



Tidbits

Volume 31 ~ Issue 5

January 2025

**GFWC
Woman's Club
of West Deptford**

Next Meeting
Tues. Jan. 14
6:30 p.m. on Zoom

Refreshments
None this month

January Birthdays

6—Kat N.
7—Nancy D.
10—Holly R.
13—Joan E.
21—Sue N.
30—Tracey H.



GFWC Woman's Club of West Deptford

Member of
General Federation of Women's Clubs (GFWC),
New Jersey State Federation of Women's Clubs (NJSFJC),
Garden District of NJSFJC.

President

Janice Morrison
president@wdwomen.org

Membership

Ann Caswell
856-534-3077
membership@wdwomen.org

President's Message

Janice Morrison

"You gain strength, courage, and confidence by every experience in which you stop to look fear in the face... You must do the thing you think you cannot do."

—Eleanor Roosevelt

Happy New Year Everyone!

With the new year, we begin to look inward and outward to examine what we might want to tweak in our own lives and in how we help in the lives of others. We make such a positive impact on our community, no matter how subtle. Through the report writing process, we begin to see and understand how much effort goes into what we do. Be proud!

Reports

I know I have been talking about this for a while, and I will give it one more go. Our New Jersey State Federation of Women's Club (NJSFJC) President, Barbara McCloskey, made the report writing extremely easy. That said, for our club, it means moving several projects around, which might feel a bit uncomfortable. For example, what might have been a Health and Wellness project is now under Civic Engagement and Outreach. Much of their agenda of projects is moving. If you watch any of the baking or cooking shows, this would be

the "twist." The bakers always moan when it happens but, in the end, are incredibly proud of their accomplishments.

In the Zoom presentation "Report Writing Made Easy" I shared a spreadsheet and a PDF so you can see where your projects should be reported this year. I also shared a "Project Worksheet," adapted from the one sent by NJSFJC, so you can easily keep track going forward. When you work on a project, simply fill out the form and save it until you need to give your statistics and writeup next year. Jody and I are both available to help you if you have questions. Reports are due January 9th.

January Garden District Meeting

As of this writing, five members are attending the January District Meeting on January 16th. This is being held at the Porch Club of Riverton's Clubhouse. **Calling all Chairs...** I need a one or two-sentence write-up on projects each committee is working on in the next 3 months. As president, I get to brag about all your upcoming plans at the meeting. Please email me no later than January 14th. If you would like to attend the District Council meeting, please let Cheryl Fairchild know so we can give an accurate count for

the meeting. It is an opportunity to meet women from all over the Garden District.

Meetings

This is a reminder that the January 14th meeting will be held on Zoom, so we don't have to worry about inclement weather. The Zoom link will be sent before the meeting. February we will be meeting at River-Winds.

In Federation Friendship,

Janice



**Pizza is a circle.
Pizza is my life.
Pizza is the circle
of life.**

—Ed Sheeran

First Vice President

Jody Harris

Thank you, thank you, thank you. We are done with our major fundraising, for now. We will be looking into spring flowers once again with Michael Williams Florist.

I want to thank everyone who so generously participated in our December La Sicilia Pizza fundraiser. I hope you will join in for our January La Sicilia Fundraising event. I will receive our profit when the second fundraiser has been completed.

La Sicilia Pizza

Once again we have booked a fundraiser on Wednesday, January 22nd from 4-8pm giving us 20% of the funds collected during those hours. The patrons have to mention the Woman's Club of West Deptford when ordering. Please ask your family, friends, neighbors to order that evening. Several organizations in the community do this fundraiser and find it to be very successful. La Sicilia will allow us to do this one day a month on a Tuesday, Wednesday or Thursday. If it

ends up being profitable, we may try to continue this fundraiser.

Other Fundraising Opportunities

If anyone has suggestions for fundraising, I am more than willing to talk with you. I have noticed that we are doing the same events as schools, churches, and other civic organizations in our area. I am looking for something that no one else in the area does. I am open to investigating any suggestions you might have.

Volunteer Hours

We are now done with our fourth quarter hours (October-November-December), and I am asking for those hours so they can be added into our EOY reports. I don't need to know how you accumulated them, just the total of hours. Thank you to those who have already sent them to me. I know this is a busy time of year for all, but if you could just take a few moments to send your number, it would be greatly appreciated. Keep a record yourself for your committee reports as they will be needed for end-of-year reporting. If you are not sure if you have already given me your total hours, please reach out and we can doublecheck. I am awaiting hours from twenty (20) of our club sisters.



Your fourth quarter hours began in October and concluded in December. Meetings now count as two (2) hours and for a meeting that includes a speaker add one (1) additional hour. ALL of our meetings except for January, June, and December have speakers. Also add any other activities, committee meetings, social functions, anything that pertains to the club that you attended. If you have trouble figuring your hours, please don't hesitate to reach out to me.

In January, you will please start counting your hours for our first quarter, which will encompass January, February and March. You can give me month by month hours or all at one time in late March.

Thank you for your continued cooperation and support with our fundraising endeavors.

—Jody



Second Vice President/Membership

Ann Caswell

New Members

We have at least two ladies who will become members in the new year. I would like to continue the mentorship by our veteran members. Since our January meeting is on Zoom, we will continue this at the February meeting at RiverWinds. Again, thank you to our mentors.

Last Call for Secret Pals!

Cynthia and I will be putting together the Secret Pals for the new year.

We don't have many members who have signed up, so I wanted to reach out one more time. Please respond ASAP if you are interested. Hope you can join!

—Ann



Programs for 2025

Janice Morrison

Dear Secret Pal

From the President

If you have an interesting topic and would like to invite a speaker for the 2025/2026 year, please email Janice Morrison at janice.morrison@verizon.net. Please do not text the information as it will get lost in the shuffle.

Dear Janice Morrison my secret pal, Thank you so much for the wonderful gifts throughout the year. I had no clue you were my secret pal until revealing time. What a great surprise!! I was able to purchase some amazing items with the gift cards, like a kitschy Betsy Johnson Cherry Coke purse and wallet combo that I have had my eye on it for a while. I was finally able to buy it as something I would never normally buy for myself but really wanted. My family and I love the gnomes and the other decorations also. Once again, thank you so much for being my secret pal.

—Sincerely, Kristen C.

January 2025	None – Zoom meeting
February 2025	Dr. Brian Gismondi, Superintendent of West Deptford School District
March 2025	Child Advocacy Center of Gloucester County: Suzanne Nelson-Hoolahan, Director, and Detective Dan Farid, with Walter the support dog.
April 2025	Male Breast Cancer Awareness
May 2025	Barbara McCloskey, NJSFWC President
June 2025	None – End-of-Year Dinner
September 2025	TBD
October 2025	Girls Career Institute

Dear Jan A., Thank you for my favorite Cranberry White Wine, Sparkling Cinnamon Yankee Candle, Creations Tangerine Lotion, and Memories Photo Album. You have been a wonderful Secret Pal this year and your gifts have been thoughtful and generous. Thank you for making me feel so special this past year. May you and your family have a fabulous 2025. Happy New Year!

—April

Domestic Violence Awareness

Carol Scancella

“Defeating human trafficking is a great moral calling of our time.”
—Condoleezza Rice, former U.S. Secretary of State



Human Trafficking Awareness Month

January is Human Trafficking Awareness Month. Let's start by defining what human trafficking entails. This is when "individuals are made to perform commercial sex through the use of force, fraud, or coercion."

Just as with domestic abuse, human trafficking is something that can affect anyone.

However, people of color and LGBTQ+ individuals are more likely to be targeted. Anyone in a vulnerable position could be singled out. Certainly any unstable living environment and a history of sexual or domestic abuse makes people more vulnerable. Poverty or substandard living situations are also a factor. If someone has been in the

juvenile justice system, they could also be in jeopardy. Children in the child welfare system or those that are repeated runaways are also vulnerable. Any family situation that involves abuse of drugs, alcohol or other substances can cause people in that environment to be easy prey for traffickers.

Remember, traffickers, like domestic abusers, can be anyone—familiar or strangers.

People are often lured by the offer of a desperately needed job that doesn't really exist. There can also be individuals whose first language is not English that are often taken advantage of in trafficking situations. They may sign documents without comprehending the full consequences.

Human Trafficking is a diverse and complex crime. Everyone needs to be aware of the dangers and pitfalls. Although it may seem trite, remember to

watch what you are putting out into the universe on social media.

I never gave human trafficking much attention until a conversation with my daughter. She and her husband lived in the northern portion of Michigan with easy access to the Canadian border. She shared that they have to be careful with their daughter, who is an adopted bi-racial child, when they travel to Canada. They always carry a copy of the adoption decree to prove she belongs to them, lest anyone question them. I was shocked and dismayed. The problem is more widespread than I had ever imagined.

Domestic Abuse Hotline: 800-572-7233 or 866-295-7378.
Human Trafficking Hotline 888-373-7888.

Domestic Violence Committee: Linda Marple, Nancy Barna, Carol Scancella

Federation News

Thank you for Hurricane Donations

\$7,780 was collected across the state and is being distributed to the locations that were requested.

January ALMANAC Online

Check out the January ALMANAC, the NJSFWC newsletter, online on the NJSFWC website! Go to:

<https://njsfwc.org/materials/> and select "ALMANACS."

Grant Committee Looking for volunteers

to help us find funds for GCI and other programs, Contact Debbie Cibelli, NJSFWC Financial Secretary at cibelli@njsfwc.org if you have an interest.

Cynthia Holmes-Butler

Leadership/Membership Workshop

Learn how leadership and membership work together to strengthen your club and prepare for its future. All club leaders are welcome, along with leaders-to-be!

January 25, 10:30-noon at Headquarters. RSVP chambers@njsfwc.org

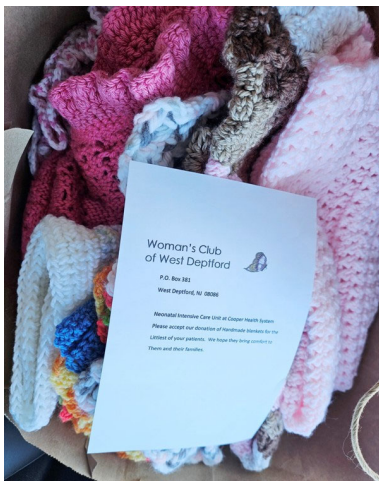
Advocates for Children

Elementary Schools

Thank you to all who volunteered at our West Deptford Elementary Schools Holiday Shops. A great time was had by all and our club logged 36 volunteer hours of help to the PTOs.

Angel Blankets

I made the final drop off of Angel blankets to the NICU at Cooper Medical Center. An additional 15 blankets were delivered.



Day of Service January 20th

Advocates for Children will be organizing and collecting items for January Day of Service. We will be supporting the Center for Family Services Organization.

Our January Club meeting will be virtual, via Zoom, so if anyone wants to participate and donate early you can drop off to my house before January 20th or I can pick up from you. Cynthia H.B has kindly offered her house as a drop-off as well.

To make this initiative a huge success, we suggest reaching out to friends and family to contribute or engage any groups of which you are a member. You could order from Amazon and have items sent directly to me or Cynthia.

We will be collecting Newborn and Baby Essentials, brand new, high-need newborns and baby items. They will assist parents engaged in programs

that are designed to prepare new and expectant parents by teaching them new skills and supplying items whenever possible.

Suggested new items include:

- diapers of all sizes
- baby wipes
- formula
- bottles and bottle cleaners
- burp cloths
- teething rings
- onesies
- new pajamas
- educational & developmental toys
- care packages for moms
- new board books (Spanish language or bilingual a plus) for newborns, toddlers and pre-school age children

Advocates for Children Committee: Karen Hink, Barb Oldt, Pixie O'Hara, Karen Brown.

Special State Project: NJCA

New Jersey Children's Alliance

Denise Pitchford

Our Special State Project Committee thanks you for all your support this past year for the NJFWC Special State Project, NJ Children's Alliance (NJCA). We have collected and given to the Woodbury Child Advocacy Center:

- 48 backpacks filled with school supplies
- 50 hand-sewn children's bags filled with small children's items
- \$250 in Lyft, Uber, Walmart and Target gift cards

You all were so very generous with your donations!



Thank you also for welcoming Executive Director Debbie Riveros of the NJCA. It was wonderful to hear all

the resources that are provided through the State of NJ to help stop child abuse.

We will continue to collect monies monthly towards gift cards that help the families that seek aid through our local Child Advocacy Center.

Our committee will also be investigating offering to our community in 2025 the 2-½ hour Know & Tell Child Abuse Prevention Trainings that are conducted through the NJCA.

More details to follow.

Arts and Culture

Ann Caswell

Beautiful young people are accidents of nature, but beautiful old people are works of art.
— Eleanor Roosevelt

Cards for Nursing Home

Holiday Card Making was held December 5th at Denise H.'s home. Thank you, Denise, for your prep work and for hosting.

We had 16 members in attendance. Over 100 beautiful cards were delivered to Atlas Rehab/LTC facility for their patients. Thank you to all who attended. Its always so interesting to see everyone's creativity.

Happy New Year to our club sisters! Best wishes for a Happy Healthy 2025!



Committee: Ann Caswell, Susan Degnen, Kat Nixon, Bonnie Dann, Sharon Hink, Margaret O'Donnell

Let's Get Moving!

Carol Dechen

Did you know there is an actual "Quitters Day" for New Year's resolutions. Who knew? I sure didn't. YUP, This year it is Friday, January 10th 2025. The idea of New Year's resolutions began some 4,000 years ago. And, back then it did not start on NY eve. It started with the Babylonians started on the first moon after the Spring equinox which was mid-March.

Okay so why have a name for the day you decide to forego any dreams of the goals you set for the New Year. Easy, it's to recognize those who set new year goals and fail to follow through and meeting those goals meant to make improvements in different areas of your life.

Apparently research has proven that most people give

up on the NY resolutions within the first 2 weeks of January. One of the major reasons for failed NY resolutions is that the goal is too ambitious. People start with a lot of enthusiasm to make positive changes in their life and yet lose the desire as time passes and thereby lose their motivation.

So what is the key to making and sustaining positive changes whether it be exercise, eating healthy or losing weight. And what are the key takeaways for sustaining these new goals. Making short term and long term goals are much more realistic rather than one lofty ginormous goal.

Lets remember some basic ideas to have success for setting and maintaining goals:

- 1) it takes a minimum of 21 days to change habits
- 2) and it takes 66 days for these new goals to become automatic

Some may say, "How do you make my resolutions stick?". It is recommended, to write down your goals in small and long term goals. Example: short term, I will go to the gym 3 times a week for the month of January. Long term goals, By May of 2025, I will be ready to ride from NJ to DC with the Police Unity Tour to honor my husband's 25th anniversary.

My message to you —> Don't be a quitter 😊. I'll see you at the Deptford Mall (Red Robin) on Tuesday morning, 8:45am and we can make our goals come true.



Socially Speaking

Jody Harris

WELCOME 2025...

Please read through the list of offerings and be sure to RSVP for the events that you wish to attend. Please check dates, times, and keep in mind the RSVP dates where noted. Any questions, reach out to a member of the social committee. If you have suggestions, we'd love to hear from you.

WEDNESDAY, JANUARY 15, 2025: 10am—Pop-Up Brunch at Panera Bread

This event is scheduled as pop-up due to the time of year. If the weather is good, and you are available, we'd love to have you join the social committee for a brunch. As always you are responsible for your own meal. If necessary, we will try to push as many tables together as needed to meet our needs. Hope to see you there.

WEDNESDAY, FEBRUARY 5, 2025: 7pm—Zoom Book Club

We will be discussing Happiness Falls by Angie Kim.

Please RSVP by 2/2/25 to Jody to receive a Zoom invite.

TUESDAY, FEBRUARY 11, 2025: Following the meeting, Galantine's Day Pollyanna

"A day for women to celebrate their friendships with their lady friends."

In honor of Galantine's Day, your social committee decided that this year we will do a Galantines' Day Pollyanna. If you wish to participate, we ask that you bring in a small wrapped gift (\$5-\$10 max). All the gifts will be placed on a designated

table, and as you put down a gift you will be given a number. When we get to the designated time, we will pick our gifts based on the order of numbers. Everyone who brings a gift will go home with a gift.

THURSDAY, FEBRUARY 13, 2025: 10am—National Pancake Day – Breakfast at Piston Diner

Ordering from the breakfast menu with separate checks is welcomed. As always, I will put out a notice on who is attending a few days earlier so car-pool arrangements can be made. Each attendee will be responsible for purchasing her own breakfast. Check out their website/Facebook or menu options.

THURSDAY, FEBRUARY 27, 2025: 7pm—POP-UP Dessert Night at Seven Star

We couldn't think of a more perfect way to spend an evening with friends than to enjoy a dessert and a cup of tea, coffee, hot cocoa ... and relax for a little bit. Again, if the weather is good, and you are available, we'd love to have you join in. As always, you are responsible for your own evening snack.

THURSDAY, March 20, 2025: 1:30-3:30pm—Afternoon Tea, Mademoiselle Macaron \$32 pp, 41 S. Main Street – Mullica Hill

We thought this might be a nice way to welcome spring.

The Marie Antoinette Tea is \$32.00 per person – Payable in advance by our MARCH MTG.

Our tea includes: Five (5) tea sandwiches – Chicken Salad w/ grapes & pecans on mini-croissant, Roasted Turkey, Fig & Brie on baguette, Petite quiche Lorraine in puff pastry, Egg Salad on white bread, Cucumber & Dill on wheat bread – along with scones & petite madeleines with cream and lemon curd, assorted French desserts & pastries plus unlimited tea.

FYI: Phillies

I am still working on a Phillies Game Night Out (for May) as I mentioned at our Holiday Dinner. Unfortunately, the date we were given is a meeting night. With the holidays, I have not yet heard back from my contact. I will keep you posted.



Health and Wellness

Kim VanZoeren-Czoch

National Blood Donor Month

Every two seconds someone in the US needs blood. The American Red Cross needs 13,000 donations every day to maintain an appropriate blood supply.

National Blood Donor Month has been celebrated in January for almost 50 years. It began in 1970 when President Richard Nixon made this proclamation, since winter is one of the most difficult times of year to collect enough blood products to meet patient needs.

Every time we donate one pint of blood, the potential is there to save three lives. The process is simple and usually only takes an hour out of your day.

There are 4 types of donations. **Whole Blood donation** is for all

blood types. You can donate every 56 days or 6 times a year. A **Power Red donation** takes 1.5 hours. This blood is given to newborns, trauma patients and emergency transfusions during childbirth. O+, O-, A- and B- blood types are used for this donation. You may make this donation up to 3 times a year. **Plasma Donations** can be given to anyone regardless of their blood type. People who donate must be either AB+ or AB- and may donate every 28 days. Lastly is a **Platelet Donation**. This usually takes 2-3 hours. Platelets are small cells that form clots to stop bleeding. This donation is usually used for cancer patients. Ideal blood types for this donation are A-, B+, O+, AB+ and AB-. Make sure you are aware of your blood type.

The American Journal of Epidemiology reports that blood

donors are 88% less likely to have a heart attack. If you begin donating at age 17 and donate every 8 weeks you will have donated 48 gallons of blood by the time you are 75. O+ donors are needed more than any other type, as they are considered "Universal Donors." Dogs can donate, too, for K-9 emergencies.

The blood donation process is easy. First there is registration and medical screening, next the process of donation, and then refreshment and recovery. I hope to see you at the next Red Cross Blood Drive.

Health and Wellness Committee: Carol Dechen, Kim VanZoeren-Czoch, Linda Marple, Kathy Ward

Food Donations

- 206# food
- 214# dog food
- 10 hours of service

Whatever you do, always give 100%. Unless you're donating blood.

—Bill Murray



Give blood.
Help save lives.



Blood Drive

St. Paul's United Methodist Church
74 Church St. West Deptford
Friday, January 31, 12-5 p.m.

Family Promise

Family Promise of Southwest New Jersey

Jeannette Wood

Thank you! Thank you!

Our end of the year numbers for 2024 are as follows: We donated 47 duffle bags with a total of \$1200.00 in kind donations and 78 volunteer hours.

We received a thank you letter from Family Promise of Southwest New Jersey for our continued support as a community partner.

Family Promise has been assisting hard-working,

low-income families with housing insecurities since 2005 through partnerships with local houses of worship, community partners, and local businesses.

Their goal for 2025 and beyond is to serve more families.

More than 1,500 school-aged children in our area are identified as homeless by the New Jersey Department of Education annually.

So this year we hope to continue helping children by providing duffle bags. January is the month assigned for our collection.

You can order a duffle bag delivered to me, drop off a duffle bag, or send some money I can use to purchase a duffle bag.

Thank you so much for your continued support to help the homeless in our community!

History Spotlight

Linda Jones

Brrr.....It's cold outside! Settle into your favorite reading chair or warm yourself by the fireplace to enjoy the simple pleasure of reading. In my club "History Box" I have been delighted to read our copy of the book, [A Century of Challenge; New Jersey State Federation of Women's Clubs, First 100 years, 1894 - 1994 \(A Glorious Past, A Brilliant Future\)](#). It is so intriguing to read the state of New Jersey activities documented in this 489-page gem starting a century ago. However, page 309 begins to tell the story of Junior Clubs and how they evolved over time. This is where our story begins for those of us who will approach 50 years of membership in a couple of years.

The year was 1928 when the first Junior State Convention was held at Douglass College for Women. (page 319) Learn about how November 7 to 13 became Junior Women's Club Week. On page 320 - 321, the Junior Woman's Club of Woodbury was one of the 10 national CIP (Community Improvement Program) finalists for their project "Robin's Nest," a home for girls. Our WD Junior Club was very involved in supporting Robin's Nest for many years.

Then came the 1970s, where our history begins late that decade with Joan Quigley, the Junior Membership Chairwoman. [History Note](#): The "average" Junior was 29 years old with 2 and one-half children; belonged to church and school organizations; and was employed part-time. I remember the original Junior puppet show on eye safety and the "Let's Be Friends" preventive drug abuse puppet shows. Many of us remember 1982 when the Juniors collected \$100,000 statewide for SIDS (Sudden Infants Death Syndrome). Remembering (read about) Ann Quinn and Ann Redlus who both played a key role in numerous projects as well as Mary Lou Sullivan and Deen J. Meloro, with programs, projects, and community services as state board members who worked hard to improve membership incentives throughout the state. Our own "Charter Members" and our general club membership since 1994 have an interesting past.

Go back in time to read about World War I and WW II or learn about the slogan: "Make bread, not Liquor". Read about "Operation Candy Cookie." Improving the educational system in NJ has always been a priority (page 369). Read about the high numbers of teachers or former teachers who supported local libraries. And the crowning achievement for the clubwomen of NJ is the establishment of Douglass College (page 375). Home and Family Life, Health, and Art are interesting reads. Media Communication made sure that women's clubs are service organizations, not tea parties or sewing circles.

Today the "Profile" of a clubwomen includes those who are over 40 in



age; married or widowed; have full or part-time jobs; continue education beyond high school; and volunteer time to many additional organizations in order "to make a difference!" Pictured below is page 488 where the GFWC Woman's Club of West Deptford is mentioned. You will enjoy reading about the first 100 years to learn about the work completed, planned, and memorialized through history.

Read It Yourself!

Beginning this January, I will be starting a lending cycle of two weeks or a month (returned at the February meeting) for each member who would like to read this treasure and return it to me at my home or at the club meeting at RiverWinds Community Center. On a rotating basis, we can inform our newer members or take our seasoned members down memory lane. This will be an ongoing project for the next several years as we approach our fifty-year membership mark for about six of our ladies and have a large group of women who joined us over thirty years ago. HAPPY READING! Let me know if you would like to have the book in January.

Membership has fluctuated over the past century (as it has in all service organizations), often due to the more mobile population experienced since the World War II era. Clubs have disbanded due to circumstances beyond their control; however, new clubs are consistently being organized. Those received into NJSFNC in 1992 and until December 31, 1994 will be designated "Centennial Clubs" — as this book went into publication they included:

- Middlesex Area Woman's Club
- GFWC Bayshore Woman's Club
- Jefferson Township Woman's Club
- Women in Community Service (Glen Rock)
- Middlesex Area Junioresettes
- Long Valley Junioresettes
- GFWC West Deptford Woman's Club
- Clearview-Wenonah Junior Woman's Club
- Hunterdon Hills Contemporary Club

The future is bright and NJSFNC will continue to be a vital force among volunteer service organizations as it enters its second century.



Carol B. Hancock



Dorothy Louise Greene



Cathy Southwick



GFWC Woman's Club of West Deptford

P.O. Box 381
West Deptford, NJ 08086

President: Janice Morrison
president@wdwomen.org

Membership: Ann Caswell
856-534-3077
membership@wdwomen.org

Community Service
Spiced with Friendship and Fun

UPCOMING

Jan. 14: Regular Meeting ZOOM!
January 15: Pop-up Brunch at Panera Bread
January 20: Day of Service
February 5: Zoom Book Club
February 11: Regular Meeting & Galentine's Celebration
February 13: National Pancake Day Brunch at Pistons
February 27: Pop-up Dessert Night at Seven Star
March 11: Regular Meeting
March 20: Afternoon Tea at Mademoiselle Macaron

Website: wdwomen.com

Facebook:
[womansclubofwestdeptford](https://www.facebook.com/womansclubofwestdeptford)
Instagram: [wcofwestdeptford](https://www.instagram.com/wcofwestdeptford)

Committee Collection Schedule

- ◆ **Every month**—Food pantries
- ◆ **Special State Project** — Priority
- ◆ **January:** Family Promise, Advocates for Children: Please see articles for items needed and drop them off with the chairs.
- ◆ **February:** Health and Wellness, Domestic Violence
- ◆ **March:** Advocates for Children
- ◆ **April:** Family Promise, Domestic Violence
- ◆ **May:** Education/GCI, Health and Wellness/GWCM
- ◆ **June:** Family Promise
- ◆ **September:** Civic Engagement/Outreach
- ◆ **October:** Domestic Violence, Advocates for Children
- ◆ **November and December:** Civic Engagement & Outreach



Let's Get Moving!

Our ladies... and maybe a guy or two... have been meeting regularly to walk in various places... parks, the mall, where else will they meet? Wait and see!



Basket Raffle

Sue Nelson

Thank you to our gold sponsors:

- Solvay
- Keller Insurance Services
- An anonymous donor
- Johnson Mathey



Volunteers do not necessarily have the time; they just have the heart.

Debbie H. volunteered at the South Jersey Dream Center.