne Vodka
- Roasted Winter Vegetable & Potato Medley
- Dessert Tray
- Soft Drinks/Coffee/Tea

You may bring wine or buy a bottle there.

Please let us know by the October meeting if you're interested in attending. Hope to see you there. It should be a really fun way to kick off the holiday season!



INSTALLATION OF RECORDING SECRETARY Lisa H. (center) by NJSFWC Garden District Vice President Jill McDonald at our September meeting.

## IN MEMORIAM

Denise Pitchford

### Remembering Ellie Ruskai

As of Wednesday, September 23rd, a beautiful pink crepe myrtle was planted and a paver laid at the West Deptford Public Library in Memory of Ellie Ruskai, a longtime member of our Woman's Club who passed away in May of 2020. Because of Covid-19, and the library not resuming normal practices, the tree and the paver brick were on hold for a while.

Ellie would be so happy to have us remember her in such a memorable way. She so enjoyed spending time with our club members, and each of us who knew her know that she counted us as her dearest friends. Please stop by the library and take a look at the paver, which is found in the front garden with the inscription *In Loving Memory of Ellie Ruskai, May 30, 2020, Woman's Club of West Deptford.*



The crepe myrtle is planted right out front to the left of the Library sign and the Storywalk



Project on the Eric Carle book *From Head to Toe*. I've been watering the tree daily and spending some time thinking of Ellie and her spunky ways. I even walked the storywalk and got some exercise in! Your grandchildren will love the storywalk.

Thank you all, again, for donating in memory of Ellie. We will all enjoy the blooming pink myrtle for years to come.

## CIVIC ENGAGEMENT & OUTREACH

Carol M.

### Female Judges Make Federal Court History

The first woman was appointed to the Federal bench nearly 140 years after the federal court system was established. These are female pioneers who paved the way for women to follow them into the federal judiciary system.

Genevieve Cline was the first female named to the federal bench. She was appointed by President Coolidge in 1928 to the U.S. Court of International Trade and served for 25 years. Florence Allen was the first female to serve on Article 3 Appellate Court and was appointed by President Roosevelt in 1934. Bernice Mathews was the first woman to serve as a U.S. District Court Judge for the District of Columbia. She was appointed in 1949 by President Truman. Mary Donlon was appointed by President Eisenhower in 1955 to the U.S. Customs Court and Sara Hughes was appointed by President Kennedy in 1962 to the U.S. District Court for the Northern District of Texas.

These are the women who paved the way for women to become state and federal judges. The Federal Court system is made up of three levels: District Court (trial courts), Circuit Court (appeals court), and the U.S. Supreme Court (highest court in the land). Female judges bring lived experiences to their judicial actions, experiences that tend toward a more comprehensive and empathic perspective—one that the entry of woman judges into spaces that had historically been excluded from government jobs.

There are currently 3 female judges on the U.S. Supreme Court and 3500 female judges that serve on State or Federal judgeships. This is a quote from Supreme Court Justice Ruth Bader Ginsberg before her passing in 2020. "If you want to be a true professional you will do something outside of yourself, something to repair tears in your community, something to make life a little better for the people less fortunate than you: Live not for oneself but for ones in your community." These are words we all should all live by.

## ENVIRONMENT

Patty Wyzykowski

### Reusable Grocery Bags

Dear Club members,

As you may recall, I sent an e-mail to everyone prior to West Deptford Fun Day asking if any club members would like me to put aside reusable grocery bags for purchase. Many of our members have advised that they will purchase the reusable bags.

I will bring the bags to the next meeting. The cost is \$5 per bag. You can pay me cash or by check, payable to WCWD. I will send an e-mail with the list of members who requested the bags prior to the meeting.

We still have bags available for purchase, so if you have not already requested bags

to be reserved, you can purchase them at the meeting. Thank you for participating in this fundraiser!



WEST DEPTFORD DAY! We sold reusable grocery bags and distributed club info.

## SOCIALLY SPEAKING

Jody Harris, Holly Revelas

### October

We hope everyone who attended our first social at Fahrenheit Studio in Pitman had a great time in planning, designing and painting their ceramic piece while enjoying the social time with club sisters and friends.

Our next scheduled event is the **"Zoom" book club Tuesday 10/5**, where we will be discussing *A Pledge of Silence* by Flora Solomon. We have twelve people who will be participating. If you are interested, please let me know and I will get an invite out to you prior to our meeting.

We round out our activities for October making **Halloween Treats with Holly** at the W.D. Library on **Thursday the 28th from 10:30am-12pm**. October 12 (the date of our meeting) is the cut off to let Holly know if you will be joining her. This will ensure you receive the list of ingredients and any other information that you will need to know prior to the event.

In case you were wondering, this is a food treat that you will be making and she promises that it will be **NOTHING HEALTHY!** A great time should be had by all.

### November

**6th, Saturday – 6pm, Date Night at Auburn Winery**, Pilesgrove, NJ – Bring your significant other or a good friend to enjoy music, wine, and snacks. We need to know if you will be joining us by the October Meeting on the 12th, to make a reservation. Attendees are responsible for purchasing their own beverages and snacks.

**16th, Tuesday – 12pm, Lunch and Shopping at Hill Creek Farms**, Mullica Hill. We need to know if you will be joining us by October 31st, to make a reservation. Please send us an email, or call. Attendees are responsible for purchasing their own beverages and snacks.



**30th, Tuesday – 9am, Train into Atlantic City** for Shopping and Lunch at Tanger Outlets Atlantic City. We need to know if you will be joining us by November 15th, to make a reservation for lunch. Please send us an email, or call. Attendees are responsible for purchasing their own lunch and train ticket the day of event. Meet at the West Deptford Library parking lot at 9am to leave together for the train.

### December

**7th, Tuesday – 7pm, Zoom Book Club Meeting**, Book to be announced. We need to know if you will be joining us by November 30th to ensure you receive your Zoom invitation. Please send us an email.

**9th, Thursday – 7pm, Zoom Cookie Baking with Holly**. No healthy cookies this year. ☺ We need to know if you will be joining us by November 30th to ensure you receive list of Ingredients and Zoom link. Please send us an email.

**14th, Tuesday – 6pm, Holiday Meeting and Dinner at Kitchen 519**. Info on page 3.

**Looking forward to seeing all of you at these events!**



ARTISTIC TALENT by our President April, who painted this scene freehand!

## SPECIAL CLUB PROJECT: FAMILY PROMISE

Jeannette Wood

**We collected \$52.00 in cash this month at our last meeting. Thank you! Thank you!** I purchased 3 more duffle bags with this money and delivered all 15 of the duffle bags to the Day Center in Glassboro.

While at the Day Center I spoke to Mackenzie, the case manager, to get an update on the families in the programs. Since January this year 52 families have graduated and moved into their own homes. One mother and her children even bought her own home, which was a first time for this to happen.

Currently there is one mother and her teenage son living at the Day Center working to get back on their own. The family in the Transitional Home is getting ready to move to North Carolina to be closer to their relatives.

Each homeless family who enters this program receive a duffle bag donated by our club. Our club is the only organization that donates these needed items. The children in this program also receive a duffle bag if they need one for their gym/sports clothes. Mackenzie told me that the families are totally surprised and grateful to receive "their own" duffle bags.

If you want to help with this project, you can purchase a duffle bag online and have the bag sent to my address. If you'd rather give a donation toward purchasing duffle bags, I will be collecting your donations at our October meeting. I will then purchase duffle bags with the money.

**Thank you so much for your continued support to help the homeless in our community!**



CASE MANAGER Mackenzie at Family Promise

## SPECIAL STATE PROJECT

Jeannette Wood & Cheryl Fairchild

### Operation Chillout: Homeless Veterans Outreach

**We collected \$22.00 in cash last month at the club meeting.** Thank you! Thank you! You are so generous! This money will be added to our monthly collections for our Special State Project. The total monthly donations are now \$162.00.

### Summer Update



Thanks to generous donations from woman's clubs, Operation Chillout was able to deliver

to all of its targeted outreach locations throughout NJ and northeast PA, with several locations getting second round deliveries of life saving cases of bottled

water during the hottest days of summer. Many deliveries included new caps and t-shirts as well. Thanks to everyone that donated.

### Winter Collection

We are now helping with Operation Chillout Winter Collection. This is a backpack prepared for a man or woman filled with warm clothing – zipped hooded sweatshirt, non-leather gloves, knit cap, warm socks, thermals. They are delivered to locations where homeless people gather, including food pantries, soup kitchens, temporary shelters, and places where some sleep in the open in abandoned buildings, parks, and alleyways. A donation of \$25 will purchase a backpack.

They are also requesting donations for the OCO Rapid Response Team and the Emergency Supplies Fund due to increased demand from recent floods.

**If you want to donate go to [www.operationchillout.org](http://www.operationchillout.org) for the Online Winter Drive.**

When you make an online purchase, be sure to include our club name in the business line. Please email me what you donate so I can keep a total of our club donations for my yearly report.

**Thank you for your continued support of our Special State Project.**



## HEALTH AND WELLNESS

Chris Taylor, Linda Marple, Kim VanZoeren-Czoch, Carol Dechen

**Operation Smile**—in kind \$1090.51, 129 hours

**South Jersey Dream Center**—1458 lbs, \$583.66, 72-1/2 hours

**Angels Community Closet**—\$500 (emergency heat/electricity), 110 lbs, \$200 in kind food, 7 hours

**Seeds of Hope**—Valentine's Day—in kind \$105, 15 hours.

**GWCM**—hats and gloves— in kind \$50.

**Food pantries**—\$615, in kind \$1615, 145 hours. Boscov shopping passes, 11 sold (\$55)

**Rainbow Baby Blanket**—\$80 in kind, 145 hours

**Jeannette's Closet**—313 lbs, 7 hours

**Logan**—In June the club donated \$250 from the treasury and \$250 in gift cards to a child undergoing cancer treatment at CHOP.

**GWCM school supplies group project**—In kind \$1100, 91 hours  
Bring any clothing donations to 1206 Parkland Commons, WD.

### Bone and Joint Action Week

(Oct 12-20) focuses on disorders including arthritis, back pain, trauma, and osteoporosis. The theme and activities during this action week are to raise awareness worldwide. This provides info on prevention, disease, and treatment options.

1. According to "The Burden of Musculoskeletal Conditions in the U.S." more than 1/2 of the American populations over 18 (54%) are affected by musculoskeletal conditions which include bone and joint, known collectively as musculoskeletal disease.
2. 1 in 3 (33%) people over the age of 18 required medical care for musculoskeletal conditions, and this trend has increased 19% over the last decade.
3. Bone & Joint conditions are the most common cause of severe long-term pain and physical disability and affect millions of people worldwide.
4. Musculoskeletal conditions include back pain, arthritis, traumatic injuries, osteoporosis, spinal deformity and childhood deformities.
5. Global prevalence is expected to increase due to increasing life expectancy and changes in risk factors.



## BONE, & JOINT HEALTH

6. Musculoskeletal conditions lead to lost productivity and reduced quality of life.

### Oct 12th - World Arthritis Day

Experts in Arthritis (EIA) are offering free public educations for people with arthritis and for the people who care for them. Watch a short presentation @ [www.controlArthritis.org](http://www.controlArthritis.org) for information for all types of arthritis and how to manage the pain and fatigue. Presentation includes "What is Arthritis", "Taking Control", nutrition, exercise and education for those around you.

### Oct 16th - World Spine Day

With the world in lockdown because of COVID, physical activities were limited therefore making people more susceptible to spine pain and disability. World Spine Day is focused on getting people back on track to restore spinal health and wellbeing @ [www.WorldSpineDay.org](http://www.WorldSpineDay.org)

This year's theme is "Back2Back" and is focused on helping people realize that they need to stay mobile, avoid physical inactivity and not overload their spine by developing poor habits (weight gain, lifting incorrectly).

### Oct 19th - World Pediatric Bone and Joint (PB&J) Day

Injuries to children and teenagers are a leading cause of death around the world. Many are unintentional and include those from falls, motor vehicles, bicycles (wear helmets!), and pedestrian-related crashes. Fortunately, most injuries are preventable simply by making a few changes in the house, yard, and/or environment.

### Oct 20th - World Osteoporosis Day

Osteoporosis day is an awareness campaign to improve the understanding of osteoporosis and the link to broken bones. It also encourages you to check

your risk factors at [www.riskcheck.osteoporosis.coundation](http://www.riskcheck.osteoporosis.coundation).

In the US, the United States Bone and Joint Initiative (USBJI) is offering a public education program designed to help Americans learn more about bone health and prevention. "Fit to a T" is a short presentation about the education and prevention of osteoporosis.

### Tips for Bone-healthy lifestyle

- 1) Increase physical activity, 30-40 min, 3-4 times per week with weights and resistance exercises
- 2) Eat a balanced diet with dietary calcium (females 50 and over 1200-1500mg/males 1000mg.
- 3) Spend time outdoors for Vitamin D (20 min daily with sunscreen); check levels yearly
- 4) Avoid smoking and drink alcohol in moderation
- 5) Re-check risk factors for Osteoporosis regularly (get Dexa scan ordered by your GYN)

Some examples of foods rich in calcium:

- Milk & Dairy (yogurt & cheese)
- Vegetables: broccoli, curly kale, green leafy, collard greens, rhubarb, bok choy
- Fruits: oranges, apricots, and dried figs
- Nuts: all good, but especially almonds
- Canned Fish: sardines and salmon

Calcium is needed in our diet because it is a major building block for our bones. It is not only critical for healthy bones but also needed for our nerves and muscles to function well. The amount of calcium needed increases throughout our lives. As teenagers we have growing bones; however, as seniors our body has difficulty with absorption. Also daily calcium requirement varies from country to country and many times we are not getting enough.



**Dream Center  
Volunteers  
Cynthia &  
Carol D.**

## ARTS & CULTURE

Linda Jones & Peggy Grady

### Thanksgiving Centerpiece

Peggy will instruct our group of ladies on how to assemble and care for a fresh flower Thanksgiving centerpiece. The workshop will be held on Tuesday, November 23rd, beginning at 7:00 pm at St. Paul's Church.

Participants should bring their own container and floral foam. The foam should be for fresh flowers, not silk. The foam should be soaked in water prior to the beginning of class. Peggy will guide us on how to shape it into our containers. If you do this step at home, please place the foam about 1/2 inch higher than the top of your container.

The flower supply at the grocery stores has been very limited. If our members would like to pay Peggy \$20.00 each; due one week prior to the workshop, she will pick up a mixture of fall colored flowers and greens. You can opt to bring your own flowers or even bring a few special



flowers or accessories to supplement your centerpiece. Peggy will bring a sample arrangement to the November club meeting. Also, a sign up sheet will be provided that evening. We will enjoy decorating for Thanksgiving and enjoy the expert instruction that Peggy provides at her workshops. We hope that you can join us! (This picture shows how you can embellish your centerpiece.)

## ADVOCATES FOR CHILDREN

Robin Evans, Lisa Hunter

### Children's Specialized Services

NJSFWC is working with Children's Specialized Services to collect art supplies for State Fall Conference this month. Some items requested are acrylic paint, colored pencils, markers, pony beads, ink pads. We will collect these items at our October meeting!! 😊

### Day of Service

Day of Service is November 13th. They are supporting The Covenant House of NJ, which helps abandoned and abused children. We are collecting \$10 dollar gift card amounts from places like Walmart, Target, Visa, and AMEX. They are also asking for homemade greeting cards. We will collect at our October and November meetings.

### Embrella

We are partnering once again with the WDJWC on a project through Embrella,

which supports programs for foster children and affords them the chance to learn a new skill, ability, or pursue an interest. There is a young man who would like to fulfill his dream of recording his own original music in a recording studio. I will have more info at our meeting; however, we will be accepting any amount monetary donations from our members, if you would like!

### Ronald McDonald House

We are asking for our regular donations for the Ronald McDonald House: laundry pods, small bags of chips, pretzels, etc. Also, we are in need of paper products, plates, forks, knives and cups Thank you to Chris Taylor for her donations! We will talk about donations for the holidays coming up.

Thank you for all your support of our projects; it is truly appreciated. ❤️

## BASKET RAFFLE

Nancy Barna, Nancy D'Amico

### Baskets

The baskets are in and wrapped! They are amazing! Thank you all so much for your donations!

Let's put out a last-minute effort to sell, sell, sell those tickets!

### Tickets

Some of you may have tickets that you will need to return or payments you will need to make. I am fine with waiting until the meeting on Oct 12, but will need to know the day before so we can get an accurate count for Adelpia's.

If you have tickets that you will be returning on Oct 12, please send me an email letting me now what numbers you are returning.

If you have ticket payments to make on Oct 12 please let me know which tickets you will be paying for.

If you will need tickets on Oct 12, please let me know. I have already heard from Karen, Robin and Agnes concerning the tickets they will need Oct 12.

Thank you for your help with this. Getting the information in advance will allow me to notify Nancy D. so she can in turn give an accurate count to Adelpia's (which she must do a week before our event).

—Sue N.





## FEDERATION NEWS

Isabella Cooper

**NJSFWC** was recently honored as a nominee for NJ Governor's Jefferson Award for our work as a Volunteer Group.

### NJSFWC ESO Book Discussion November 10, 2021

On November 10, NJSFWC ESO Chairman Pat Trainor will host an online book discussion via Zoom. The book selection is *The Madame Curie Complex: The Hidden History of Women in Science* by Julie Des Jardins. If you wish to participate in the discussion, contact ESO Chairman Pat Trainor by email at [pattee217@aol.com](mailto:pattee217@aol.com).

### NJSFWC Bus Trip to GFWC Open House

On December 8, 2021, NJSFWC is sponsoring a bus trip to GFWC International Headquarters in Washington, DC. The cost is \$75 per person (if 50 people attend) including refreshments on the bus. Payment is due by November 10. Checks should be payable to NJSFWC and mailed to Annette Bortone, 226 Kingsland Avenue, Lyndhurst, NJ 07071 (201-873-1913). Pick-up for those of us in South Jersey is at 11:00 a.m. at the Pennsville Super 8 Hotel.

### NJSFWC Annual Convention 2022 Update

Since Bally's is unable to host the Convention for April 2022, it will be held at the Tropicana. The Convention will start on

Sunday, April 24, and conclude on Tuesday, April 26.

### Legislation Update

The House of Representatives passed H.R. 485, The Child Abuse Prevention and treatment Act (CAPTA) reauthorization, and the Senate Health, Education, Labor, and Pensions Committee has reported out S. 1927, making the bill ready for Senate floor action. GFWC attended a recent webinar hosted by the White House Gender Policy Council for organizations assisting families to secure the Child Tax Credit. There is major effort to make the Child Tax Credit permanent since it expires in December 2021. Other legislative initiatives to support families include national comprehensive paid family leave and medical leave program, increasing the Child and Dependent Care Tax Credit to offset child care costs, expanding access to free school meals nationwide, and lowering premiums for health insurance.

### Dates to Remember

10/1-31/21: National Bullying Month  
10/1-31/21: National Domestic Violence Month  
10/11/21: United Nations has declared 10/11 the International; Day of the Girl Child to amplify voices of girls throughout the world  
10/24-30/21: Advocates for Children Week  
3/25/22: Garden District Performing Arts Day  
4/24-26/22: NJSFWC Convention

## DEAR SECRET PAL

Dear Secret Pal,  
First, let me start by thanking you for the gift you delivered to me in August. I totally forgot to put it in last month's edition of Tidbit. The "Bee" items were perfect for the summer! The flag was displayed on the holder in the garden, the spatulas with Bees on them were in my utensil holder in the kitchen, and the Bee Nice plaque was in my den on the mantle. I'd also like to thank you for the "Fall Treats" I received at the September meeting. I love the Grasso Girls products, so you can't go wrong with anything purchased from them. Their pumpkin bread is wonderful and I can't wait to bite into that. You know I love popcorn and it's a low-cal treat, so that won't last long, and the pumpkin statue will be displayed in the house as soon as the calendar hits October. I hope you had a wonderful summer!! Thank you so much for thinking of me. —Jody

Dear Secret Pal,  
I want to thank you for the two beautiful mums. what a great idea! And I even got to pick the colors! Thanks! —Carla

Dear Secret Pal,  
Thank you so much for the Burts Bee hand care set! It is exactly what I needed for my dry skin. So nice to get surprises from you! —Cheryl

Dear Secret Pal,  
You are a "gem"💎 Absolutely LOVE the beautiful stone bracelet....it's gorgeous and I am excited to wear it. Thank you so much for that thoughtful gift!! —Love, Lisa

Dear Secret Pal,  
Thank you so much for the towels. They really brighten up the bathroom. Thanks again for being so thoughtful. —Robin

### OTHER THANK YOU NOTES

Dear Club Sisters,  
Thank you for the beautiful holiday card I received in time for Rosh Hashannah and Yom Kippur. It was very thoughtful. Wishing you all a beautiful fall. Looking forward to another great year of working and growing together to support our community and each other. —Jody

Dear Club Members,  
I can't tell you how much I appreciated all the prayers, good thoughts, emails and text messages while we were dealing with our Covid scare. Everyone is healthy again. Vaccinate, wear masks and stay safe! —In Federation Friendship, Cheryl



# PHOTOS

Denise Hosier



## Woman's Club of West Deptford Club Shirt Order Form

NAME \_\_\_\_\_ Phone \_\_\_\_\_

**Short Sleeve Tees—\$20.00**                      **Quantity** \_\_\_\_\_                      **Size** \_\_\_\_\_

**Long Sleeve Tees—\$24.00**                      **Quantity** \_\_\_\_\_                      **Size** \_\_\_\_\_

**Short Sleeve Golf Shirt—\$25.00**                      **Quantity** \_\_\_\_\_                      **Size** \_\_\_\_\_

**Long Sleeve Golf Shirt—\$30.00**                      **Quantity** \_\_\_\_\_                      **Size** \_\_\_\_\_

**Full Zip Hoodie—\$35.00**                      **Quantity** \_\_\_\_\_                      **Size** \_\_\_\_\_

**Crewneck Sweatshirt—\$28.00**                      **Quantity** \_\_\_\_\_                      **Size** \_\_\_\_\_

*The pricing is for sizes S-XL. For XXL and above, please add \$4.00 to prices above.*

*This will include the club logo embroidered on the left chest.*