

# Tidbits

April 2022 — Vol. 27 Issue 8



Monthly Newsletter of the GFWC Woman's Club of West Deptford • PO Box 381 • Thorofare, New Jersey 08086 • <https://wdwomen.com>

## NEXT MEETING

**Tuesday, April 12, 2022**

**6:30 p.m. St. Paul's, 74 Church St.**

Please enter by the back ramp door!

## Refreshments

Snacks/Desserts (pre-packaged or wrapped individually): Cynthia HB., Nancy D., Lisa H.

Beverage (small bottles of water): Agnes, Karen H.

## April Birthdays

10—April	21—Peg S.
14—Ann Cas.	24—Dorothy
20—Linda J.	27—Linda M.

## COLLECTIONS

- ♥ Robin/Lisa H.: Soda/Soup Aluminum tabs for Ronald McDonald House.
- ♥ Cynthia/Peg S.: Household items & food for South Jersey Dream Center.
- ♥ Chris T.: Clothing and household items for Angels Community Outreach.
- ♥ Jeannette: 17" duffel bags for Family Promise.
- ♥ Linda M. & Janice: Money for gift cards for SERV victims of domestic violence.
- ♥ Nancy B.: unexpired canned goods for Colonial Manor Food Pantry; dry cat food for the local feral cat program.
- ♥ Joan: Feminine Hygiene products and coupons for feminine hygiene products for Greater Woodbury Cooperative Ministries.

### Woman's Club of West Deptford

Member of General Federation of Woman's Clubs (GFWC), New Jersey State Federation of Woman's Clubs (NJSFWC), Garden District of NJSFWC.

President: April Maska

Membership: Cynthia Holmes-Butler

Info: 856-217-2962 or

[membership@wdwomen.org](mailto:membership@wdwomen.org)



## PRESIDENT'S MESSAGE

April Maska



April is here, the flowers are blooming, the air is getting warmer and we are all ready to work in our gardens, get out the lawn furniture or just shed the heavy coats. March did not leave us quietly

but we are now getting into the renewal season and it is time to enjoy the warmer weather.

*"Today whenever women gather together it is not necessarily nurturing. It is coalition building. And if you feel the strain, you may be doing some good work."*

—Bernice Johnson Reagon

As we work toward the end of the club year, our committees are wrapping up a very successful term. Each and every committee has made a difference within our club and in the community. Thank you to everyone who helped or supported each committee one way or another. I recognize that it can be time-consuming and even stressful at times but when you reflect and look back on all you have done, you know you did great work. Thank you!

Also, this is the time for me to send around the committees list to allow each of you to see which committee you are suited for. I have not put the names of the current committee members on this list unless you have contacted me within the last month. I will send around the committee list for everyone to see and sign up on. Any of the current committee members that do not add their names to the

list at our meeting, I will contact directly to confirm whether you wish to continue in your present position. Again, it takes all of us to be successful. All of you have skills that are so valuable to each committee and to all of us.

This is also the end of the two-year term of the present Executive Board. I want to personally thank Denise H., Cheryl F. and Denise P. for working on the Nominating Committee. They are ready to present the 2022/2024 Executive Board to be voted on at our April meeting. We will be voting at the beginning of our meeting so that we can move on to the rest of the news that needs to be shared with all of you.

April 24th to 26th is the NJSFWC State Convention in Atlantic City. Denise H. and Debbie H. will represent the club all three days, and we have a very large contingent attending the Tuesday, April 26th presentations. I wish to congratulate all of our Honor Roll Nominees and our Order of the Lily recipient. I am very excited to share this day with all our award winners.

The Garden District Spring Conference is April 14th. Linda J. has done an outstanding job getting all of our reservations in and submitting the art entries. This is a big job and Linda does it with such ease. I expect to hear of many award winners from our club. I will be writing a President's Report on our activities for the past two months which will be presented at this meeting. The Woman's Club of West Deptford will be hosting the June Garden District Meeting at St. Paul's Church on Thursday the 9th. This is an evening meeting. More information will be forthcoming as the dates get closer.

Continued on next page —>

## President's Message, continued

The organizations on our Donations List that have been approved at our March meeting will be receiving their checks this month. Peg S. and Jody H. have been working together to get the checks out in a timely fashion. Thank you to all our club sisters for supporting these worthwhile organizations that make a difference to so many. We are so fortunate that all the hard work and support that you all gave to our Internal Fundraisers and to our Basket Raffle have allowed us to be able to help families and service organizations in our Township.

The GFWC has shared a very heartfelt article on the Women's Club in the Ukraine and how these strong, brave women are helping and supporting families at this turbulent time. They have suggested that clubs that want to may help by donating

to UNICEF, who will get the monies to those who need help. Look for more information in this newsletter on how the WCWD can help.

I have also received a phone call from Kim M. from the Gloucester County Parks and Rec Department. We have been asked to put up a booth for their June 11th Summer Kick-Off at the James G. Atkinson Park. This will run from 11 a.m. to 5 p.m. Your Executive Board came up with some great ideas and are thrilled to be able to showcase our commitment to the community. We will have a signup sheet for 2 people to sign up for 2-hour periods to man the booth. More information will be coming as it gets closer.

Thank you to our Social Committee for working on our June Installation and

Dinner Meeting. By majority vote, we will be having our dinner at Hollywood on June 14th. The ladies were able to keep the cost down and I look forward to having our end-of-the-year dinner with all of you. Look for more information on this at our meeting and in this newsletter.

Yes, we are wrapping up our club year, but we are not slowing down yet. Enjoy each day as it is a gift; bask in the little things as our days go by quickly. I look forward to seeing all of you at our April meeting.

Happy Easter!  
*April*

**Happy April!**

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## FIRST VICE PRESIDENT

Linda Jones

### Birthday Cake Boxes

Here is a fun idea and project that our club members can participate in individually or with a partner. Each month our members generously donate household items of food and toiletries to local nonprofits such as the South Jersey Dream Center and the Colonial Manor Food Pantry. In order to scatter more kindness within the community, we are taking the months of April and May to donate and collect **Birthday Cake Boxes** from members who are interested in participating in this fun project.

Here's what to put inside your donated **Birthday Cake Box**: (This makes a cake out of nothing but a box of cake mix and a can of lemon lime soda.)

- \* **9 x 13 disposable aluminum foil pan** - (One with a clear plastic lid to package up all the items included in the box.)
- \* **a box of cake mix, any flavor you like**
- \* **1 can of sprite or other lemon lime soda** (A store brand will work.) This is in case the recipient doesn't have eggs or oil to use as indicated on the cake mix box directions.)

- \* **1 container frosting**
- \* **Birthday candles**

Not everyone has eggs and/or oil on hand. Imagine how disappointed you'd be if you got a birthday cake box, but you didn't have the other ingredients to make it? So the can of sprite and a little note giving simple instructions on how to make a cake with just a can of lemon lime soda solves this problem.

**NOTE:** To make cake without eggs, oil, and water; just mix 1 can of sprite with the cake mix. That's it! Bake according to the back of the box. And voila, **Happy Birthday!!**

Here are pictures of the birthday boxes. Please use the signup sheet at our club meeting to let us know how many birthday boxes you are donating so that the art depart-

ment can create generic birthday cards and add curling ribbon tied around each of the boxes.

Thank you for joining in on the fun and for your in-kind donations for people in need around our community. We will collect the birthday boxes at our April/May club meetings or you can drop them off to Linda Jones during the months of April and May. Let us know if you enjoy paper art and can create a few birthday cards for this project! Thanks again to all!!



## INSTALLATION DINNER

Jody, Cynthia, Dorothy, Agnes, Holly R.

We would like to thank everyone who gave suggestions and feedback on where to hold the Installation Dinner. We investigated a number of venues and then selected the ones we felt were best suited to our needs and presented them to you. By an overwhelming majority, the group at large chose: **Hollywood Café**.

If that was not your personal first choice, we hope that you would consider attending the dinner that will install those people that you vote in as your Board Members for the upcoming two years, and wish them well. We as a committee worked very hard to provide a nice venue with a moderate priced meal (selection of three choices) for all to enjoy.

The Installation Dinner will be held:  
**Tuesday, June 14, 2022 @ 5:45 p.m.**  
**Hollywood Cafe & Sports Bar**  
940 Mantua Pike (Rt. 45)  
Woodbury Heights, NJ 08097  
1-856-251-0011

### Your dinner selections will include:

- Soup OR Salad
- Rolls/Butter
- Two Vegetables or Pasta - depending on your dinner entree
- House Dessert: Rice pudding, Ice Cream or Jello
- Beverages: Coffee, tea, soft drinks
- Alcoholic Beverages may be purchased individually

### Choice of Entrees

- London Broil
- Grilled Salmon
- Chicken Parmigiana (complete) served with linguini

The evening's dinner is \$30.00 per person. Please give your check made out to WCWD to Peg Shirey NO LATER THAN THE MAY MEETING.

If you could please RSVP to Jody with your dinner choice no later than the May meeting, that would be greatly appreciated.



- ◆ Carla and Norman B. celebrated their 55th anniversary with a trip to Lancaster and Lititz, followed by a visit to their grandson in Glen Rock. They also made a quick trip to Bennington VT where they saw their daughter and other grandson for the first time in a year.
- ◆ Linda M.'s son, Dr. Andrew Marple and his fiancée, Dr. Danielle Pittala (Nurse Practitioner) were married Sunday, April 3rd in Sarasota, FL. It was a beautiful time!
- ◆ Jake Cobb, senior high school grandson of Linda & Bill J. has made the ALL-AREA TEAM in winter Boys Indoor Track. He is an ALL-CONFERENCE GOLFER and now running spring track for WD High School. He will run track and cross country for MIT in the fall. He has set many WDHS records.
- ◆ Chris and Charlie T.'s two sons, Matt and Dan, are both moving to Florida. Dan moved his family in Nov to Jupiter after getting a golf pro job at Loblolly. Matt moves in July with his family to Palm Beach Gardens where he and Teresa will work remotely.
- ◆ Denise H. is so proud of her grandson Kieran, age 9. He and his family were VIPs at the Philadelphia Eagles' Autism Event and the kids had a great time! Kieran and family raised over \$1,400 for Autism research.



CONGRATULATIONS to our club's honorees for this past club year! Placed on the NJSFWC Honor Roll were Dorothy A., April M., Sandy M., and Isabella C. (not shown). Named to the Order of the Lily, the highest honor a club can award, was Debbie H. Thanks to Honors Chair Carol F., Membership Chair Cynthia, and Historian Linda J. for their efforts.

## 2ND VP/MEMBERSHIP

Cynthia Holmes-Butler

We had five (!!) prospective members at our March meeting.

And again this month we are growing!! Linda C. and Kathy N. will be installed at our April meeting.

We are excited to have them join us. Please welcome them to our club!

## SPECIAL STATE PROJECT

Jeannette Wood & Cheryl Fairchild

### Operation Chillout: Homeless Veterans Outreach

Our Special State Project has ended. It has been 2 years working to help the homeless veterans.

The final project we did was collect money for how many coats you owned and we collected a total of \$548.00.

**We had a grand total of \$2,145.00 which was sent to the NJSFWC Headquarters.**



Thank you for your support of our Special State Project 2020-2022.

A new Special State Project will be announced at the NJSFWC annual convention at the end of April.

## SPECIAL CLUB PROJECT: FAMILY PROMISE

Jeannette Wood

**We collected \$47.00 last month at our club meeting plus one club member donated a duffle bag. Thank you! Thank you!**

I purchased 4 duffle bags with the money collected and delivered the 5 bags to the Day Center in Glassboro. If you want to help with this project, you can purchase a duffle bag online and have it sent to my house. If you would rather give a donation toward the duffle bags, I will collect it at our meeting.

**Thank you so much for your continued support to help the homeless in our community!**

## CIVIC ENGAGEMENT & OUTREACH

Carol M.

### What is Civic Engagement & Outreach?

This Community Service Program addresses social, political and environmental issues in the community, through actions that can make a difference on those issues, including service, advocacy, awareness, patriotism, and communication.

**How can we promote civic engagement with our youth? Here are some ideas:**

**Service/Learning Projects.** Many researchers have found that participation in service learning is a strong predictor of civic engagement in later years, class discussions and debates, role playing, and simulations. Here are some examples that our youth have done:

In Brighton, Iowa, three nights a week every month children and teenagers come together to make healthy meals for children in Guatemala and Romania. They raise money to send the food overseas. In the wake of Hurricane Katrina, Tennessee students were able to donate 95 school desks, a commercial freezer, filing cabinets, household items, and school supplies. Afterwards they raised \$20,000 dollars' worth of free labor to help rebuild a teacher's home. They used the money they made from their jobs.



Recently when the tornado hit South Jersey, area high school students banded together to supply needed supplies to help the families that lost all their homes. Students also collected food, water and clothing for the families. This has become known as Make a Difference Day.

**How can we connect information to the schools?**

Let us encourage parents and family members to discuss politics and current events with their children as well as inspire children to discuss what they have learned in the classroom. Nelson Mandela stated, "Sometimes it falls upon a generation to be great." Let our youth be that generation and be respectful to all.



HONOR ROLL CHARM.

### About Family Promise

Family Promise of Southwest New Jersey is a project our club has been supporting for about ten years now. Their mission is to help homeless families by providing temporary housing and social services that will help clients achieve housing independence. They also have programs to help prevent homelessness.

St. Paul's, where our club meets, is one of 13 host churches that provide meals for the families in the program. This is done four times a year, and the next host week is May 15-21. If you are interested in donating a meal to the residents of the program (about 10 people), see Denise H. She will connect you to our coordinator.

### A testimonial

"My gratitude towards Family Promise is something I will never be able to fully express... I came in with my 6-month-old son and they were able to get me into my very own place within the first month. The hospitality was amazing, the volunteers were so happy to help, and I could ask [Director] Vicki for anything! Going into the program I was in a very dark place in my life, ... Graduating the program I felt empowered, and confident to take on the world again with my baby boy. I don't know where me and my son would be without this amazing program. Thank you Family Promise!"

—Keila

## SOCIALLY SPEAKING

Jody Harris, Holly Revelas, Margie Maines

RSVPs are soon coming up for several of our activities. Please check the dates and let me know if you are interested in attending any/all of our social events listed below:

### **WEDNESDAY, APRIL 6 @ 7:00 is our ZOOM Book Club Mtg.**

We will be discussing, The Last Thing He Told Me by Laura Dave

Hannah Michaels finds out that her husband Owen is being investigated for a crime and has now gone missing. She's left alone with her 16-year-old step-daughter, Bailey, who dislikes her. Together the two must work to figure out the truth behind Owen's disappearance, leading down a path that reveals old family secrets and tests Hannah and Bailey's relationship.

### **THURSDAY, APRIL 7 & APRIL 21 @ 7:00 Crochet Night led by Joann Keefe**

St. Paul's Church – Basement

We will continue making blankets under the direction of Joann and her assistants; Debbie H., and Margie M. If you are interested in learning to crochet, you are welcome to join us. Please let Joann or I know if you are coming so we can add you to the list. You need not have attended our first session to join in. Several of us are new and it is taking some time to get comfortable with this process. You are welcome to bring a snack and a beverage to enjoy while working. (Several additional sessions have been scheduled as well.)

### **SATURDAY, APRIL 30 @ 11:30 AM Jane's Tea House**

602 Station Ave, Haddon Heights  
(RSVP by 4/8)

We are doing this as a Mother's Day "Afternoon Tea"

Upon arrival you will be asked to select a scone of your choice. They have both sweet and savory for you to choose from. You will also be asked to select a tea of your choice. Then you will be given four "Tea Sandwiches" to sample, as well as five bite size desserts. Please feel free to check them out online. You will be able to

see the menu as well as both the tea and scone selections. I went with my husband and it was a lot of fun. This is one of our more expensive events as the cost is \$32.95 (age 60+) or \$34.95 (55-60). This is before tax/gratuity. This event is 90 minutes, and you eat the entire time. As of now, I have 10 people signed up for this event. If anyone else is interested in attending, please let me know. I have to give them a final count no later than April 8th. As it gets closer, I will let those who are going know so that carpooling arrangements can be made if desired.

### **THURSDAY, MAY 5 (Cinco de Mayo) @ 12:00- Noon COCO'S COCINA TEX-MEX**

32 S. Broadway – Pitman

(RSVP by 4/15)

Each attendee is responsible for purchasing their own lunch. We will choose our selection from the menu. I need to let them know by April 15 our exact count. As it gets closer and I have a finalized list, I will let everyone who is going know who all is going so that carpooling can be arranged if so desired. Parking is limited.

### **THURSDAY, MAY 12 & MAY 26 @ 7:00 Crochet Night led by Joann Keefe**

St. Paul's Church – Basement

We will continue making granny square blankets under the direction of Joann and her assistants, Debbie H., and Margie M. If you are interested in learning to crochet, you are welcome to join us. Please let Joann or I know you are coming so we can add you to the list. You need not have attended any prior session to join in. Several of us are new and it is taking some time to get comfortable with this process. You are welcome to bring a snack and a beverage to enjoy while working. (Following this last scheduled meeting, we will discuss where we go from here, if we'd like to continue with, stop for the summer, etc...)

### **WEDNESDAY, JUNE 1 @ 7:00 is our ZOOM Book Club Mtg.**

We will be discussing, The Guest List by Lucy Foley

The bride · The plus one · The best man · The wedding planner · The bridesmaid ·

The body · On an island off the coast of Ireland, guests gather to celebrate two people joining their lives together as one. The groom: handsome and charming, a rising television star. The bride: smart and ambitious, a magazine publisher. It's a wedding for a magazine, or for a celebrity: the designer dress, the remote location, the luxe party favors, the boutique whiskey. The cell phone service may be spotty and the waves may be rough, but it's been expertly planned in every detail.

But perfection is for plans, and people are all too human. As the champagne is popped and the festivities begin, resentments and petty jealousies begin to mingle with the reminiscences and well wishes. The groomsmen begin the drinking game from their school days. The bridesmaid not-so-accidentally ruins her dress. The bride's oldest (male) friend gives an uncomfortably caring toast. And then someone turns up dead. Who didn't wish the happy couple well? And perhaps more important, why?

## Share Your Talent!

As always, if you have a talent/hobby that you would like to share with the group, please let Holly, Margie, or Jody know. We would love to incorporate the talents from our club sisters into a social event that we can all learn and enjoy.



CERAMIC PLATE painted by April at the Fahreheit Studios Ceramic Workshop in March. See page 10 for a group photo.

# ARTS & CULTURE

Linda Jones & Peggy Grady

## Here We Come!

The **Garden District Spring Conference and Achievement Day** is a wonderful time to view the personal artistic handiwork and the plants/horticulture entries that will be on display by our club members as well as our sister clubs in this district. We have twelve ladies attending the conference/luncheon and award ceremonies as our West Deptford tables will be well represented. The Pennsauken Country Club will provide the elegant setting for coffee, snacks, lunch, and awards to the artistic winners that day.

Thank you, ladies for entering a whopping twenty-six items under various categories including horticulture. The breakdown is as follows:

- Door decorations = 1
- Holiday decorations = 3
- Paper art = 5
- Crocheting = 4
- Knitting = 2
- Painting = 1
- Baking = 2
- Photography = 7
- Conservation = 1

This is a nice variety of entries showing the abilities of our members to advance and enhance their hobbies to this degree of achievement. Our compliments to Cynthia, Joann Kf., Cheryl, Margie, Denise P., Chris, Linda M., Peg, Peggy G., Debbie, Kim, along with Linda J. for participating in this event. WOW! We are certainly going to have lots of fun and excitement as we cheer on our hopeful winners.

If you are attending the conference, please bring your entry on the morning of April 14th. If you are not attending this day, Linda J. will enter your items for you. Please bring them to Linda before or at our club's April meeting night. Contest entry deliveries on Achieve-

ment Day begin at 8:30 a.m. Member registration begins at 9:15 a.m. The in-person conference begins at 10:00 a.m. Coffee, tea, and breakfast treats are available beginning at 8:30 a.m. as well. **Good Luck** to everyone with an entry!

We can meet at my house and carpool together. Let's meet at 8:00 a.m. so that we only need a few ladies to drive. Traffic is busy at that time of the morning. Please let me know if you can be a driver and contact me with any questions or concerns.

**REMINDER: If your entry is Photography** - All photos must be mounted on a rigid 8 x 10 inch board with thickness not to exceed 3/8th of an inch. (Photos **cannot** be matted, framed, or have hangers on the back.) **Important:** Each photograph must have a label affixed to the back which is called the **Photography Form**. Again, please contact me with any questions or if you need the form.

Below is a sneak peek at two entry items. Lots of pictures will be taken at the conference to share in our May Edition of Tidbits.



**CARDS FOR MANORCARE:** Nine ladies got together at Denise H.'s home on April 4 and put together 100 Spring-themed cards for the residents of ManorCare in West Deptford.

The Activities Department will distribute the cards to all the residents. They were very happy to receive them!

## ENVIRONMENT

Patty Wyzykowski

### Let Pollinators Use Your Garden

I came across an interesting Letter to Editor of the Oregon Observer dated 3/9/21. Although the letter is from a gardener in Oregon, the information presented pertains just as well to gardening for the benefit of pollinators and wildlife in our state of New Jersey.

For several years I have overwintered Black Swallowtail butterfly chrysalides in mesh cages in my garage. Normally the black swallowtail caterpillars attach themselves to plant stems, branches etc. outside in our landscapes & form a chrysalis during September or October. Some of the chrysalides survive our harsh winters and predators such as birds and other insects, to emerge as the beautiful Black Swallowtail butterflies in spring.

This is just one example of one of the pollinators that may have taken up residence in our yards during the winter into mid to late spring. There are many other insects that overwinter in our area until the weather warms. As the letter to editor mentions, by postponing our spring yard cleanup, we give those insects a chance to survive."

### Letter: Wait a bit before spring garden cleanup

Published on Mar 29, 2021

If you are a gardener who didn't clean up your flower beds last fall, congratulations. Preparing your garden for winter once meant cutting most plants down to the ground and raking every dried fallen leaf from the yard until there was no shred of nature left.

Those were popular methods before we knew better. Before we knew all the reasons NOT to clean up the garden in fall.

We now understand how our yards can be havens for creatures, large and small. Thanks to books like Doug Tallamy's "Bringing Nature Home" we know how important native plants are for insects,

birds, amphibians, and even people. Our gardens play an important role in supporting wildlife.

Many species of native bees need a place to spend the winter in hollow stems or burrowed in the ground. Native bees are valuable pollinators. Although monarchs fly south for the winter, many species of butterflies overwinter as adults under bark or in leaf litter.

Some butterfly species overwinter in a chrysalis hanging from a dead plant stem or in the soil or leaf litter. Some species spend the winter as a caterpillar rolled into a fallen leaf or inside a seed pod.

Native ladybugs, unlike the Asian ladybugs who sneak into our homes for the winter, hibernate under leaves or rocks or nestled at the base of a plant. Ladybugs are excellent pest eaters which we can welcome into our gardens by skipping a fall cleanup.

And there are other beneficial predatory insects who spend the winter sleeping in the untrimmed garden as adults, pupae, or eggs. When spring arrives, these insects keep emerging pests in check.

Insect-eating birds benefit from insects hibernating on dead plant stems or in leaf litter. Other birds eat seeds and berries.

Delaying garden cleanup until spring, waiting until temperatures are in the 50s for at least seven consecutive days, will protect all the creatures living there.

A final reason to delay garden cleanup is the beauty found in the winter garden: snow covering dried seed heads, frost on autumn leaves, icicles hanging from twigs and branches.

You can do Mother Nature a favor by saving your garden cleanup until beneficial insects have had time to hibernate and emerge in warm spring.

Susan Shedivy Fitchburg



**FULL HOUSE IN MARCH!** We had a big crowd to see our speaker and to distribute our charitable donations for the 2021 year. Be sure to join us in April for elections!

# HEALTH AND WELLNESS

Chris Taylor, Linda Marple, Kim VanZoeren-Czoch, Carol Dechen

**South Jersey Dream Center**—371 lbs of food

**Angels Community Outreach** —148 lbs of clothing

**West Deptford Fire District**—\$480, \$985 in kind, club \$150

**Seeds of Hope Easter Candy**—73 bags filled, in kind \$75

**Gloucester County EMS stuffed animals**—140 animals (4 per ambulance!), in kind \$360

## Women’s History Month

Throughout Women's History Month, we celebrate the contributions of women. While it's important to celebrate women's history during the other 11 months, too, during March we can remember the sacrifices made by women for women to help make the world, and our country, a more inclusive place. And even though it was last month, why not understand who and why we celebrate these women. It is still important as well as good education for our young girls and women of our future.

The month of March has been dedicated to women in history since 1987; however it originated in 1978 when The Education Task Force of Sonoma County, California initiated the first “Women’s History Week” celebration. The recognition was made in response to the lack of educational curriculum in K-12 schools about women’s history.

As I (Carol) write this I had to smile when I read the next part:

“Women were beginning to chafe against the “Cult of True Womanhood” which was the idea that the only “true” woman was a pious and submissive woman.” That all changed in 1848. The setting is Seneca Falls, New York, where a group of women and some men gathered to discuss Women’s rights. The theme was autonomy for women when it came to voting their own political desires.

At the Seneca Falls convention a proclamation made through the “Declaration of Sentiments” stated, ‘We hold the truths to be self-evident that all men and women are created equal, that they are endowed by their creator with certain inalienable rights, that among these are life, liberty and the pursuit of happiness.’”

Over the next several decades, although women were still fighting for equal rights, it has been a struggle for the rights of blacks and the rights of women. In 1980, then-President Jimmy Carter declared March 8th National Women’s History Week; Six years later, another movement successfully petitioned Congress to celebrate the entire month of March as “Women’s History Month.”

Women’s rights began before the civil war where women started in small groups standing up for the rights in temperance leagues, religious movements, and anti-slavery organizations, to name just a few. However things really ramped up during the woman’s suffrage movement. It was a long fight to allow women the right to vote. Finally on August 18, 1920, the 19th Amendment to the Constitution was ratified, allowing all American women equal right of citizenship. This Amendment was ratified giving more than 8 million women the right to vote for the first time. It all started because of a true belief that woman are equal and can do anything once they put their minds to it.

### Thanks So Much!!

Thank you to all who donated stuffed animals to be delivered to the Gloucester County EMS. The 140 animals will be enough for 4 animals/ambulance!

**Please bring a food donation for South Jersey Dream Center to the meeting if you can. No amount is too small!**



CANDY BAGS for Seeds of Hope in Camden to distribute to the children in their program.

SCENES from the March meeting.



# FEDERATION NEWS

Isabella Cooper

## Club Donations for Humanitarian Response to Ukraine

GFWC continues to hold the Women's Club of Ukraine in its thoughts.



GFWC's Affiliate Organization UNICEF USA remains at the forefront of the humanitarian response for Ukraine and is providing essential services to vulnerable children and families affected by the conflict. To learn specifically how UNICEF is working to help Ukraine, view a very informative briefing on YouTube, "UNICEF Emergency Briefing: Ukraine Crisis."

**To support this cause to help the families and children of Ukraine,** we would like to donate in the name of GFWC Woman's Club of West Deptford to UNICEF USA in honor of the Women's Club of Ukraine. If you wish to participate, please bring a minimum of \$1.00 or whatever you wish to donate to our April 12th meeting. A box will be there in which you can place your cash donation. Money donated at this meeting will then be forwarded to UNICEF USA for Ukraine.

For continuous coverage on the war crisis in Ukraine, visit [apnews.com](http://apnews.com). If you would also like to make an additional personal donation to Ukraine through UNICEF, the site is <https://www.unicefusa.org/>.

## Congratulations to Jill McDonald Our DVP

Jill McDonald, our District Vice President, has been named the Jennie Award winner for our Middle Atlantic Region. She will represent our region at the GFWC Convention in New Orleans.

## Girls' Career Institute Presenters Wanted

GCI is returning this year on June 6-9 and offering the teenage delegates a rich opportunity to explore careers they may wish to pursue. Professional women are needed who would be willing to give two 45-50-minute workshops, at 10:00 a.m. and 11:00 a.m. on either Tuesday, June 7 or Wednesday, June 8. Each workshop would have approximately 20-30 delegates. If the presenter's schedule allows, they are invited to join delegates and staff at lunch in the cafeteria. Information delegates usually want to know is what education or background is needed for career or other things that can be done with a degree; obstacles, pitfalls, and outside influences on a career path.

If you are interested in being a presenter, contact GCI Director MaryKay Tokar at [tokar@njsfwc.org](mailto:tokar@njsfwc.org) or 201-320-8403.

## Hope for Justice: New GFWC Affiliate

GFWC has announced a new Affiliate Organization, Hope for Justice, a global anti-trafficking charity. Founded in 2008 in

the United Kingdom and now headquartered in Nashville, Tennessee, Hope for Justice works in more than 30 locations across five continents to bring an end to modern day slavery and human trafficking by preventing exploitation, rescuing victims, restoring lives, and reforming society. World-class specialists with the skills and experience to help end human trafficking and provide trauma-informed care to survivors comprise Hope for Justice's staff.

## Dates to Remember

- 4/1-30 Prevent Child Abuse Month, National Volunteer Month & Keep America Beautiful Month
- 4/1 100th Anniversary of GFWC Residing at current Washington Headquarters
- 4/12 Garden District Spring Conference and Achievement Day at Pennsauken Country Club
- 4/16-24 National Park Week
- 4/24-26 NJSFWC 128th Convention
- 4/24 Federation Day
- 4/29 Arbor Day
- 6/9 Garden District June Council/ We are Hostess!



THE WEARING OF THE GREEN for St. Patrick's Day at our March meeting.

# DOMESTIC VIOLENCE AWARENESS

Linda Marple, Janice Morrison

## How the Police Help in Domestic Violence Cases

### Should Police be called?

Remember you have the right to be protected by law and the police are required to provide that protection.

### Dial 911 in an emergency

You should call the police if you feel in danger. Domestic violence is a serious crime and the police should respond to your calls. Under the Prevention of Domestic Violence Act, it is the primary duty of the police officer who responds to the domestic violence call to enforce the law and protect the victim from abuse.

The police are required by law to help you and to give you information about your rights. They should advise you of your rights to file a criminal complaint and/or to obtain a Restraining Order (RO). Be sure to tell the officer all the details. Write down the officer's name and badge number and keep it for your records. If there is a police report, read the report carefully and ask the police to correct any mistakes. You can request a copy a few days after reporting the incident.

When police respond to a domestic violence incident, they may call the Domestic Violence Response Team (DVRT) to meet you at the police station. The DVRT member will provide you with resources and information to help you begin the process of getting a restraining order, clinical services, or other help you may need.

### Will the abuser be arrested?

New Jersey State Law required the police to arrest the abuser if:

- You exhibit any signs of injury; OR
- The abuser has violated an active Restraining Order; OR
- A weapon was used; OR
- There is a warrant for the abuser's arrest on any other charge.



### What if a weapon was used during an act of domestic violence?

If a police officer at the scene has reason to believe a weapon was used or threatened to be used during the act of domestic violence, the officer should arrest the abuser and seize any weapons on the premises that could expose you to further harm. The officer should also sign a criminal complaint.

### What if the police don't come fast enough or refuse to come?

You should develop a safety plan in case the police do not come quickly enough. For your protection, tell a neighbor or relative about the violence and consider setting up a code word with them to alert them that you need help in case the police do not respond quickly enough.

Call the domestic violence hotline (1-866-295-7378). If all else fails, be resourceful by escaping the danger and attracting attention by screaming for help or setting off an alarm system.

## DUES NOTICE!

**All dues must be paid by the April meeting if you wish to remain a member of the club for the coming year!**

**Please bring your dues to the April meeting or mail them to Peg Shirey, Operating Account Treasurer.**

**Thank you for your prompt payment!**



AT FAHRENHEIT STUDIO making ceramics. This is the second time a group of ladies from the club has attended, and they always have a great time!

## DEAR SECRET PAL

Dear Secret Pal,  
Thank you so much for the beautiful Peter Rabbit canister filled with 240 teabags. I am a tea drinker and drink tea around 3 o'clock every day, so I am truly set!

—Ty, Carol Frisby

Dear Secret Pal,  
Thank you so much for my St. Patrick's Day Gnome. He is one of my favorites so far. I also want to thank you for your generous Disney Gift Card. I used it to buy a long-sleeved yellow t-shirt with Mickey Mouse on it. With it being Disney's 50th Celebration there was no shortage of items to purchase as you can well imagine. Thank you again for your generosity.

—Jody

Dear Secret Pal,  
I assumed the gift I received earlier in the month at the meeting was for my birthday, so I was so surprised to find another gift waiting for me. I immediately added the DD card to my wallet and have the travel mug in an easily accessible spot in the cabinet. It's amazing how when you need one, you can never find it! I know exactly where this mug is. Thank you so much for your generosity.

—Jody



# Thank You

Dear Secret Pal,  
Thank you so much for the book, gift certificate, and book mark! I loved the book! It was a fun read. What a great birthday gift!

—Cheryl

Dear Secret Pal,  
Thank you so much for the surprise I found on my front porch. I love gardening and look forward to putting my planter boxes, gnomes, garden stone and flowers on my deck to enjoy. The gardening gloves will come in handy too as I always need new ones. ☺ The flower roll looks so fun! I can't wait to see the flowers that

will come from this unique seed bed. My gifts are so thoughtful and definitely one of my favorites. ☺ —Warmly, April

Dear Secret Pal,  
I loved my Spring gift bag! Today I planted pansies in the adorable rain boot planter you gave me. I appreciate your thoughtfulness.

—Peggy G.

Dear Secret Pal,  
Thank you so much for the journal things! I started using them and they are keeping me organized. The book was also a nice surprise! Thank you again; I really appreciate it.

—Robin E.

## THANK YOU NOTES

Dear Woman's Club of West Deptford Members,

Thank you so very much for the Order of the Lily award. This is an award that is truly special and belongs to **all** active members. While Linda was reading the tribute, I was trying to think of various women she could be describing. Never in a million years did I think of myself. I had actually forgotten the various offices that I held other than Treasurer - that was truly a challenge at times as there was only one Treasurer and one account.

It has been my pleasure to do my part for the past forty plus years (including Juniors).

Thank you, Linda, for your research.

In Federation Friendship and Love,  
**Debbie**

**Thank you to everyone from our Honor Roll recipients:**

**Dorothy A.  
Isabella C.  
April M.  
Sandy M.**

## ADVOCATES FOR CHILDREN

Robin Evans, Lisa Hunter

### Ronald McDonald House

We are still collecting for our Easter baskets for the Ronald McDonald house. Any donation will be appreciated! We also have our ongoing collection of Clorox Wipes, paper products, wrapped snacks etc. All would be appreciated! Any donations can be dropped off to Robin Evans or Lisa Hunter or brought to the meeting.

Thank you in advance!

### Mental Health for Children

We were honored to have Isabelle Nicholas come speak at our March meeting. She is a candidate for Miss New Jersey this June and we had the privilege of hearing about her social impact initiative, "Shout Our Struggle" for mental health education and wellness for our children. We wish her the best of luck! Thank you!

