



# Tidbits

Volume 31 ~ Issue 1

September 2024

GFWC  
Woman's Club  
of West Deptford

Next Meeting  
Tuesday, Sept. 10  
6:30 p.m.  
St. Paul's  
74 Church St, WD

Refreshments  
Beverages: Cheryl,  
Karen H., Bonnie, Jan  
Snacks/Desserts: Kat  
N., Joann Kf., Lisa,  
Jody

September  
Birthdays  
9/12 Barbara O.  
9/17 Janice M.  
9/26 Carol D.



GFWC Woman's  
Club of  
West Deptford  
Member of  
General Federation  
of Woman's Clubs  
(GFWC),  
New Jersey State  
Federation of  
Woman's Clubs  
(NJSF),  
Garden District  
of NJSF.  
**President**  
Janice Morrison  
president@  
wdwomen.org  
**Membership**  
Ann Caswell  
856-534-3077  
membership@  
wdwomen.org

## President's Message

As we begin our next Club year I am reminded of renewal, starting anew. We are entering a new term with a new board of volunteers who have committed to be generous with their time. If you have served on a board, you know the time and commitment it takes to run an organization. I thank my team for stepping up and making this formidable pledge. We have 16 active committees working on various projects, and just about every member is on at least one committee. Thank you for your support and work. We are all in this together.

*If we are together, nothing is impossible.*  
—Winston Churchill

### September District Council Meeting

We are hosting the September 19th District Council meeting. Many have stepped up and volunteered to help with refreshments and hosting duties. Jody Harris has been spearheading this event and is doing an excellent job. If you plan to attend, which I hope you will, please let Jody know. We will need to give the Mary Schneider's team a head count. There is a \$5 fee (paid at the door). There will also be a limited number of Special State Project pins available for purchase.

### West Deptford Day

We are attending West Deptford Day as a club, and we need volunteers to manage the booth. I've sent an email on this; if you missed it, I will bring a sign-up to the September meeting. Please consider signing up, even if for only one hour. It would be a shame if our club was not represented.

### Records Review

A group of veteran past presidents met at my house over the summer to review the records from 1993 to 2023. This included Cheryl Fairchild, Denise Hosier, Denise Pitchford, and Jeannette Wood. Each stepped up for this service.

Since 1993, records have been stored in various member homes and passed on as new board members took positions. Treasurer records moved from house to house as the treasurers changed. The same happened with club minutes. These records were stored in bags, cardboard boxes, and totes. This group of veterans discussed what documents needed to be preserved and which did not. By law, we are required to keep all financial records for seven years. Those records remain with the treasurers. The records we are keeping are now locked and stored in a climate-controlled



environment in the River-Winds Senior Center. These include minutes, state reports on projects, budgets, Tidbits, and other special documents. Committee chairs should continue to maintain their own records and pass them on to new chairs as applicable.

### General Meeting Changes

With 16 active committees, our committee report section of the agenda will be longer. Therefore, I am asking committee chairs to let me know by the Friday before the meeting if there will be a report or not. Committees are not obligated to report at every meeting. Further, much of what is reported is already in Tidbits. We all should be reading Tidbits for important information. If there is a report, we will need to keep the time to 2-3 minutes to keep on track. Change is difficult, but let's see how this goes. We can always adjust if needed.

Sincerely,  
*Janice*

Money is not the only commodity that is fun to give. We can give time, we can give our expertise, we can give our love, or simply give a smile. What does that cost? The point is, none of us can ever run out of something worthwhile to give.

—Steve Goodier



## First Vice President

Jody Harris

Welcome back all rested, relaxed, and ready for the start of a new club year. When our year starts, so do our internal fundraising endeavors. This year, I am bringing back some prior events, as well as some new ideas to add revenue to our club.

### Hoagie Lunch Sale

At this time, we are well into our first internal fundraiser, Hoagie Lunch Packages. The cost this year has stayed the same as last year, \$12.00, which includes a hoagie, water, chips, and a 2-pack of cookies. Pick-up will be Saturday, September 28th at my house from 10:30-11:30 a.m. Thank you to Sue Nelson, whose knowledge and expertise are invaluable, for working with me to coordinate this event. Sue will have some forms on hand the evening of our meeting should you need one.

Please make sure to ask your family and friends if they would be interested in making a hoagie package purchase to help support our club. Sue will be collecting the forms and the payments at our September meeting. She asks that you put the items in an unsealed enve-

lope so it can be kept separate from the other items she is collecting. You are also welcome to drop off at either her house or mine. Thank you to everyone who signed up to donate items, or their time. It is greatly appreciated.

### Upcoming Fundraisers

Since we are so busy in October with our Basket Raffle, we will not be doing a fundraising activity. In November, we will be doing both a Paint and Sip Night Fundraising Social (please see social committee events for more information) and a Thanksgiving Pie Sale. We will round out the year with our December Poinsettia Sale. Information will be forthcoming as these events get closer.

### Garden District Meeting

Our Garden District Meeting will be held on Thursday, September 19th at St. Paul's Church, with registration starting at 6 p.m. followed by a light dinner, meeting starting at 6:45. Thank you to all who volunteered to donate either beverages, paper goods or utensils. I truly appreciate your generosity.

If you are planning to attend this event, please bring your donated items with you and plan to arrive at 5:00 p.m. so we can set up and be ready when our guests arrive at 6:00 p.m.

The cost for the evening is \$5.00 payable at the door. However, I will need a count so we know how many people to expect. I will be passing around a sign-up sheet at the meeting. Please wear your purple club shirt. If you do not have a club shirt, wear a purple shirt if possible. If you are not planning to attend, but offered to donate, please drop off your donated item to me prior to the meeting date so I am sure to have it on hand, or feel free to bring it to our September meeting where I can get it from you.

### Volunteer Hours

Yes, it's almost that time again when I will be asking for your third quarter (July, August, September) hours. You are welcome to send your hours to me each month if that is easier for you, or at the end of each quarter. I don't need to know how you accumulated them, just the total of hours. Keep a record yourself for your committee reports as they will be needed for end of year reporting.

Just an FYI. Our second quarter hours (April, May, June) as a club was 1828.5 hours! What an amazingly generous group of ladies. Each and every one of you helped to contribute to this total.

# Special State Project: NJCA

New Jersey Children's Alliance

Denise Pitchford

## Thank You for Backpacks!

We knew we could count on you all supporting our first Special State Project with the NJ Children's Alliance in collecting 48 backpacks stuffed with school supplies! Thank you so very much! Our Committee of Karen Hink, Debbie Hinkle, Pixie O'Hara, Jeannette Wood and I helped collect and stuff the bags. They were delivered to our Gloucester County Child Advocacy Center right here in Woodbury on Glover Street. Suzanne Nelson-Hoolahan, Director, accepted enthusiastically our collection and looks forward to working with us in the future.



have one, I will be collecting monies at the September meeting. See the photo of the pin and support the New Jersey Children's Alliance, our Special State Project, for the next two years.

- small boxes of crayons
- small boxes of colored pencils
- small stuffed animals (for younger children to hold)
- small pads of paper
- pencils
- small bottles of hand sanitizer
- pocket tissues

They emphasize "small" items that can be held in children's hands and do not make noise.

If you'd like to donate any of these items, our committee will be collecting these items at the September meeting and will be assembling bags containing these items to be delivered to our CAC. You may also give any items to a committee member.

Total Service Numbers for this project: 48.5 hours with \$744.73 in-kind donations.

## Special State Project Pins

Pins will be available by the end of September. The cost will be \$5. If you'd like to



## A New Request

The NJ State Federation of Women's Clubs, in correlation with the NJ Children's Alliance, is asking all NJ clubs to provide the following items for children waiting at the Child Advocacy Center (CAC) to be interviewed by specially trained forensic professionals:

Special State Project Committee  
Denise Pitchford, Karen Hink,

# Girls' Career Institute

Clara Campbell



Shown are our representatives to the New Jersey State Federation of Woman's Club's GCI Program: Isabella Perez, Jocelyn Martin, Addison Sturgis, club GCI Chair Clara Campbell, Annabella Martello, and Carly Zanolle. The girls had a wonderful learning experience, and we look forward to welcoming them to speak at our October meeting.

## Treasurer

### NOTE!

We will no longer be accepting PayPal for payments of your club bills. It has proven to be too expensive to use.

You may still pay all your club obligations with Venmo or Zelle, or of course cash or check. Thank you!!

—Peg S.

## Basket Raffle

Sue Nelson



**2024 Basket Raffle**  
**October 21, 2024**  
**6-9 p.m.**

Four-Star Event Catering  
595 Princeton Blvd.  
Wenonah NJ

Thank you to all our awesome members. Your help and support are appreciated.

### Baskets

We have sold 157 of our spots for the basket raffle. Please continue to share our flyer with friends, family, and organizations you may belong to. If you have not reserved your tickets yet and need

help or information to do so, please contact Sue Nelson.

We have 46 baskets promised with the possibility of a few more. Our raffle is going to be fantastic!

Our super basket this year will be a combination of all five major Philadelphia sports teams. Sports baskets are always a huge hit.

### Deadlines

**September 6** – Business donations. If you solicited a local business and they have not yet

given you their donation, please contact them to see if they have it ready. Please remember that if a business makes a donation, we need the value of the donation and contact information so a thank you note can be sent after the event.

**September 15** – Unwrapped baskets due to Peg Shirey or Pixie O'Hara.

**September 30** – Wrapped baskets due to Jody Harris, Peg Shirey, or Pixie O'Hara.

Creativity is a natural extension of our enthusiasm.  
—Earl Nightingale

## Arts and Culture

Ann Caswell

Welcome to new committee members Bonnie D. & Margaret O., joining veteran members Susan D., Kat N., and Sharon H. We are looking forward to a new club year filled with creativity.

### Pumpkin Project

We have a fall project planned for Thursday, October 1 at 6:30 p.m. at St. Paul's Church. We will be making a "Fall" pumpkin project with fabric and embroidery hoops. This can be used as a "shelf sitter," centerpiece, or door décor. If interested, please bring \$10.00 to the September meeting to cover supplies. We will provide embroidery hoops, glue, some fabric and embellishments. Please bring scissors, fabric of your choice or



scrapbook paper and embellishments. Hope to see you there!

### Angel Blankets

All "Angel Blanket" crafters please remember to bring your blankets to the September meeting. Thank you all for working on this project.



Linda & Bill J. are proud to announce that their daughter, Cindy, is now Doctor Cynthia Cobb as she completed her DOCTOR of NURSING PRACTICE and will walk in cap & gown distinction at Thomas Edison University in October. Congrats!

Corey Ratcliffe, grandson of Linda & Bill J. received the West Deptford High School Robert A. Staib Memorial Award of \$10,000 for his scholarship, top of class, national honor society, thoughtfulness, kindness, and helpfulness to others in the WDHS senior class. He is now attending the University of Delaware. Congrats!

# History Spotlight

Linda Jones

The legacy of our club through its history is a foundation saved and preserved for future generations. Club History is a look at occurrences by organizing the past into projects, community service, events, and programs which impact the lives of our club members and township.

Our president, Janice, met with several past presidents to collate our club records. Denise H. took on the enormous job of scanning the club minutes of the past in order to have an electronic record of our history.

We will research the past and see how close we are to members who have been part of our NJSFWC through the Junior Woman's Club and the GFWC Woman's Club of West Deptford in serving our community for fifty years. I look forward to reporting on these members as we collect more information.

## Scrapbooks

Each club president has been presented with a "club scrapbook" highlighting her accomplishments during her tenure. From these books we understand the past and present.

One unique club experience was weathering through the historic pandemic: tweaking projects; the raising of monies for charity; meeting annual scholarship awards; and inventing new ways to achieve goals. It was a pleasure to assemble this important timetable, record of pictures, and a 50-page scrapbook explaining those pandemic years for our past president, April.

Shown are a few of the pages depicting a most difficult time in our club's history. Who would ever forget those famous "masked" pictures of everyone following the pandemic protocols? The outdoor meetings? Or the delayed installation for the board members? With perseverance we

overcame these difficulties to accomplish our goals. Our club is an adventure in the making!



# Federation News

Cynthia Holmes-Butler

## Garden District Meeting

will be September 19th in the evening at St. Paul's Church.

There's still time to join this event! Come out for a light dinner and an informative meeting. Meet other club women from all over our district. At the June Garden District Meeting 86 members attended!!

If you are bringing a donated item please be there at 5 p.m. to help set up. Registration starts at 6 p.m. and a light dinner and meeting starts at 6:45 p.m.

Please let Jody know if you'd like to sign up!

Hope to see you there.

Cynthia Holmes-Butler,  
Federation Secretary



NJSFWC FUNDRAISER: Three members went to the Lobster Shanty in Point Pleasant in August. Denise H., Cheryl F. & Nancy B. enjoyed lunch and a basket raffle.

# Greater Woodbury Cooperative Ministries

Joan Baur

Summer of 2024 was a very busy time at the Greater Woodbury Cooperative Ministries (GWCM) main food pantry. Besides the usual food



distribution, "lunch boxes" provided by the state, a Father's Day gift, and school supplies were given to the clients. Our club members supported the last two projects.

In June 125 male adults received underwear and socks for Father's Day. In-kind donations of \$175 and 15 volunteer hours were recorded for this project.

## Back to School

The Back-to-School Supplies collection and distribution was a big success. Although we were scheduled for four give-away days, the supplies were

depleted on Day 2. Two hundred and fifty-four students received new supplies to start their school year. Many thanks to the club women who shopped, donated, packed bags, and distributed the supplies. Your assistance was definitely appreciated. In-kind donations of \$770 and 33 volunteer hours were recorded.

## Friends Helping Friends

Boscov's Friends Helping Friends shopping passes are being sold to support the food pantry. I will bring passes to the September and October meetings. The cost is \$5.00. Shopping day is October 22.

## Civic Engagement/Outreach

Linda Clark

### GFWC National Day of Service September 28

#### Reduce Food Insecurity

For our day of service on September 28th, we are again collecting food for the local food banks: Colonial Manor Methodist Church and the Dream Center.

Items most requested are: complete pancake mix, pancake syrup, cereal, pasta, pasta sauce, peanut butter, jelly, and canned tuna and chicken.

Donations for the church can be dropped off at Nancy B.'s house. Donations for the Dream Center can be dropped off at Cynthia's or Peg S.'s houses. If you are unable to drop off items bring them to

the September meeting or contact Linda Clark to help with that.

Cynthia H-B. has been our point person for the Dream Center. She says: "Pixie O. has done a great job collecting food over the summer: 198 lbs. since June! Please drop your food donations at my house or Peg's, or call Pixie and she will pick them up!"

Thanks, Cynthia, for your boundless enthusiasm for helping the Dream Center!

### Operation Holiday Stocking

We stuffed 50 stockings to be sent to our troops. We were able to purchase many of the requested items with the monies that were donated to add to the items you purchased.



If you can't feed  
a hundred people,  
then feed just one.  
—Mother Teresa

# Socially Speaking

Jody Harris



Welcome, New Board!

Welcome Back! We hope everyone had a wonderful summer and are ready to join in our fall activities.

Thank you to everyone who came out to support our JUNE EOY Installation dinner at Charlie Brown's. It was a wonderful evening that culminated with our new board being installed. Congratulations to our new officers.

The August book club had quite an in-depth discussion following the reading of *Little Ray of Sunshine*. Everyone who participated enjoyed the book and it was one of our longer club meetings. Our Welcome Back Happy Hour at Charlie Brown's was a successful mixer where everyone enjoyed drinks and appetizers with their club sisters.

Your social committee has been working through the summer months to line up events for everyone to enjoy. Please check dates, times, and keep in mind the RSVP dates where noted. Any questions, reach out to a member of the social committee. If you have suggestions, we'd love to hear from you.

## WEDNESDAY, SEPTEMBER 25, 2024: Mexican Independence Day Breakfast

at La Tentacion 10:15 a.m. RSVP by September 18th to Jody as space is limited.

We hope you can join us in this collaboration with the Art/Culture committee to celebrate Mexican Independence Day. Ordering from the breakfast menu with separate checks is welcomed. I will put out a notice of who is attending so carpool arrangement can be made. Each attendee will be responsible for purchasing her

own breakfast. Check out their website/Facebook for menu options.

## MONDAY, SEPTEMBER 30, 2024: "Coffee Flights"

at Death of the Fox – 119 Berkley Rd Unit B, Clarksboro. RSVP

by September 23rd to Jody with the time you are interested in, as space is limited.

Please join us to celebrate National Coffee Day (9/29) or International Coffee Day (10/1). Select your one-hour time slot: 10 a.m., 11 a.m. or 12 p.m., as well as which flight you are interested in; a hot flight or an iced flight. Each flight consists of four (4) coffees. Hot flights are \$15.00, and iced flights are \$12.00, payable that day. For your convenience they sell muffins and granola bars for you to enjoy, or you are welcome to bring your own snack(s).

## TUESDAY, OCTOBER 8, 2024 Penn's Peak for The Patsy Cline Tribute Show: Memories of Patsy CANCELED- due to lack of interest.

## WEDNESDAY, OCTOBER 30, 2024: Halloween Breakfast

at Piston Diner 10:00 a.m. RSVP by October 23 to Jody.

Ordering from the breakfast menu with separate checks is welcomed. I will put out a notice of who is attending so carpool arrangement can be made. Each attendee will be responsible for purchasing her own breakfast.

Check out their website/Facebook for menu options.

## WEDNESDAY, NOVEMBER 6, 2024: Zoom Book Club Meeting

7 p.m. RSVP by November 1st to Jody to be put on the Zoom Invite list

We will be discussing: *The Women* by Kristin Hannah

## FRIDAY, NOVEMBER 8, 2024: Paint & Sip Night

6 p.m. at Paint-A-Treasure, 615 Station Ave., Haddon Heights

Paint-A-Treasure is currently working on the flyer to announce our evening, and the two selections that will be available to choose from. When information is received it will be sent to membership. Registration will be online, at which point you will select your project, and payment will be made. These events sell out quickly, so make your reservation to be assured a seat. Participants are welcome to bring adult beverages and snacks. Should you sign up for this event, please let me know for record keeping.

## WEDNESDAY, DECEMBER 11, 2024: Holiday Dinner at Seven Star

6 p.m. More information to follow next month. I am looking to bring back the cookie exchange. Please let me know if you are interested in participating.

Jody Harris, Kat Nixon,  
Linda Clark, Cynthia Holmes-Butler



## Advocates for Children

Karen Hink

Advocates for Children begins our club year. Reminding those that crocheted blankets for Inspira Hospital, please bring them to September's meeting. This year we will continue to support our communities as Volunteers at Elementary School Holiday Shops and Book Fairs.

### Birthday Cake Kits

We are planning to collect items and assemble birthday cake kits for Emmanuel Cancer

Foundation in October. If you'd like to donate in advance, each kit needs a cake mix, tub of prepared icing, sprinkles, candles, a 12-ounce can of lemon lime soda, a disposable covered, 9x13 inch baking pan, and a small generic toy or stuffie.

### Ronald McDonald House

We would like to host a craft night at Ronald McDonald House in Camden. More information will follow.

### Stuffies for Police Department

We will be providing stuffed animals as needed to our local West Deptford Police Department as comfort to children when needed.

### Walter the Therapy Dog

In a combined initiative with the State Special Project, we are going to support the Therapy Dog (Walter) at GC Child Advocacy Center with supplies. That collection will be in January.

## Arts Performing

Cheryl Fairchild

### District Performing Arts

Can you sing? Dance? Like to perform skits? If so, consider performing in the Garden District Performing Arts Festival! Categories include: dramatic readings, individual and group musical performances, monologues, skits, and plays. The Festival will be held on March 28, 2025 at Salem County College. Let me know if you are interested!

### Upcoming Concerts

If you are interested in live music check out the Scottish Rite Auditorium in Collingswood. They have a number of concerts coming this fall, including Graham Nash and Judy Collins. Parking is free, tickets reasonably priced and the auditorium has great acoustics.

### & Juliet

If you are interested in going to NYC, consider seeing & Juliet. My daughter and I recently saw it and the story is great and the singing and dancing were fabulous.

### NEWSLETTER PHOTOS:

Please don't text photos for the newsletter. They tend to get lost among my personal photos. To be sure I receive your photo and save it properly for Tidbits, please email it as an attachment. Thanks so much!  
-Dee H., newsletter editor

Acting is magical. Change your look and your attitude, and you can be anyone.

—Alicia Witt

## Education

Ellen Sanker



SCHOLARSHIP WINNERS: Scholarship Committee Chair Ellen S., assisted by Linda M., presented \$1,000 scholarships to, from left, Jescenia Diaz, Isabella Mackey, and Katelyn Lee. Congrats to the winners, and thanks to the committee!



# Health and Wellness

Chris Taylor

## 1. Food Pantries

- A. South Jersey Dream Center—  
286 lbs of food; \$100
- B. Colonial Manor Food Pantry—  
845 lbs of food; \$760
- C. GWCM—100 lbs of food; 135  
bras, in kind \$300; men's under-  
wear, in kind \$175

## 2. Clothing Donations

- A. Angels Community Outreach —  
537 lbs of clothing; 75 lbs food
- B. Jeannette's Closet—706 lbs of  
clothing

## Let's Get Moving!

NJSFWC is challenging its members to get moving to combat cardiovascular disease. Conditions affecting the heart and blood vessels (heart attack, stroke) kill more than 20.5 million people combined worldwide each year. Members are encouraged to track their walking and other exercises. This is similar to the 130 Challenge, but we encourage more members to start exercising. Chair yoga is a good way to easily work out if you are unable to walk. There are many YouTube videos on chair yoga. One is called: **"Chair Yoga for restricted mobility & Seniors 65 and up - 20 Minutes."** Try it!

Also, Gloucester County is sponsoring **"Yoga on the River"** Sept 11th and 25th (10-11 a.m.) at Redbank Battlefield. Preregister at (856 )218-4112.

The Philadelphia Inquirer had an article on Sunday, Aug. 25th, entitled, **"Yoga might protect against cognitive decline."** Now that's a good reason to start!

## Walking Group

Carol D. is starting a walking group that meets monthly on the first Tuesday from 10-12. She plans to have the group walk at various parks in the area. The first one is at Redbank



Battlefield on Tues, Oct 1.

Please keep track of your **TIME** (any exercise) and report it to Karen Hink monthly. Below are articles on exercising. The number 1 exercise as we age is doing squats.

## Bras & Purses

This fall there are 2 sewing projects that we will talk about at our meeting. Also, we will be collecting new and used bras for "Free The Girls" and DV and filling pocketbooks with toiletries again. Jeannette's Closet in Woodbury was extremely grateful for them last year. We will also send some to Seeds of Hope in Camden. Save your BRAS and SMALL pocketbooks!

On Oct 20th at Cooper River **"Making Strides"** (against breast cancer) is being held at Cooper River Park. It's a 3 mile walk at your own pace. There are water stops, porta potties, interactive tents for all ages, and sponsors around the field. The walk starts at 10 a.m. with the survivor lap at 9:45. Linda Marple is heading this.

## Clothing Collection

We are asking you to take your used clothes to either Jeannette's Closet in Woodbury (Jackson St.) or Angels Community Outreach in Pitman. Please estimate the weight and let

Carol D. know.

## Welcome New Leader!

This is my last time as leader of this amazing group as Carol Dechen takes over and leads the way! —Chris T.

## Links You Can Use

◇ [https://health.gov/sites/default/files/2021-07/PAG\\_MYW\\_FactSheet\\_OlderAdults\\_07-08\\_508c.pdf](https://health.gov/sites/default/files/2021-07/PAG_MYW_FactSheet_OlderAdults_07-08_508c.pdf)

◇ <https://www.healthday.com/a-to-z-health/exercise-fitness/how-to-start-exercising-2659061132.html>

◇ [The Benefits of Having a Regular Squatting Routine \(webmd.com\)](https://www.webmd.com/fitness-exercise/news/2019/07/24/the-benefits-of-having-a-regular-squatting-routine)

◇ <https://www.healthday.com/health-news/exercise-and-fitness/take-the-stairs-step-up-to-longer-life>

◇ <https://www.healthday.com/health-news/exercise-and-fitness/getting-your-exercise-in-nature-may-bring-added-benefits>

◇ <https://www.healthday.com/>



THANKS to Denise and Denise, the "Double Ds," for performing the "Key" Installation ceremony in June.

# Domestic Violence Awareness

Linda Marple

"A good friend is like a good bra... Close to the heart and always there when you need support."

—Unknown

In October the DV committee is partnering with Health and Wellness and will be collecting Bras...used and new. Health and Wellness will be collecting used bras to be shipped to Africa to help in fundraising there. DV can only collect new bras for Women in our shelter. Please give all bras to Linda Marple. Also let us know your \$\$ and in-kind donation amounts. Used bras can be counted as \$2 in-kind donation.

The Domestic Violence committee will collect three times a year. As stated above we will be collecting new bras in October. If you do not wish to buy bras, we always appreciate cash donations. Carol S. will be handling the DV collection box this year. Any amount is appreciated. For every \$25 collected, we purchase a gift card to be given to a new woman who enters the shelter. She can use it for incidentals needed when she left her home in a rush. We usually give Wawa gift cards if you want to purchase one.

Right now, the Center for Family Services has also asked for Donations. This organization is the umbrella organization over SERV (Services Empowering the Rights of Victims). If you choose to donate to them instead of our October collection, let Linda Marple know the amount you donated and it will count toward our October collection.

### From CFFS

Every child deserves to feel excited and prepared to start a new school year. Your help is needed to make that feeling possible.

With your online gift, you can make sure a child has the things they need to heal and continue to learn:

- Brand new, sturdy, unfilled backpacks
- New expandable duffle bags for teens living in our homes
- Access to Chromebooks, tablets, and learning stations
- Enrichment activities to support learning for all ages

- Trauma response counseling
- Clothing and other school-related necessities

With your gift, you can prepare a child for a year of learning.

Your gift of \$10 will create a path to healing through art therapy. Your gift will provide art supplies, giving a child the chance to heal through art therapy.

Your gift of \$20 will provide a brand new backpack or duffle bag to a child or teen who is in the care of safe housing and returning to the classroom.

Your gift of \$50 will give a child a chance to experience joy through activities that broaden horizons and expand learning opportunities, which is critically important for a child who has experienced trauma in their past.

Support a successful school year and donate today.

[Click here to donate today](#)

## Special Club Project:

Family Promise

Jeannette Wood



### A New Home

On August 1st Family Promise opened their newest home project in Bridgeport.

Thanks to IKEA Philadelphia, what

started as a kitchen renovation turned into an every room renovation, including furniture, appliances, cabinets, and much more.

With donations of time, talent, and materials from community partners, another transition house is in our area to help homeless fami-

lies needing help getting back on their feet.

We continue to support this organization with donations of duffle bags.

**Thank you so much for your continued support to help the homeless in our community!**

# Environment

Patty Wyzykowski

## Plastics Recycling

We hope you had a wonderful summer! As you know, during the past two years our Environment committee project focused on the recycling of plastic beauty product containers. That particular recycling program was discontinued by the Nordstrom stores.

We have discovered a company called Eco Plastic Products of Delaware (ECOP), which is based in Wilmington, DE. ECOP accepts #2, #4 and #5 plastic containers for recycling. They use the recycled plastic to create garden benches, raised garden beds, picnic tables and many other products. The company can accept 50 lbs of plastics per group each month.

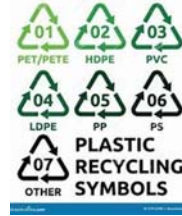
We would like to continue recycling plastics as a club project. Initially we will concentrate on collecting a couple types of plastic. The first is prescription medicine containers. Most

prescription medicine containers are #5 and they are not recyclable through our Township.

The second type of plastic is bottle/container lids. ECOP accepts all plastic container lids (water bottles, juice bottles, cleaning products bottles etc.) The bottle lids are also not recyclable in our town.

**PLEASE NOTE: IT IS VERY IMPORTANT THAT YOU REMOVE THE LABEL FROM THE PRESCRIPTION BOTTLES AND ALL CONTAINERS AND LIDS HAVE TO BE CLEAN.** Soaking the medicine bottles in hot water may make it easier to remove the labels. You can bring your medicine containers and lids to our meetings each month.

The recycling number can be found on the bottom of plastic containers. A sample of how the numbers appear is



shown to the left.

Prescription medicine containers are pictured below.



Check the bottom to make sure that the recycle number is #4 or #5.

Although we are continuing to focus on the recycling of plastics as our club project, we will welcome any suggestions about environmental activities that you feel would be enjoyable and beneficial for our members to pursue.

Thank you for all that you do to help green our world!

—Patty, Denise P., Dorothy & Isabella



## NOTE CARD SERVICE

Five note cards for \$20, including writing notes, stamps, and mailing. Or take them and write them yourself if you prefer. An easy monthly fundraiser for our club.

See Lisa Hunter!



MEET AND GREET at NJSFWC Headquarters to meet the newly installed State Executive Committee. Five of our members enjoyed our time there: Denise H., Clara, Kim, Joan B., and April.



## GFWC Woman's Club of West Deptford

P.O. Box 381  
West Deptford, NJ 08086

President: Janice Morrison  
president@wdwomen.org

Membership Chair: Ann Caswell  
856-534-3077  
membership@wdwomen.org

*Community Service*  
*Spiced with Friendship and Fun*

### UPCOMING

Sept. 6 Deadline Basket Raffle  
Business Donations  
Sept. 10 Regular Meeting  
Sept. 15 Unwrapped Baskets  
Due to Peg or Pixie  
Sept. 19 Garden District Council  
Sept. 25 Mex. Indep. Day Breakfast  
September 28 Hoagie Pickup  
Sept. 28 GFWC Day of Service  
September 30 Wrapped Baskets  
Due to Peg, Pixie, Jody  
Sept. 30/Oct. 1 Coffee Flights  
October 8 Regular Meeting  
October 21 Basket Raffle  
Oct. 21 NJSFWC State Fall Conf.

Website: [wdwomen.com](http://wdwomen.com)  
Facebook:  
[womansclubofwestdeptford](https://www.facebook.com/womansclubofwestdeptford)  
Instagram: [wcofwestdeptford](https://www.instagram.com/wcofwestdeptford)

### Committee Collection Schedule

- ◆ Every month—Food pantries
- ◆ Special State Project — Priority
- ◆ September: Civic Engagement: Collecting for Day of Service, September 28th. Non-perishable food items for both the Dream Center and GWCM/Colonial Manor. Items like cereal, peanut butter, complete pancake mix, canned goods, etc. will be collected at the September general meeting.
- ◆ October: Domestic Violence, Health and Wellness, Advocates for Children
- ◆ November and December: Civic Engagement Wreaths of Remembrance
- ◆ January: Family Promise, Civic Engagement, Advocates for Children
- ◆ February: Health and Wellness, Domestic Violence
- ◆ March: Advocates for Children
- ◆ April: Family Promise, Domestic Violence
- ◆ May: Education/GCI, Health and Wellness/GWCM
- ◆ June: Family Promise

## Thank You Notes

### Dear Secret Pal

Dear Secret Pal,  
I wanted to thank you for the Disney cups you gave me in June. They are perfect for little hands to hold, and the two youngest do well with the cups when I put a straw into them. They got a lot of use this summer when I had the four little ones together. They also work well when giving the grands ice cream to enjoy. The cups are just the perfect size. I hope you had a wonderful summer. —Thanks again, Jody

Dear Secret Pal,  
Thank you for all the wonderful gifts given at our last meeting in June. I have been able to put everything to good use. I love what you are picking for me! I also had a surprise in the mail yesterday! Thank you for the Wawa Gift card! We routinely stop at Wawa on our way to the shore, and this makes a perfect lunch. —Love, Janice

Dear Secret Pal  
Thank you so much for the Phillies and Eagles planters. They look awesome on my porch and I love supporting my favorite teams! You are so good to me. I can't wait to find out who you are!! —Cheryl

Dear Jan,  
Thank you for spoiling me with the Valenzano Cranberry White Wine, Cinnamon/Spiced Vanilla Candle and the Red/White/Blue Gnome. I always looked forward to the surprises you left me. You have been a wonderful Secret Pal!  
—Warmly, April

Dear Secret Pal,  
I want to Thank you so very much for all the wonderfully, thoughtful gifts you have bestowed on me 😊 The fun summer themed items you gave to me at our Installation Dinner, I have used this entire season and the adorable Fourth of July themed gifts, that were found on my porch, are so loved and being enjoyed!! Much thanks, ♡ —Lisa

### Thank You Notes

First, I want to thank all members of the WCWD for all the support you gave me during my term as President of our amazing club. It has been a pleasure to work with all of you! A special thank you to Janice M for the beautiful flowers and wonderful scrapbook as well as Linda J.

for the equally special scrapbook. Both reflect amazing memories with all of you. I look forward to continue to contribute to the WCWD as we continue to grow and thrive. Warmly,  
—April

Dear Sisters in Federation,  
Friendship and Health,  
Thank you one and all who sent a card or a text, who made a phone call or a dinner or who arranged for a gift card. Your thoughtfulness and generosity were so appreciated. Both knee surgeries went well and I am feeling blessed to be a part of this group of women who help lift each other up without a second thought. You all are amazing.  
—Thank you again, Carol D