

Tidbits

October 2022 — Vol. 29 Issue 2



Monthly Newsletter of the GFWC Woman's Club of West Deptford • PO Box 381 • Thorofare, New Jersey 08086 • <https://wdwomen.com>

NEXT MEETING

Tuesday, Oct. 11, 2022

St. Paul's, 74 Church St.

Please enter through back ramp door!

Refreshments

Snacks/Desserts: Sandy M., Vicki C., Dorothy A.

Beverages (small bottles of water):
Joan B., Lisa H.

October Birthdays

4—Elaine W. 29—Debbie H.
8—Agnes 31—Nancy B.
9—Linda C.

COLLECTIONS

- ♥ Cynthia/Peg S.: Household items & food for South Jersey Dream Center.
- ♥ Chris T.: Clothing and household items for Angels Community Outreach.
- ♥ Jeannette: 17" duffel bags for Family Promise.
- ♥ Linda M. & Janice: Money for gift cards for SERV victims of domestic violence.
- ♥ Nancy B.: unexpired canned goods for Colonial Manor Food Pantry; dry cat food for the local feral cat program.
- ♥ Joan: Feminine products, bras without underwire, & men's Depends for GWCM.
- ♥ Clara: Old cell phones, wallets, tools, keys, credit cards/used gift cards, bags & suitcases for K-9 training

Woman's Club of West Deptford

Member of General Federation of Woman's Clubs (GFWC), New Jersey State Federation of Woman's Clubs (NJSFWC), Garden District of NJSFWC.

President: April Maska

Membership: Cynthia Holmes-Butler

Info: 856-217-2962 or

membership@wdwomen.org



PRESIDENT'S MESSAGE

April Maska

It's finally October! My favorite time of the year! The cooler weather, bonfires, pumpkins, hoodies, decorations, pumpkin spice everything and so much more. Holidays are coming and family time, too! What a great time to work through the first few club months.

"Autumn is the season that teaches us that change can be beautiful."

—Author Unknown

With the fall season comes so many new and exciting projects withing the NJSFWC. From the state, district and club level, there are so many great activities to get involved with. With new ideas comes positive growth and excitement within the Women's Clubs. I know that we are all going to benefit from these new programs.

I want to take a minute and send prayers and positive thoughts to three of our members who have had a few medical challenges within the last few months. I have checked in with Nancy B., Linda J., and Nancy D., who all have had some health issues but are now on the mend. Nothing keeps these amazing ladies down. Hopefully we will see all three of them at future meetings back to their healthy selves.

Cynthia HB. is always busy but found time to attend a Membership workshop offered by the Garden District. She found it informative and fun. She shared some of the great things we do to attract members and heard of a few new ideas that we may want to utilize. Our newer members bring fresh ideas and enthusiasm that keeps us relevant and moving forward. Thanks, Cynthia!

Several board members attended the Garden District Council meeting last month and were treated to an excellent dinner and inspiring conversation. The presentations were excellent and the activities of all the clubs were so interesting to listen to. Thank you to the Haddon Fortnightly for being our gracious hosts. I am so happy to report that our District VP Marie DiMatties will be attending our October meeting. I know she will enjoy visiting with all of you.



Thank you to everyone who participated in our Hoagie Sale and our Mums Sale. These two internal fundraisers add significant monies to our treasury so that we can fund families during the Holidays and donate to other charities. Thanks to Janice M. and Sue N. for organizing these fundraisers.

One big activity that showcases our club was our booth at West Deptford Family Fun Day. We were able to share what our club does in the community and we handed out our pamphlets to many prospective members. We also sold several of our recycle bags to the many visitors who came to our booth. Thank you to Jody and Dave H. who set up and took down our tarp, tables and chairs. Also thank you to Lisa H., Janice M., Karen H., and Linda M. who joined Jody and David and took turns manning the booth throughout the afternoon.

A very big shout out to Nancy B., Nancy D. and Denise H. for organizing and getting our big fund raiser, the Basket Raffle, ready to go on October 10th. These ladies

Continued on next page —>

President's Message, continued

worked tirelessly to get everything together. Also, to Sue N. who has done an excellent job with our ticket sales. Peg S. and Agnes K. need to be recognized for checking, collecting and wrapping all the raffle baskets. This is the biggest collection of baskets I can remember. Finally, to all of you who so generously donated baskets, solicited gift cards and gathered donations from businesses around the area...Thank You!!!! I know we are going to have a fantastic and successful night. Our basket raffle is the day before our meeting so I know I will see many of you there to help support this important night. I can't wait to see the faces of all the winners of these incredible baskets.

Another recognition goes to Janice M. who put together our survey, which will be taken at our October meeting. For those of you who were not aware, the State Membership Chair who presented at our June Garden District meeting suggested that as we move forward and make changes as the Federation grows, that we give an anonymous survey to members so that they can give their opinions on different topics. Janice has expertise in this area as this

was something she did regularly when she was working. The survey is amazing and I am looking forward to all of you participating at our meeting.

What a fun night the Social Committee put together at PInspiration in East Greenwich! The ladies made some adorable home décor items and I loved learning how to wood burn my new coasters. It was a great night with fantastic and creative ladies.

At our October meeting, we will have a speaker from the Keystone Clinical Studies, LLC. Our guest is Dr. Varghese, who will be talking about changes we experience as we age. This is going to be a very interesting presentation. Thank you to Linda M. for setting this up for us.

As you can see, we have a very busy meeting scheduled for this month. We are back into the swing of things, and I can't wait to share all of our activities with all of you. So get out your purple bags and get your Secret Pal gifts together. We have a fabulous meeting planned for all of you.

Happy Autumn!
April



- ◆ Jody and David H. are pleased to share with you that their granddaughter, Charlotte (Charlie) is now a BIG SISTER to Cameron (Cami) Jae who was born on 6/22/2022 weighing in at 6 lbs 11 oz. Morgan and Andrew are so excited to have two little girls to love. Jody and David are thrilled to welcome their second granddaughter. Stay tuned, as their next grandchild, also a girl, is expected the middle of September!!
- ◆ With pride and joy Jody & David also welcomed their newest granddaughter, a perfect addition to the family, on September 11, 2022. Aubrey Rey made her entrance at 6:37 a.m., and weighed in at a healthy 7 lbs.15 oz. 19 in. Matt, Melissa, and big brother Noah, are all doing well and adjusting to a new routine.
- ◆ Ken and Debbie H. are pleased to announce that their daughter Rebecca and Jim Beutel will be married in Key West on November 3 at the First Flight Restaurant (the site of the first ticket sale for Pan Am Airlines). They will be joined by 40 guests for a week of celebration and fun. Please keep them in your prayers as they begin this new chapter of their lives.
- ◆ Denise and Dave H. also have a wedding coming up. Molly is marrying Marc Coralluzzo on October 16. They met in first grade, and Marc teased Molly unmercifully. He called her Molly McButter, and she got back by calling him Marc, Marc, the Aardvark! The wedding is at the Bradford Estate in Hainesport, NJ.
- ◆ Carla and Norm Branyan had two wonderful trips since the last tidbits. They have returned from a 10-day trip to Hawaii where they helped spread the ashes of a good friend's son and mother and saw many wonderful sites on Oahu. They just recently returned from a Phil-lies Phantastics trip to Rhode Island, where they saw the Breakers, had a harbor cruise, and lots of fun.



GIRLS CAREER INSTITUTE delegates Paige McCullen and Gracie Broglin spoke at our September meeting and thanked us for sending them to GCI. Thanks to Clara C. (center) for chairing the committee and arranging for the girls to speak to us.

Happy Halloween!

FIRST VICE PRESIDENT

Janice Morrison

Happy Fall everyone!

It's one of my favorite times of the year. Thank you to members who purchased and helped with the hoagie sale as well as mums. We sold 95 hoagie packages and 79 mums for this year. A special shout out to Sue Nelson for keeping it all organized and running smoothly. *Team work makes the dream work.*

Our next internal sale will be the poinsettias, which will be announced later in October. Many members love this fundraiser and have expressed interest for themselves as well as for gift giving. We will be using our local supplier, Michael William Florist.

This year there will be 2 sizes: a 4-½ inch pot and a 6-½ inch pot. More details coming.

Future Fundraising Options

Pizza: Ciconte's offers a \$1 per pie fundraiser for a month-long event. We are considering this for early in the new year. Details to follow after the holidays.



Service Hours

It's that time. Janice will be asking members for total hours spent on women's club business for the 3rd quarter of the year. Attached is a form for your convenience and you can hand this to her at the October meeting. She only need total hours for July, August, and September at this time.

SECOND VICE PRESIDENT

Cynthia Holmes-Butler

We are growing!!

In September we had five guests at our monthly meeting. The new mentor program worked really well.

Dorothy Allen, Ellen Sanker, Carol Frisby and Linda Marple did a great job explaining everything going on in the meeting to our guests. It looks like all the ladies will be joining our club in the future.

Barbara O. and Elaine W. will be installed in October. Please welcome them to our club.

And please let me know if you're interested in mentoring at a meeting.

Membership Meeting

I attended a membership meeting last week at Haddon Fortnightly. What a beautiful meeting place for the Haddonfield Woman's Club!

Membership Officers from several clubs attended and talked about things they are doing. We already do most of them. I'm proud to be part of such a great group of ladies. Thank you all!

HOLIDAY DINNER

Jody Harris, Cynthia Holmes-Butler

Tuesday, December 13, 2022 @ 5:45pm
Hollywood Cafe & Sports Bar
940 Mantua Ave (Rt.45)
Woodbury Heights, NJ 08097
1-856-251-0011

Your dinner selections will include:

- * Soup OR Salad
- * Rolls/butter
- * Two Vegetable or Pasta -depending on your dinner entree
- * House Dessert: Rice Pudding, Ice Cream or Jello
- * Beverages: Coffee, Tea, Soft Drinks
- * Alcoholic Beverages may be purchased individually

Choices of Entrees

- * London Broil
- * Grilled Salmon
- * Chicken Parmigiana (complete) served with linguini

The dinner is \$30.00 per person. Please give your check made out to WCWD to Peg S. **NO LATER THAN THE NOVEMBER MEETING.**

If you could please RSVP to Jody with your dinner choice no later than the November meeting, that would be greatly appreciated, as I have to give a final head count w/ dinner selection the end of November.

Cookie Exchange

We would like to do a **cookie exchange** at our Holiday Dinner. Please let Jody know the type of cookie/item you will bake to avoid duplication. If we have a large response we will reduce the amount of cookies to swap. Cookies should be packaged in a Ziplock bag, and you are welcome to include your recipe. Each participant should bring a bag/container to collect and take home a "bag" with everyone's cookies. Please respond to Jody no later than the November meeting so you can be included in the count. This sounds like fun, so we hope a lot of people will be interested in participating.



BASKET RAFFLE

Nancy Barna, Nancy D'Amico, Denise Hosier

Thank You, Everyone!

It has been amazing this year that every single club member has contributed in some way to our major fundraiser. A huge shout out of thanks to all of you who graciously gave of your time, energy and money. We tip our hat to everyone who planned this event; donated baskets; printed and handled our entrance tickets; reached out to friends and family to attend; sold tickets; kept records; designed the program & flyers; posted flyers; publicized our event; solicited donations; picked up materials; stored the prizes; wrapped the baskets; delivered the baskets; encouraged raffle sales; and contributed in so many ways!

We sincerely appreciate you and your talents, your energy, your passion, your commitment, and your eagerness to make this fun-filled evening a success.

Your efforts help the Woman's Club of West Deptford achieve the many charitable projects and donations we give each year.

Hope to see you all at Adelphia on the 10th!



SPECIAL CLUB PROJECT

Jeannette Wood

Family Promise of Southwest New Jersey

We collected \$24.00 last month at our last club meeting. One club member also donated a duffle bag. Thank you! Thank you! I purchased two duffle bags with the money collected and will delivered the three bags to the Day Center.

If you want to help with this project, you can purchase a duffle bag online and have it sent to my house. You can purchase a duffle bag, any size, and give it to me at the club meeting. If you would rather give a donation toward the duffle bags, I will collect it at our meeting.

Thank you so much for your continued support to help the homeless in our community!

ADVOCATES FOR CHILDREN

Karen Hink

September Update

When starting anything new, there is always a chance that the initiative will not be met as enthusiastically as hoped. Well, I have to say that the **"Stock the Nurses' Closet"** is off and running. Our generous club members donated enough items to overfill three large bags with an in-kind value of \$478 of merchandise.

I dropped off our donations to Oakview and Redbank. Linda C. offered to drop off clothing to Greenfields. I will be in communication with our School Nurses and provide updated list of their needs.

I am overwhelmed with our club's continual efforts to give back to our community. Thank you all so much!



SOCIALLY SPEAKING

Jody Harris, Margie Maines, Kat Nixon, Holly Revelas,

We hope these events are things that you will wish to participate in. Please check the dates, times, and keep in mind the RSVP dates where noted. Should you have any questions, please reach out to a member of the social committee. If you have suggestions, we'd love to hear from you.

A big thank you to the people who came out to support our September events. We hope you'll have a great time at the upcoming events that we have planned.

THURSDAY, OCTOBER 6, 2022: 7pm Book Club Mtg. (Zoom)

We will be discussing, Midnight Library by Matt Haig (288 pgs.)

RSVP TODAY to Jody, so you are put on the Zoom invite list.

Between life and death there is a library. When Nora Seed finds herself in the Midnight Library, she has a chance to make things right. Up until now, her life has been full of misery and regret. She feels she has let everyone down, including herself. But things are about to change.

WEDNESDAY, OCTOBER 19, 2022: 10am "Pancake/Autumn Breakfast" - Piston Diner

821 Crown Point Rd. - Westville, NJ
RSVP by October 10th to Jody

We hope you will be able to join in for a "Pancake/Autumn Breakfast." I will need a head count to share with the restaurant by October 10th. I will put out a final notice when I know who is planning to attend, so that you are welcome to make carpool arrangements if needed. Each attendee will be responsible for purchasing their own breakfast. We will choose from the menu.

THURSDAY, NOVEMBER 9, 2022

Chocolatrium Tour - 9:45 am

Meet at West Deptford Library to carpool to Berlin

11:00 Essential Tour of Chocolatrium "Discover the chocolate history and how it evolved throughout the centuries on a privately guided chocolate tour. See the wonders of the plantation & craftsmanship of chocolate." This includes a guided tour, history of chocolate, the process from beans to bars as well as a tasting. At the

conclusion of the tour/tasting is an opportunity to purchase chocolates in the retail store. Thank you to those who signed up and have already paid.

WEDNESDAY, DECEMBER 7, 2023: 7pm. Book Club Mtg. (Zoom)

The book we will be discussing TBD.

THURSDAY, DECEMBER 8, 2022: 9-11am Whole and Grounded Café

5 Delaware Street - Woodbury, NJ

During this busy holiday season, we hope you'll be able to find a few minutes to join your club sisters for a cup of coffee, tea, hot chocolate, between 9-11 a.m. We wanted to support this local business, as they supported us with a donation at our basket fundraiser. This is a scheduled pop-up event, so no need to let us know if/when you can make it, but we hope you'll find some time to stop by.

TUESDAY, DECEMBER 13, 2022: 5:45pm

Holiday Meeting and Dinner - Hollywood Café & Sports Bar
940 Mantua Pike

Due to popular demand, we have decided to return to Hollywood for our Holiday Mtg. this year. We will be holding a holiday **cookie exchange** at the dinner, so please be thinking if you would like to participate in that.

Sneak Peek into 2023

THURSDAY, JANUARY 12, 2023: 7-9pm Game Night at St. Paul's Church

We are hoping to split into groups and get some board games going, possibly bring back crochet club on that

night, perhaps some treats and drinks (non-alcoholic). It will be whatever you would like it to be. Our hope is that maybe we can continue with something of this nature every other month and change it up to meet our needs. What do you think? Sound like something you'd be interested in? We hope so.

MONDAY, FEBRUARY 13, 2023: 6pm "Gal-entine's Day" - Gia Nina

A day for women to celebrate their friendships with their lady friends.

312 S. Evergreen Ave. Woodbury

Each attendee is responsible for purchasing her own dinner. We will choose our selection from the menu. I need to let them know by the end of Jan. our exact count. As it gets closer and I have a finalized list, I will let everyone know who is going so that carpool arrangement can be made if desired. Parking is limited.

WEDNESDAY, MARCH 1, 2023: 7pm Book Club Mtg. (Zoom)

The book we will be discussing TBD

SHARE YOUR TALENT

As always, if you have a talent/hobby that you would like to share with the group, please let a member of the social committee know. We would love to incorporate the talents from our club sisters into a social event that we can all learn and enjoy.



CRAFTING FUN in September at Pinspiration in East Greenwich.

HEALTH AND WELLNESS

Chris Taylor, Linda Marple, Kim VanZoeren-Czoch, Carol Dechen

South Jersey Dream Center—764 lbs of food/items

Angels Community Outreach—248 lbs of clothing

Jeannette's Closet—108 lbs of clothing, 27 donated hours

West Deptford Fire—\$480, \$985 in kind, club \$150

Seeds of Hope Easter candy—73 bags filled, in kind \$75

Gloucester County EMS stuffed animals—140 animals (4 per ambulance!), in kind \$360

GWCM—Seventh Day Adventist Church-Feminine products, Men's Depends and Bras—in kind \$385; Body lotion, shampoo, conditioner, toothpaste—in kind \$75; back to school project—in kind \$790

Clothes can be delivered to Chris T., Bras to Linda C., Toiletries to Kim VZC. (text to all first)

Let's Stay Healthy!

by Carol Dechen

Oh, the Golden Years, it definitely has its pros and cons. Some of the pros might include retirement, time to travel, and no alarm clock. And then there's the cons: feeling tired, less energy, health concerns, and lots of doctors' appointments. So as we get older there are some things to consider in order to go into our 60s and 70s as healthy as we can be.

Eating Whole Foods - No, not the store Whole Foods but making sure we get enough fruits and vegetables, whole grains, nuts, and low-fat dairy. Along with that, eating less of the fatty meat, butter, sweet treats, salt, and package foods. Studies have shown that watching what we eat can reduce our risks of heart disease, cancer, Parkinson's, and Alzheimer's disease. Remember that eating the color of the rainbow will keep you well.

Exercise - Exercise does not mean that you must run a marathon or do a 45-mile bike ride. Simple exercise can promote balance, stronger muscles, increase flexibility, and lessen arthritis pain. All of this helps avoid falls and injury. The easiest form of exercise is walking. Aim for 30 minutes per day and if that seems like too much, shoot for shorter chunks of time



and increase as you feel like you can. Regular exercise, especially a brisk walk, delivers huge health benefits. It helps keep brain cells healthy and increases blood and oxygen levels. Research suggests that exercise may delay or improve symptoms of Alzheimer's disease. Walking also helps control weight, boosts your mood, and helps you sleep better. Exercise makes you less likely to get heart disease and type 2 diabetes, lowers blood pressure, and reduces cholesterol.

Socializing - Staying connected with other people helps prevent loneliness. When you are lonely or feel isolated you are more likely to get depressed or dementia. Those who report feeling left out and isolated have more trouble with everyday tasks like self-care and navigating in their homes. Lonely people have higher levels of stress hormones, which can cause inflammation and swelling and is linked to arthritis and diabetes. So stay connected with family and friends or possibly do some volunteer work or help someone in need.

Curb Bad Habits - Cut out tobacco, as it is linked to heart disease, cancer, lung and gum disease, and other health issues. And it is never too late to quit. Same can be said about alcohol; too much can cause liver disease and cancer. Men should have no more than two drinks per day, and women should have only 1 drink per day.

Stay Optimistic - People with a positive outlook live longer and have fewer heart attacks. Being optimistic leads to a better outlook and can be a powerful ally. That same attitude can help us feel better about ourselves, enabling us to eat better, feel better, and take care of our body. Therefore, we can add years to our lives. We can practice being positive when we: smile, refrain from negativity, keep a gratitude journal, do good things for others, surround yourself with people who boost your spirits, and accept the things you cannot change.

Sleep - Insomnia is common in older adults. Whether it's getting to sleep or staying asleep, it's very important that our bodies get time to reach a deep sleep. It helps our bodies heal and rebuild while in sleep mode. It helps when we have a sleep/walk schedule. Naps are fine, but limit them to 20-30 minutes so that they will not interfere with nighttime sleep.

Challenge your mind - Things like crossword puzzles, Sudoku, chess, or reading are all good for our brains. Keep learning and trying new things to help boost brainpower. These tasks may help lower the chances of Alzheimer's disease.

Let's go into 2023 as healthy as we can be!



DOMESTIC VIOLENCE AWARENESS

Linda Marple, Janice Morrison, Linda Clark

Since October is Domestic Awareness Month, and Breast Cancer Awareness Month, please wear either purple (Domestic Violence) or pink (Breast Cancer) to the meeting.

What are the laws concerning Domestic Violence?

In 1994, Congress passed the Violence Against Women Act ("VAWA"). This Act, and the 1996 additions to the Act, recognize that domestic violence is a national crime and that federal laws can help an overburdened state and local criminal justice system.

What is the punishment for domestic violence in the United States?

The majority of crimes related to a domestic violence conviction are either misdemeanors or felonies. If you have been convicted of domestic violence, you face the possibility of fines, probation, or a prison sentence, depending on the seriousness of the charges. For example, disorderly conduct is one of the least severe domestic violence offenses. It carries a fine of up to \$250 and a maximum jail sentence of 15 days.

If the domestic violence conviction arises from a sex offense, you will be required to register as a sex offender. Domestic violence convictions go on a person's permanent record and can affect one's future in many ways, such as in the areas of employment prospects and child custody. The New Jersey Legislature has declared domestic violence to be an extremely serious crime, from which victims deserve maximum protection under the law. As such, law enforcement officers responding to domestic violence calls are mandated to take immediate actions to protect the victim. Although domestic violence is private in nature, the Legislature views this form of abuse as a crime against society due to its frequent occurrence, especially among women, the elderly, and the disabled.

- 2C:25-21. Arrest for domestic violence. Law enforcement officers are mandated to arrest the alleged abuser in a domestic violence situation if there is probable cause to support the victim's claim. Victims who have used reasonable self-

defense to fight back against their attacker will not be arrested or denied protection from the law.

- 2C:25-22. Immunity from civil liability. Those who report an incident of domestic violence based on good faith and probable cause will receive immunity from civil action filed against them by any of the involved parties.
- 2C:25-26. Conditions of release of domestic violence defendant. When a defendant charged with domestic violence is released before the trial date, certain conditions will be imposed in order to safeguard the victim. These conditions will restrict the defendant's ability to have contact with the victim or the victim's family, friends, and coworkers. Special conditions, such as banning the defendant from owning firearms or other deadly weapons, may also be penalized, except in the case of extreme financial hardship.
- 2C:25-29.4. Surcharge for domestic violence offender to fund grants. In addition to the civil penalty, a defendant found guilty of domestic violence will also be ordered to pay a surcharge of \$100 made payable to the Treasurer of the State of New Jersey. These sums are used by the Department of Health to provide funding for domestic violence prevention and training programs.
- 2C:25-30. Violation of a domestic violence order. Those who violate a temporary or permanent restraining order issued for domestic violence will be deemed in contempt, which is a criminal offense. If an offender has previously violated the restraining order, he or she will serve a minimum jail sentence of at least 30 days.
- 2C:25-31. Contempt of a domestic violence order. If there is probable cause to show that a defendant has violated the terms of a restraining order, the defendant will be arrested and charged with contempt. The responding officer must inform the judge assigned to the case of the defendant's violation. If the defendant cannot pay the bail, he or she will be detained at the police station or the county jail.

- 2C:25-32. Alleged contempt, complainant's procedure. Alleged contempt refers to a charge of contempt made by the victim, for which the responding officer is unable to find probable cause. Although the defendant cannot be arrested, the officer will instruct the complainant on how to file a complaint with the Family Division of the Superior Court.
- 2C:25-33. Records of applications for relief. Records of applications for relief from domestic violence must include specific information such as the relationship of the parties, the exact offense that is alleged to have occurred, and the nature of the penalty imposed upon the defendant. These records are used by the Director of the Administrative Office of the Courts to compile data, which must be presented to the Governor, the Legislature and the Advisory Council on Domestic Violence on an annual basis.
- 2C:25-34. Domestic violence restraining orders. A registry of all persons who have had a domestic violence restraining order issued against them is maintained by the Administrative Office of the Courts. These records are confidential and are only disclosed for court-approved purposes such as investigating a domestic violence claim and conducting a background check prior to the sale of a firearm.

Bra Collection

Don't forget to bring your new and gently used bras to the meeting. Linda Clark is collecting them. They will be used for the prostitutes in Camden and the women affected by domestic violence.



FEDERATION NEWS

Isabella Cooper

Dates to Remember

- 10/1-31 Breast Cancer Awareness Month
- 10/1-31 Domestic Violence Awareness Month
- 10/11 International Day of the Girl Child to amplify voices of girls around the world
- 10/23-29 GFWC Advocates for Children's Week
- 1/16/23 National Day of Service Project—Community Food Banks of NJ
- 4/13/23 Spring Conference & Achievement Day
- 5/1-3/23 NJSFWC State Convention at Hard Rock Casino, Atlantic City

Fall Clubwoman Magazine

The 2022 Fall GFWC *Clubwoman Magazine* is now available to all members digitally in an easy-to-print, single page format. The magazine is available on www.gfwc.org under the News & Publication drop-down menu and it will be archived with all other

digital issues in the GFWC Member Portal's Digital Library under "C" in the "Clubwoman Magazine" folder.

Legislative Corner

GFWC Legislative Action Alert for Online Safety for Children and Teens

A legislative alert has been launched by GFWC in support of the EARN It Act, S.3538, H.R. 6544. The bill is bipartisan and has been approved unanimously by the Senate Judiciary Committee. The bill removes immunity for social media and technology companies that knowingly facilitate the distribution of child sexual abuse materials on their platform. Currently, the technology industry maintains liability protection for third-party content. This bill removes liability protection and holds tech firms accountable. There are few legislative working days left before the end of this congressional session, so GFWC asks us to contact our legislators to act on this bill.



THE HADDON FORTNIGHTLY: This is the lovely clubhouse owned by the three Haddon Fortnightly woman's clubs. Our members attended two events there in September. Seven members went to the Garden District Council On September 16, and then Cynthia attended the Membership Workshop there as well. Thanks to Cynthia for the photo!

CIVIC ENGAGEMENT & OUTREACH

Denise Hosier, Sharon James

Indigenous People's Day Monday, October 10

Many have asked if Columbus Day is a holiday our nation should continue to celebrate. This question is raised as historical details of the Columbus years are considered. Along with colonization and new transatlantic trade routes came disease, brutality, enslavement, and death to indigenous people.

In the early 1990s, Indigenous Peoples' Day was introduced, with South Dakota being the first state to rename Columbus Day in 1990. In various cities and

states across the nation, it is celebrated in addition to or instead of Columbus Day to bring awareness of the rich cultural heritage and contributions of the Native American people.

In 2019, Washington, D.C. passed a resolution to recognize the second Monday in October as Indigenous People's Day instead of Columbus Day. The National Congress of American Indians, founded in 1944, responded with this statement,

This change allows the opportunity to bring more awareness to the unique, rich history of this land that is inextricably tied to the first peoples of this country and predates the voyage of Christopher Columbus. It also acknowledges American Indians and Alaska Natives as thriving, contemporary sovereign nations who hold their rightful place among the American family of governments.



THANK YOU, NANCY B.! In spite of health problems all year and a recent fall, Nancy is the driving force behind our Basket Raffle fundraiser. Be sure to thank her for her leadership!

DEAR SECRET PAL

Dear Secret Pal,
I just wanted to thank you for the beautiful gnomes that showed up this summer. I LOVE how my collection keeps growing... can't wait to see the ones that show up to round out our year. As each new one arrives, the prior one is tucked away safely for the next year. I also have made great use out of the gift cards. With Morgan having a baby, I definitely got use out of the Buy Buy Baby card, and who doesn't like Charlie Brown's? That card was used to treat my husband to our favorite salad bar lunch buffet. Thank you so much for your continued generosity.
—Jody



Dear Secret Pal,
You are amazing! Thank you so much for all of the gifts—the Halloween mugs, the beautiful necklace, the bottle of wine, and the great smelling bath products. You've covered all the bases. I can't wait to use each and every one of them. —Xo Carol F.

Dear Secret Pal,
Thank you for the fall gnome. He is happy to be joining his friends in the foyer entrance. I love the apple basket he is holding. I also appreciate the gift card; that was very generous of you. You know it will be put to good use as there is always something I can find in Disney.
—Thanks again, Jody

Dear Secret Pal,
I would like to thank you for my cute 🎃 pumpkin. Looks cute on my shelf. Also the Halloween card is adorable! Thanks again.
—Nancy D.

Dear Secret Pal,
Thank you for the adorable gnomes, Yankee Candles (my favorite), Valenzano Pear Wine and the Gia Nina Gift Certificate. You definitely know how to make my day and make me feel special. Happy Fall! —April

Dear Secret Pal,
I am really enjoying all of the lemon scented bath products! Thank you for this lovely gift!
—Peggy G.

Dear Secret Pal,
You are so giving and generous! I loved looking through my September gift bag and finding all the wonderful goodies. The pumpkin candle holder looks beautiful on my desk at work! Thank you for treating me so wonderfully!
—💕🎃 Lisa H.



OUR BOARD works so hard. They meet every month and try to plan ahead for our projects. Thank you, ladies, for your commitment to our club!

Items Needed for Dream Center

In addition to much needed food items the Dream Center is now collecting basic household items—no decor or anything. Just kitchen items and linens. For example kitchen towels and a blender were recently donated. We measure everything by weight, so please give me a guesstimate.

**Food is still greatly needed! Please bring what you can to our meeting.

Label your donation bags with your name, address and email, or I will just put it in as a club donation. Thank you!
—Cynthia H-B.

Instagram!

Our club has a Facebook account, but we'd also like to open an Instagram account to help us reach younger women.

Is anyone interested in opening this account and posting for the club? If so, see April. We will provide photos.

Thanks!

