



Tidbits

Volume 31 ~ Issue 6

February 2025

GFWC Woman's Club of West Deptford

Next Meeting

Tues. Feb. 11
6:30 p.m.

NEW LOCATION!
RiverWinds Comm.
Center Room C

**Wear RED for
Heart Health**

Refreshments

Beverages: April M.,
Barb O.

Desserts/Snacks:
Carol D., Joann Kf.,
Peg S., Vicki C.

February

Birthdays

6—Bonnie D.
8—Pixie O.
10—Joanne Kg.
17—Sharon B.



GFWC Woman's Club of West Deptford

Member of
General Federation
of Woman's Clubs
(GFWC),

New Jersey State
Federation of
Woman's Clubs
(NJSFWC),
Garden District
of NJSFWC.

President

Janice Morrison
president@
wdwomen.org

Membership

Ann Caswell
856-534-3077
membership@
wdwomen.org

President's Message

Janice Morrison

"Love is the feeling we have for those we care deeply about and hold in high regard. It can be light as the hug we give a friend or heavy as the sacrifices we make for our children."
—Cheryl Strayed

Happy Valentine's Day everyone! Love is in the air this month. February reminds me that we are halfway through the winter, and we can soon look forward to a bright, warm spring. So much is happening in our club. Advocates for Children, led by Karen Hink, just completed the National Day of Service, dropping off over \$1000 worth of new baby goods. The Social Team, led by Jody Harris, has many fabulous events planned for you (see the Social Section of this newsletter), and the Community Impact Program Team, led by Carol Dechen and Sandy Mastrangelo, is hard at work planning for their pilot program, Helping Hands~Happy Hearts. What a great name! These are just the highlights.

Leadership Workshop

Jody, Ann C., and I recently attended a leadership workshop at the New Jersey State Federation of Women's Clubs (NJSFWC) headquarters. We received many helpful tips for strengthening the bonds of our membership. We also realized

that many of what was discussed, we already do. Things such as member orientation and newsletters. We have a website, member applications, a sunshine coordinator, and new member orientation. There are still tweaks we can do that will help to keep our club moving forward and thriving in the future. The membership committee is putting some of this in place.

The Winds of Change

While we may like things to stay the same, change is constant, and how we adapt is important. Some changes are predictable, and some are not. It is in this spirit that I announce a change to our board. Linda Clark, Recording Secretary, is stepping back due to some fabulous changes in her future. We will miss her. As President, it is my duty to find and appoint someone to take Linda's role. Lisa Hunter, who has been on board for a while and has occasionally filled in as Recording Secretary, has agreed to take on this new role. Thank you, Lisa. In looking for someone to fill Lisa's role, I chose a woman with stellar organizational skills. I am pleased to announce that Patty Wyzykowski has accepted the role of Corresponding Secretary. Thank you, Patty.



As per the Bylaws, I needed Board Approval for these changes. On Sunday, February 2nd, at 8:00 a.m., an ad hoc Zoom meeting was held with the current Board to obtain approval. The Board passed it unanimously. The official record of amendments is noted and part of the official record. The remainder of the Board stays the same.

- Lisa Hunter, Recording Secretary
- Patricia Wyzykowski, Corresponding Secretary.

Meeting locations

As a reminder, the February General Meeting will be held at RiverWinds in meeting room C. Our guest speaker for February is Brian Gismondi, West Deptford School Superintendent. He

Continued on next page-->

You have to stay in school. You have to. ... Because the one thing people can't take away from you is your education. And it is worth the investment.

—Michelle Obama

President's Message (continued from previous page)

will be presenting plans for improving the physical space of our schools. I sent a link to the proposed referendum. I encourage you to go through the information and have your questions ready for Brian.

For our March meeting, we will need to temporarily move

back to St. Paul's Methodist Church as all the meeting space in RiverWinds will be occupied due to the School Referendum vote that night. Thank you, Dee Hosier, for helping us out again.

In April and May, we will be back at RiverWinds.

February is Healthy Heart Month, so wear red to the meeting.

Let's Go Birds!



In Federation Friendship,

Janice

First Vice President

Jody Harris

As was discussed at our January meeting, we will not be doing any major fundraisers until the fall, at which point we will do our Hoagie fundraiser. However, we are going to do another La Sicilia fundraiser as everyone seems to enjoy this. It is not time consuming, and any money we make will help our club.

I want to thank everyone who so generously participated in our December and/or January

La Sicilia Pizza fundraisers. I am pleased to announce that I picked up the check which combined both dates in the amount of \$290.43

La Sicilia Pizza

We are going to do La Sicilia fundraisers on **Thursday, April 17, 2025**—this was the only April date available,— and **Thursday, May 15, 2024** from 4-8pm. This gives us 20% of the funds collected during those hours. The

patrons have to mention the Woman's Club of West Deptford when ordering.

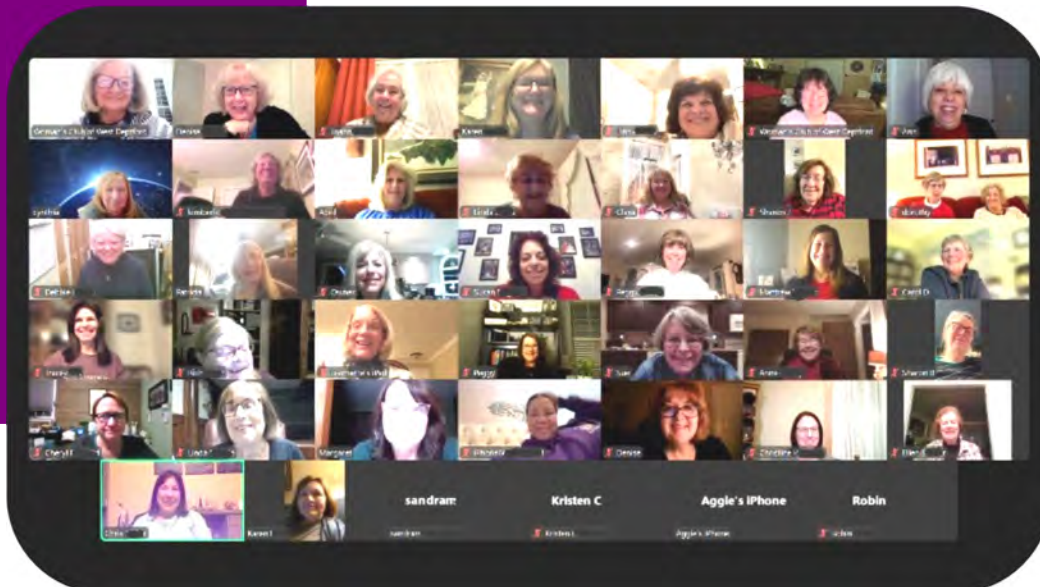
Please ask your family, friends, neighbors to order that evening. Several organizations in the community do this fundraiser and find it to be very successful. La Sicilia will allow us to do this one day a month on either a Wednesday or Thursday. This was very profitable for the club, so we may try to continue this fundraiser throughout the fall. They are very easy to work with.

Huge thanks go out to Linda Clark for suggesting this fundraiser.

Volunteer Hours

In January, we started counting hours for our first quarter, which will encompass January, February and March. Feel free to give me your January hours, if month by month tracking is better for you, or all at one time in late March.

Thank you for your continued cooperation/support.



Second Vice President/Membership

Ann Caswell

I'm looking forward to seeing everyone in person for the New Year.

Secret Pals

The Secret Pals program has started for 2025. What fun!

New Members

We have at least 2 prospective members who will be joining in February. I will be reaching out to the mentors

before the meeting to ensure that the new members feel welcome.

Orientation

The New Member Orientation is planned for Tuesday, May 20 at St. Paul's. As always please let me know if you have any friends who are interested in visiting our club meeting.

25-Year Members

Members with 25 years of service will be recognized at the Garden District Spring Luncheon. If you have 25 yrs of club membership please let me know. Also, if you brought in 2 or more members last year, please let me know.

Ann

Programs for 2025

Janice Morrison

From the President

We have a few spots to fill for the coming year, so if you have a speaker in mind, please send Janice an email with the information and she will reach out.

| | |
|----------------|--|
| February 2025 | Dr. Brian Gismondi, Superintendent of West Deptford School District |
| March 2025 | Child Advocacy Center of Gloucester County: Suzanne Nelson-Hoolahan, Director and Detective Det. Dan Farid, with Walter the support dog. Special Guest: Mary Schneider, Garden District VP |
| April 2025 | Male Breast Cancer Awareness |
| May 2025 | Guest and speaker: Barbara McCloskey, NJSFWC President |
| June 2025 | None – End-of-Year Dinner |
| September 2025 | TBD |
| October 2025 | Girls Career Institute. |
| November 2025 | TBD |
| December 2025 | Holiday Dinner |

From the Treasurer:

It's Dues Time!

Membership dues may start to be paid as of the February meeting. They will remain at \$45 and may be paid using cash, check, Venmo or Zelle. All dues must be paid by the April meeting.

NOTE: If anyone is paying for multiple things, please be sure to make each a separate payment and put the reason in the memo. If using Venmo or Zelle, please contact Sue N. by email nelsue1@comcast.net so she knows to look for your payment(s).

Sue Nelson
Operating Acct Treasurer



DISTRICT COUNCIL at the Porch Club of Riverton, Jan. 2025

Health and Wellness

Carol Dechen

Do your part—
Care for your
heart!

American Heart Month

February is American Heart Month and raises awareness of women's #1 killer, Cardiovascular disease. I found some useful information in the Gloucester County Today newsletter and ways to increase a healthy lifestyle.

- Eat Healthy - of course limit sugar, saturated fats, reduce sodium
- Be Active - try to be active for at least 2.5 hours per week (that can be 30 minutes 5 times a week)
- Mange your weight - this is so important and yet so hard with so many temptations out there
- Check your numbers - something else which is so im-

portant. especially as we are aging. Monitor your blood pressure and cholesterol

- Reduce Stress - finding ways to unwind and reduce stress is individual. Exercising with yoga, Tai Chi or meditation are great examples of how to reduce stress. Let's face it, we all have stress, and finding ways that work will help reduce our risk of a stroke too
- Quit Smoking - cigarettes, cigars and even e-cigarettes are harmful to our heart and blood vessels— but we all know that, right?
- Take care of your medications - as much as I hate the idea of needing cholesterol or heart medication they are

meant to treat, prevent, or manage illness.

Spring Project

Toiletries and gently used pocketbooks needed. Please let me know what you plan to bring so we don't double up on supplies. Looking for 30-40 each. Please only small size, NOT large bottles.

We are interested in hotel size/travel sizes of the following products:

- Shampoo
- Creme rinse
- Toothbrush
- Toothpaste
- Floss
- Soap
- Comb
- Tissues
- Gum
- Lifesavers
- Emery boards
- Small feminine products (pads)

Please remember to put a memo in or on your bag as to in-kind donation estimate or actual cost and who is donating the supplies.

We probably will get together to fill the purses in late April or the beginning of May. So if interested in helping let one of us know.

We thank you in advance for all your help with this project, which we have been doing every year and is so appreciated by the recipients.

Committee: Carol Dechen, Kim VanZoeren-Czoch, Kathy Ward



CARDIOVASCULAR DISEASE THE WORLD'S NUMBER 1 KILLER

Cardiovascular diseases are a group of disorders of the heart and blood vessels, commonly referred to as **heart disease** and **stroke**.



GLOBAL CAUSES OF DEATH RISK FACTORS FOR CVD



Sources: World Health Organization; IHME, Global Burden of Disease

info@worldheart.org
www.worldheart.org

worldheartfederation
worldheartfed
worldheartfederation

Socially Speaking

Jody Harris

Please read through the list of offerings check dates, times, and keep in mind the RSVP dates where noted. Any questions, reach out to a member of the social committee. If you have suggestions, we'd love to hear from you.

WEDNESDAY, FEBRUARY 5, 7pm: Zoom Book Club

Happiness Falls by Angie Kim. Please RSVP to Jody TODAY to receive a Zoom invite.

TUESDAY, FEBRUARY 11, Following the meeting: Galantine's Day Pollyanna

"A day for women to celebrate their friendships with their lady friends." If you wish to participate, bring in a small wrapped gift (\$5-10. max). All the gifts will be placed on a designated table. As you put down a gift you will take a number. When we get to the designated time, we will pick our gifts based on the order of numbers. Everyone who brings a gift will go home with a gift.

THURSDAY, FEBRUARY 13, 10am: National Pancake Day – Breakfast at Piston Diner

RSVP to Jody by February 6th – Piston wants a week's notice from us. Ordering from the breakfast menu with separate checks. Each attendee will be responsible for purchasing her own breakfast. **Please wear red/pink since it's also close to Valentine's Day.**

THURSDAY, FEBRUARY 27, 7pm: POP-UP Dessert Night at Seven Star

This is a pop-up, however, if you are thinking of coming, please reach out to Jody by Tuesday Feb. 25th so we can try to get a table or two. Perfect way to spend an evening with friends while enjoying a dessert and relaxing for a bit. If the weather is good, and you are available, we'd love to have

you join in. As always you are responsible for your own evening snack.

MONDAY, MARCH 17, Noon: St. Patrick's Day Lunch – Falcon Diner

297 Crescent Blvd – Brooklawn. (Brooklawn Circle) RSVP to Jody by March 10th – They need a week's notice from us. Ordering from the menu with separate checks. Each attendee will be responsible for purchasing her own breakfast/lunch.

THURSDAY, MARCH 20, 2025, 1:30-3:30pm: Afternoon Tea – La Mademoiselle Macaron

41 S. Main Street – Mullica Hill. If you wish to attend this event, please RSVP to Jody no later than March 10 (at our meeting) with the tea you are interested in and the PAYMENT. I need to let them know a week prior to the tea. All monies are to go to Sue Nelson clearly labeled with your name and your selection in an envelope.

We are being offered a "tea" to fit everyone's budget should you wish to attend.

- **Marie Antoinette Tea:** 5 Tea sandwiches, petite quiche lorraine, scones & petite madeleines with cream and lemon curd, assorted French desserts & pastries, Unlimited tea. \$40.52
- **La Mademoiselle Tea:** 5 Tea sandwiches, unlimited tea. \$27.86
- **Cream Tea:** Scones & petite. Madeleines with cream and lemon curd; unlimited tea. \$18.99
- **Dessert Tea:** Scones & petite madeleines with cream and lemon curd, assorted French desserts & pastries. Unlimited tea. \$27.86 All the prices above include the 6.625% tax and the 20% gratuity. For more information, please check their website/Facebook page.

THURSDAY, APRIL 10, 6pm: Fahrenheit Ceramic Studio

8 South Broadway – Pitman
RSVP by March 27 to Jody if you would like to attend. Each attendee is responsible for their ceramic piece as well as the discounted \$4.00 studio fee. You can bring in snacks and beverages, included adult beverages. I will pick up all the items the following week and send out notification so you can get them from me. The studio requires a final head count two weeks prior to our arrival. The room is on hold for us, and a deposit has been secured.

FRIDAY, MAY 2, 2025, Noon: Cinco de Mayo Luncheon

Place TBD.

WEDNESDAY, MAY 14, 2025, 7pm (originally scheduled for May 7, 2025): Zoom Book Club

****Please note change of date due to Convention**** Book TBD. Please RSVP by 5/7/25 to Jody to receive a Zoom invite.

MONDAY, JUNE 9, 2025. 6:45pm Phillies Game

Final payment is due to Sue Nelson no later than the March Mtg.. You are welcome to make payments any time between now and then. We sold seventy-two (72) tickets!! As soon as final payment is made, I will receive the tickets, at which point, I will make myself available to hand them out. I'm really looking forward to this event.

TUESDAY, JUNE 10, 2025, 6:00pm: June Dinner Meeting, Place TBD

Your social committee is still working on this.

Social Committee: Jody Harris, Kat Nixon, Linda Clark, Cynthia Holmes-Butler

LET'S GET MOVING

Carol Dechen

We had a nice group of walkers last month at the Deptford Mall. Two miles seems like a lot until you are walking with your friends and club sisters; then it becomes fun and much easier. Put a note on your calendar for the first Tuesday of every month. March 4th will probably be at the mall again, but if the weather lets up we will switch to an outside location.



Also, our Riverwinds Community Center offers a lot of different exercises and you might even see a few familiar faces (see photo Peg S. and I). Just today I saw a new exercise class which was a pop-up event - Cardio Drumming. Looked very cool. I saw it in The Villages several years ago, but like today I did not get to do it. Maybe we could bring it to a club meeting. 😊 For the month of January, our club sisters engaged in 504 hours and that is awesome. Glad to see we don't have quitters in our club. **Let's Keep Moving!!**

My values, our values, aren't about pointing fingers. They are about offering a helping hand.

—Kathleen Blanco

Community Impact Program

Sandy Mastrangelo

"Helping Hands~Happy Hearts"

This project will revolve around our children, our future. We met with Dr. Gismondi, Superintendent of West Deptford Schools, and the principals of Oakview and Red Bank Schools. They are very receptive to our ideas and excited for us to start.

Helping Hands~Happy Hearts will support the

teaching staff. We would like to help, encourage, and build confidence in the students. Grades one and two at Red Bank and Oakview Schools will be the focus of this project. We will volunteer two weeks a month in March, April, and May. Hopefully, the project will continue in September and during the next school year.

This project will be implemented starting March 5, 2025. Our committee consists of Sharon B., Bonnie D., Sharon H., and Pixie O. Co-chairs are Carol D. and Sandy M. We have a total of 16 ladies that have volunteered. Thank you all!



Family Promise

Jeannette Wood

Family Promise of Southwest New Jersey

Thank you! Thank you!

We continue helping children by providing duffle bags. January was the month assigned for our collection and seven duffle bags were donated by generous club members.

These bags will be delivered to the Family Promise Center so they can be given to the children of families coming into their program.

Thank you so much for your continued support to help the homeless in our community!

Advocates for Children

Karen Hink

Day of Service

Advocates for Children organized our January Day of Service, in support of Center for Family Services organiza-

tion. With the generous support of our club members, we collected a total of 159 Newborn and Baby items at an in-kind value of \$1178.46.



Crayon Recycling

Looking ahead, we are starting a new ongoing initiative with "The National Crayon Recycle Program." We will accept any and all used, broken and no longer needed crayons. We will

recycle them through Staples.

✏✏ The crayons will be recycled into usable crayons and distributed to needy communities.

In March we will be asking for FILLED or EMPTY plastic Easter Eggs and bags of miniature candy. We will distribute them to our local food banks to give out at Easter.



Please save and donate your metal tabs from all cans for Ronald McDonald House.

Environment

Denise Pitchford

Bottle Caps Recycling Project

Thanks to all of you collecting your plastic medicine bottles and caps, the Environment Committee dropped off a large black trash bag ¾ filled and weighing 7.8 kg (or about 17 lbs.) of plastic to Eco Plastic Products (ECOP) in Wilmington, DE.



ECOP is a registered 501(c)(3) non-profit company that combats plastic waste by transforming recyclable plastics into practical, durable consumer products. This company was founded in 2018 and rooted in a shared passion for environmental stewardship. Their company has recycled 154,000 pounds of plastic to date. That is the equivalent to ONE adult blue whale, the largest animal on earth!

Unlike many organizations that focus on common recyclables, ECOP specializes in processing plastics that are often ignored (#2, #4 & #5 plastics) and transforming them into purposeful consumer goods such as park benches and picnic tables.

ECOP is involved in many projects, collaborating with numerous partners, including the Philadelphia Eagles, Make-A-Wish Foundation, the University of Delaware, Penn State, and more. They donate some of their products to other nonprofit organizations and work with schools to educate students about collecting and recycling plastic. Their team is dedicated to the community and is constantly working toward making a difference.

Eco Plastic Products motto is *Never Waste an Opportunity*. Their mission is to reinvent how the world views plastic waste by transforming what's

discarded into purposeful products while fostering education, inspiring community action, and providing opportunities to people of all abilities. Together we can make a difference by contributing to a cleaner, brighter future! So keep on collecting your plastics as we partner with Eco Plastic Products.

For more information, check out their website, ecoplasticproducts.org.

Environment Committee – Patty Wyzykowski, Denise Pitchford, Isabella Cooper, Dorothy Allen



Arts and Culture

Ann Caswell

Spring Conference & Achievement Day

Happy February!
It's time to start planning for the Garden District Spring Luncheon and Achievement Day on April 17th at the Pennsauken Country Club. Last year our club had many entries submitted for Arts and Culture and all of our entries did well.

If you are planning to submit an entry this year, please go to the NJSFWC website under Materials>Arts & Culture Achievement Day Categories>Garden District>2024-2026 registration form.

For photography see: **GFWC PHOTOGRAPHY CONTESTS** (categories & rules of entry) and sign waiver form.

All entry forms and waiver forms must be turned in to Kat N. & Bonnie D. by the March 11th meeting. Remember to complete the top and bottom of the entry form.

If you are planning to attend the luncheon we will be collecting that money as well. More to follow for cost.

Committee: Ann C., Susan D., Kat N., Bonnie D., Sharon H., Margaret O.



I want to be a new version of the 70-year-old woman. Vital, strong, very physical, very agile. I think that the older I get, the more yoga I'm going to do.
—Jamie Lee Curtis

Emmanuel Cancer Foundation

Debbie Hinkle

Yoga, Wine & Chocolate

Emmanuel Cancer Foundation for Children will be having their third annual Yoga, Wine & Chocolate fundraiser.

Thursday, March 13, 2025, 7:00pm at the Haddon Fort-nightly, 301 Kings Highway E, Haddonfield, NJ. Cost is \$40.00

If you would like to attend, please bring your check made payable to ECF to the February meeting. Debbie Hinkle will collect the checks and get them to ECF.

We can carpool to Haddonfield the night of the event

Also, if you are interested in donating a bag of wrapped chocolates for the event, you can bring that to the February meeting as well. Other clubs are providing the baked goodies so we are signed up for the chocolates. Thank you in advance for your generosity.

Special State Project: NJCA

New Jersey Children's Alliance

Denise Pitchford

The New Jersey Federation of Women's Clubs (NJSFWC) has organized a fundraiser for the Special State Project.

You may purchase a lantern at a cost of \$20 to help the NJ Children's Alliance light the path to safe



and healthy childhoods. Lanterns are white metal and are 12.2 inches high.

FINAL deadline for collection of money and ordering a lantern will be our club

meeting date of Tuesday, February 11th. Please bring cash, if possible. We will write one club check to cover all monies collected.

Denise P. will be collecting at the meeting and mailing out the order form early the next day in order to meet the deadline of NJSFWC.

History Spotlight

Linda Jones

Moments and Memories 1977 to 2027

The GFWC Woman's Club of West Deptford has a story to tell!

We can write our story through three points: time, traditions, and reminiscing our past. A crafty way to tell our story is to capture our past in a club SCRAPBOOK. The point of a club scrapbook is to capture memories of people, events, projects, and programs from the past. In 2027 we will celebrate our first FIFTY-YEAR club member. We can begin to investigate the past and use the next couple of years to contribute to a collection of club memories.

I would like to begin with the Junior Woman's Club years and ask all the Charter members who began their tenure in the Juniors to gather together items that can be contributed, copied, or photographed and used to cover the first fifteen years of club work from 1977 to approximately 1992. Later we will add the years 1993 to 2027. This will be an ongoing project for the next two years.

If you would like to make and contribute a page for our book, I would be happy to include your items and your artistry. Please let me know! If you would like to hand your items to me to work on a page in the scrapbook, that's fine also!

The first page of a scrapbook sets the tone with a glimpse into the entire book. The three main elements are photos, mementos, and journaling through written script.

Starting with the year 1977, we will begin to document precious memories; display souvenirs, mementos, and pictures using our inner artists on scrapbooking pages. It is my hope as club historian that we can title each page with: THE YEAR WAS..... and explain a couple of sentences about that particular memory. I hope to contact members who were with us from the beginning to start our journey through time.

Please let me know your thoughts, ideas, and contributions that would make this project a scrapbook full of MOMENTS & MEMORIES. I look forward to your help in investigating the past to the present history of our Woman's Club.

history



BELOW: 1993-94, our club's very first Board. Chris Rohrman, Debbie Hinkle, President Cheryl Fairchild, Jeannette Wood, Sherry Dodd, Denise Hosier.



BRUNCH AT PANERA BREAD
January 2025

Options for Scrapbooking Layout Focal Points

1. Memorabilia: Collecting and including special items from your life such as tickets, postcards, letters, and other mementos can be a fun and meaningful way to illustrate your personal stories.
2. Quotes: Adding inspirational or motivational quotes to your page can help convey the emotions and feelings surrounding a particular moment in your life.
3. Use your favorite search engine to find images relevant to the time period you are scrapping about. You might find one that fits

Performing Arts

Cheryl Fairchild

The Garden District Arts/ Performing Day will be on Friday, March 28, 2025 at the Davidow Theatre, Salem County College. Registration begins at 9:45 and the fee is \$5.00. The program begins at 10:30.

Deadline to register as a performer is March 18th. The event will include dramatic readings, musical performances, monologues, and skits. If you are interested in performing please let me know.

Please consider attending. It is fun seeing our Federation Sisters from other Garden District Clubs perform. Each year there are many entertaining acts!!

Federation News

Cynthia Holmes-Butler

Friends of Convention

Donate \$5 to Friends of Convention at the February meeting. Your name will appear in the Convention book and a "Friends of Convention" ribbon goes to members who attend Convention.

Civic Engagement and Outreach Day

The Garden District Civic Engagement and Outreach Day is February 20, 2025 at the Merchantville Community Center. Speakers include an AARP Representative speaking on Fraud Watch and staying protected, a Former Camden County Clerk speaking on Female Veterans and the Battle-ship New Jersey, and the VFW conducting the Empty Chair Ceremony.

Registration begins at 9:30 and the program at 10:00.

Registration fee is \$5.00 and breakfast foods will be served. If you are interested

in attending please let Cynthia Holmes-Butler know by February 15th.

We do need women in civic life. We do need women to run for office, to be in political office. We need a feminist to be at the table when decisions are being made so that the right decisions will be made.

—Dolores Huerta

New Jersey State Federation of Women's Clubs of GFWC
Barbara McCloskey, President
Together in Service - United in Friendship

Club Women of the Garden District are invited and encouraged to attend

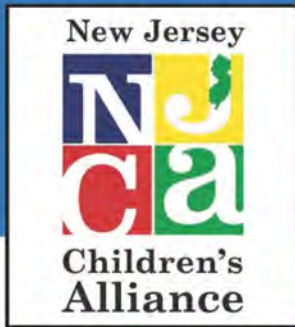
CIVIC ENGAGEMENT AND OUTREACH DAY
Thursday, February 20, 2025
9:30 am - Registration
10:00 am - Program

Merchantville Community Center
212 Somerset Avenue at Greenleigh Court
Merchantville

Speakers include:
Cynthia McKnight, AARP Representative
Patricia Jones, Former Camden County Clerk
George F. Griggs, VFW Post

Breakfast foods will be served.
Hostess Club - Woman's Club of Merchantville

RSVP by February 15th to:
Geri Tabako, District Civic Engagement Chairman
emdvoluteer@gmail.com or 856-665-5468



The NJ State Federation
of Women's Clubs
in partnership with
The NJ Children's Alliance



**KNOW
& TELL**

Training Course

KNOW & TELL is a training program for adults on preventing, recognizing, and reporting child abuse. Expert trainers will provide an interactive and dynamic workshop on how to create a safe community where all adults help promote child safety and understand their role as a mandated reporter of child abuse.



Register Today!



Questions? April Shoemaker
NJSFWC Special State Project Chairman
shoemaker@njsfwc.org

March 25, 2025

**Registration - 10am
Course - 10:30-12noon**

To Register
Click or Scan:



SPACE IS LIMITED

In-Person Course will be held at NJSFWC Headquarters
and facilitated by NJCA staff
55 Labor Center Way New Brunswick, NJ



GFWC Woman's Club of West Deptford

P.O. Box 381
West Deptford, NJ 08086

President: Janice Morrison
president@wdwomen.org

Membership: Ann Caswell
856-534-3077
membership@wdwomen.org

Community Service
Spiced with Friendship and Fun

UPCOMING

February 5: Zoom Book Club
February 11: Regular Meeting & Galentine's Celebration
February 13: National Pancake Day Brunch at Pistons
Feb. 20: CEO Day, Merchantville
February 27: Pop-up Dessert Night at Seven Star
March 11: Regular Meeting
March 13: ECF Fundraiser
March 17: Lunch at Falcon Diner
March 20: Afternoon Tea at La Mademoiselle Macaron
April 8: Regular Meeting

Website: wdwomen.com
Facebook: [womansclubofwestdeptford](https://www.facebook.com/womansclubofwestdeptford)
Instagram: [wcofwestdeptford](https://www.instagram.com/wcofwestdeptford)

Committee Collection Schedule

- ◆ **Every month**—Food pantries
- ◆ **Special State Project** — Priority
- ◆ **February:** Health and Wellness, Domestic Violence
- ◆ **March:** Advocates for Children
- ◆ **April:** Family Promise, Domestic Violence
- ◆ **May:** Education/GCI, Health and Wellness/GWCM
- ◆ **June:** Family Promise
- ◆ **September:** Civic Engagement/Outreach
- ◆ **October:** Domestic Violence, Advocates for Children
- ◆ **November and December:** Civic Engagement & Outreach
- ◆ **January:** Family Promise, Advocates for Children

Dear Secret Pal

Dear Secret Pal,
What a wonderful surprise this month. You definitely made my day with my 2 Snowmen tins and the delicious Moose Munch Popcorn. The popcorn did not last long and was thoroughly enjoyed. The beautiful tins will be used for many years to come. Thank you for making January so special. —Warmly, April

Dear Secret Pal,
Thank you so much for both the Disney Gift Card, and the beautiful Disney crossbody. I love the gold and black combination—it's so classy looking. You can be sure both items will be going with me on our next trip to Florida in the very near future. Thank you so very much. Stay well and stay warm. —Jody

Basket Raffle

Sue Nelson/April Maska

Thank you to our gold sponsors:

- Solvay
- Keller Insurance Services
- An anonymous donor
- Johnson Mathey



DELICIOUS TEA at La Mademoiselle Macaron on March 20. Why not join us? See the Socially Speaking post on page 5 for details. Thanks to Cynthia for the photos!