



Tidbits

Volume 31 ~ Issue 9

May 2025

GFWC Woman's Club of West Deptford

Next Meeting
Tues. May 13
6:30 p.m.
RiverWinds
Community Center

Refreshments

Beverages: Joan B.,
Denise H., Debbie H.
Snacks: Peg S., Karen
H., Susan D.

May Birthdays

6—Doris E.
6—Peggy G.
7—Peg O.
9—Patti P.
11—Vicki C.
12—Sharon H.
15—Carol M.
16—Jeannette W.
24—Denise H.



GFWC Woman's Club of West Deptford

Member of
General Federation
of Woman's Clubs
(GFWC),
New Jersey State
Federation of
Woman's Clubs
(NJSFWC),
Garden District
of NJSFWC.
President

Janice Morrison
president@
wdwomen.org
Membership
Ann Caswell
856-534-3077
membership@
wdwomen.org

President's Message

Janice Morrison

Happy May! I love this time of the year. The trees and flowers are blooming, then again so are my allergies. It's time for the allergy meds!

2025 NJSFWC Convention

As I write this, I am also preparing for the NJSFWC convention in Atlantic City. Last year was my first year, and I enjoyed my time. I learned quite a bit about the New Jersey State Federation of Woman's Clubs (NJSFWC) operations and the goals and aspirations for the 2025-2026 term. It was where the gavel was passed on from Past President Shirley Holly to our current President, Barbara McCloskey. It was where we learned what our current Special State Project is (Children's Alliance). The breakout sessions were great! I can't wait to see what this year brings, and I am looking forward to it. Also, the bonds formed between those in attendance were strengthened.



MANY THANKS to our April speaker, Juan Nanum, a male breast cancer survivor, and thanks to Linda M. for bringing him to us!

Special State Project

Most of our committees are wrapping up their projects for the year and looking forward to the summer break. There are still a few committees that will continue working during the summer. Our **Special State Project** Committee set up the **Know and Tell Free** learning session on June 17th at the RiverWinds Community Center. We invited all Garden District members to attend. I encourage all members to attend in support of this committee and for your learning experience. Members from the Children's Alliance will be conducting the program and will provide resources and materials to help you understand the warning signs of a child in distress. Since our club provides resources for our schools, this is a perfect learning opportunity.

Day of Service

We are participating in the **Day of Service** in September, which is organized by GFWC (General Federation of Woman's Clubs) in all states. This year, Domestic Violence is the focus, and we will follow the lead of NJSFWC. More information will come out from this President, as we plan to collect over the summer

months. Sue Nelson, Linda Marple, and her team will be helping.

Civic Engagement & Outreach Committee

will continue to collect food for both the Colonial Manor and the Dream Center during the summer. See Cynthia Holmes-Butler on donations. In these unsettling times, providing much-needed food is critical. Many homeless and underserved families depend on these supplies.

May Meeting and the NJSFWC State President

We will have the honor of hosting our State President, Barbara McCloskey, at our May meeting. The seating protocol when any member of the State or District is present is important. I will work with the facility to ensure we are set up properly. Mary Schneider, our District VP, will also be in attendance.

Arts Entries

Finally, for our members who submitted entries at the Spring Conference, we welcome you to put those on display for the May meeting. All entries are welcome.

Enjoy this beautiful weather, my friends.

In Federation friendship,

Janice

Fundraising is the gentle art of teaching the joy of giving.
—Hank Rosso

First Vice President

Jody Harris

Please mark the date for the final La Sicilia fundraiser evenings. Remember that any money we make will help our club, which helps the community. In the past, we have done really well with this fundraiser. My hope is to do just as well with this last one.

La Sicilia Pizza

Thursday, May 15, 2024

from 4-8pm giving us 20% of the funds collected during those hours. The patrons have to mention the Woman's Club of West Deptford when ordering. Please ask your family, friends, neighbors to order that evening. Several organizations in the community do this fundraiser and find it to be very successful. La Sicilia will allow us to do this one day a month on either a Wednesday or Thursday. I will get the final totals for both April and May at the end of the month. I will share our final internal fundraising efforts in the June Tidbits. This was very profitable for the club in both December and January, so we may try to continue this fundraiser throughout the fall.

Volunteer Hours

If I still do not have your **first quarter** hours, I am going to assume that you do not have any to share with me. We are now a month into second quarter hours, which started in April. If you would like to send them to me, I'm ready to receive them.

Guest Speakers/Programs

This responsibility for planning the monthly/bi-monthly speakers has now been given to me. If you would like to suggest a speaker, please reach out with their name and why you feel they would be someone the club could benefit from listening to. I also need their contact information, and a brief biography to be used as an introduction. In turn, I will send out a confirmation with the month that the speaker has been scheduled, to both the speaker and the member that suggested them. To date, so far Carol D. and Ann C. are the only people who have suggested a speaker. I also have one in mind for next May. I am currently scheduling into 2026.

End-of-Year Fundraising Report

We have concluded our 2024-25 club year with a total of \$1,342.43. This DOES NOT include the Basket Raffle profit OR the April/May La Sicilia Nights. I will update in the June Tidbits Edition. With internal fundraisers at the time of this printing, we made:

- \$574.00 September Hoagie Sales: 82 Hoagie lunches were sold
- \$105.00 November Paint & Sip Night
- \$144.00 Thanksgiving Pie Sale: 36 pies were sold
- \$229.00 December Poinsettia Sale: 46 were sold
- \$290.43 December/January La Sicilia Nights
- \$ TBD. April/May La Sicilia Nights

Thank you for your continued cooperation/support. If you have any ideas for our internal fundraising, or speakers, please reach out to me.

—Jody

Second Vice President/Membership

Ann Caswell



Orientation 2025

is scheduled on Tuesday May 20th 6:30 p.m., St Paul's Church. Please let Ann Caswell know if you are planning to attend. This is an informative and fun evening.

Prospective Members

We had two visitors at the April meeting. I am waiting to hear if they are interested in joining. As always, if you have friends who are interested in visiting our club, please let me know prior to the meeting so I can plan for them to have a good experience.

June Dinner Meeting

Jody Harris



**TUESDAY, JUNE 10, 2025,
6:00pm**
Filomena Cucina Italiana
Restaurant & Bar
1380 Blackwood Clementon Rd.
Gloucester Twp.
856-784-6166

Your dinner selection will include:

- Italian Bread and House Roasted Peppers
- Spring Mixed Salad with House Italian dressing
- Coffee, Tea, Iced Tea and Soft drinks
- Alcoholic Beverages may be purchased individually (cash bar)
- Choices of Entrees:
 - Chicken Parmigiana with Pasta
 - Broiled Flounder w/ sun-dried tomatoes, white wine butter sauce
 - Pasta Primavera

- OR -

- Roasted Salmon w/sun-dried tomatoes, white wine butter sauce... **(unfortunately, this will be an additional \$2.00 charge)**

All entrees are served with two sides; seasonal vegetables and potatoes, except for the Chicken Parm, which is served with pasta. The dinner is \$40.00 or \$42.00 per person. This includes your 20% gratuity.

Please give your check made out to WCWD to Sue Nelson, along with your dinner selection, **NO LATER THAN the May Meeting**. She can also accept Venmo or Zelle.

Thank you!

Your Social Committee

Janice Morrison's grandson, Nolan, will graduate from St. Joseph's University on May 17th, 2025. As an ROTC recruit, he is entering the military as Second Lieutenant Nolan McHugh, USAF. He will head to Panama, Florida, this summer for nine months of intense training as an Airborne Combat Navigator. Please keep him in your prayers during his tenure in the Air Force.



Domestic Violence Awareness

Linda Marple

I recently read a book about Domestic Violence. You may wonder why victims repeatedly forgive or return to their abuser. Why would they believe the abuser would change? I have often questioned it as I left a victim at the police station. The book, *It Ends with Us*, by Colleen Hoover, deals with this complex issue clearly and sensitively. You gain understanding of the decisions made by a victim.

I also watched the movie; however, the movie doesn't capture the issue with the depth and complexity of the book. In the book the main character, Lily Bloom, is angry at her mother for staying with her abusive husband, Lily's father. She swears she will never allow herself to forgive or stay with an abusive man. Lily is totally unable to understand or relate to her mother.

This book was recommended to me by a friend that knew my involvement with SERV. The first part of the book tells about Lily's meeting with and love for a perfect neurosurgeon. I began to wonder why this romance book was recommended to me. Of course the violence does begin and Lily does forgive Kyle. When "accidents" happen again and again, Lily realizes she is following the same pattern as her mother. You follow Lily as she learns to cope with her situation and find a way out. The book does have a happy ending and Lily realizes "it ends with us." I am sorry I gave away the ending but I highly recommend this book.

Committee: Linda M., Nancy B.

Environment



Health and Wellness

Kim VanZoeren-Czoch

Health Benefits of Indoor Plants

It's no secret that women are prone to stress. The good news is that there may be a surprising solution. Indoor plants!

Indoor plants, whether green or flowering, not only make your home beautiful and welcoming, but also may boost your health and mental attitude.

Indoor plants improve air quality. There are many things in our homes that create air pollution. Plants remove chemicals like formaldehyde and benzene from the air and replace carbon dioxide with fresh oxygen.

Studies have shown that indoor plants can improve focus, decrease depressive moods and lessen symptoms of anxiety. When your body and mind are relaxed your heart rate and blood pressure improve. Plants also support

cognitive health and help people recover from mental fatigue.

Plants are soothing. It has been found that having them in your home or work environment reduces stress and anxiety. Even looking at pictures of plants has shown to have a positive impact on stress levels. Research indicates that plants make us happier and healthier. Plants can also sharpen our attention.

Plants may play a role in speeding up recovery from an illness, injury or surgery. It has been found that people who were hospitalized and had a view of plants and trees, as well as plants in their room, were calmer and had better clinical outcomes than those who didn't. This also included a reduced need for pain medication and shorter hospital stays.

There are five indoor plants that have been found to aid hormone balance in menopause. Estrogen disruption is caused by organic compounds

in the air that cause hot flashes, mood swings and sleep disruption. Benzene and formaldehyde block estrogen, but plants can alleviate this.

- Snake Plant: Low maintenance, purifies air, releases oxygen at night.
- Peace Lily: Removes benzene and formaldehyde, promotes serenity.
- English Ivy: Tackles mold spores and benzene. Ideal for kitchens and bathrooms.
- Areca Palm: Air-purifying powerhouse. Requires moderate care.
- Spider Plant: Easy-care, cleans air of carbon monoxide and formaldehyde.

If you are ready to increase your happiness, health and life satisfaction I strongly urge you to visit your local garden shop. The workers there will be able to help you figure out what plants will thrive in your house and give you care and feeding tips.

Committee: Carol D., Kim VZC., Kathy W.

Peace Lily



Plants give us oxygen for the lungs and for the soul.

—Linda Solegato

Family Promise

Jeannette Wood

Family Promise of Southwest New Jersey

Thank You! Thank You!

April was one of the months for this special project to collect duffle bags for the children.

We collected \$71.00 toward purchasing duffle bags along

with club members donating three duffle bags. I have delivered 19 duffle bags so far this year to Family Promise.

The homeless families who come to Family Promise are

in crisis and are grateful for the duffle bags we donate.

Thank you so much for your continued support to help the homeless in our community!

Arts and Culture

Spring Conference

The Garden District Spring Conference on April 17th was held at the Pennsauken Country Club. Eleven of our members attended. We enjoyed a delicious lunch. Awards were given to Sharon Hink-grand prize: crewel, baby blanket, baby dress; Joann Keefe: grand prize: Crochet clown; Kim Van Zoeren-Czoch-grand prize: strawberry/lime jam, 3rd place: photo (natural wonder); April Maska-



grand prize: crochet adult hat; Chris Taylor- grand prize photo: dragonfly, 2nd place photo: penguins; Denise Hosier-3rd place advance paper craft-card; Jody Harris-2nd place photo-reflections

Card Making

We had our Spring Card Making project at Denise Hosier's home on April 23, 2025. 16 members attended. Fun was had by all once again. New member Susan Combs came and made 6 beautiful cards. We made over 100 cards which will be given to the patients at Atlas Long Term Care facility in West Deptford.

Our thanks to Denise Hosier for once again hosting and preparing for this

activity. It's always so much fun and is interesting to see each member's creativity.

Committee: Ann C., Susan D., Sharon H., Bonnie D., Margaret O.



Socially Speaking

As our club year is wrapping up, you will notice so are our activities. Please read through the list of offerings check dates, times, and keep in mind the RSVP dates where noted. Any questions, reach out to a member of the social committee. If you have suggestions, we'd love to hear from you.

FRIDAY, MAY 2, 2025, Noon: Cinco de Mayo Luncheon

La Tentacion, 831 Broadway, Westville. *RSVP by April 30th to Jody if you would like to attend.*

Ordering from the menu with separate checks. Each attendee is responsible for purchasing her own meal.

WEDNESDAY, MAY 14, 2025, 7pm: Zoom Book Club

The Last Letter by Rebecca Yarros. *Please RSVP by May 7th to Jody to receive a Zoom invite.*

FRIDAY, MAY 23, 2025, Noon: Lunch at Red Bank Battlefield

Pop-Up Event - NO NEED TO RSVP. Everyone brings their own lunch. This is strictly a no-frills social event. More details to follow.

WEDNESDAY, JUNE 4, 2025, 10 am: Breakfast at Falcon Diner

Last breakfast for the current club year. *RSVP by May 23rd to Jody if you would like to attend.*

Everyone had a wonderful time at brunch when we met there, so we decided to try it for breakfast. Ordering from the menu with separate checks. Each attendee is responsible for purchasing her own meal.

MONDAY, JUNE 9, 2025, 6:45pm: Phillies Game

Final payment has been made. We sold seventy-two (72) tickets!! We are all set to go and root on our Phillies.

Jody Harris

WEDNESDAY, AUGUST 6, 2025: Zoom Book Club

Disclaimer by Renee Knight. (Please let me know if you prefer August 6th or July 9th.) *RSVP by the Monday prior to the meeting date to Jody.*

Committee: Jody H., Linda C., Cynthia H-B.

Girls' Career Institute



Community Impact Program

Carol Dechen
Sandy Mastrangelo

"Helping Hands~Happy Hearts"



Our CIP ladies have completed eight visits with four more to go. Our last visits will be in May.

We are enjoying our time with the children and teachers, and finding it so rewarding in so many ways. The children are amazing, and quite enlightening, I might add.

The teaching staff ~ the title teacher says it all ~

TEACHER ~

- 'T' IS FOR TEAM BUILDER
- 'E' IS FOR ENCOURAGING EDUCATOR
- 'A' IS FOR ADVOCATE
- 'C' IS FOR CHEERLEADER
- 'H' IS FOR HEALER, EMOTIONALLY AND PHYSICALLY
- 'E' IS FOR EARNEST
- 'R' IS FOR RESOURCE PERSON

Our greatest compliment ~ they don't want us to leave.

Greater Woodbury Cooperative Ministries

Joan Baur

Summer Lunch Box Program

May is the month assigned to me to collect for the Greater Woodbury Cooperative Ministries (GWCM). At the May meeting I will collect donations for the GWCM Summer Lunch Box program's School Supply giveaway. School supplies in May?? Who would have thought?? Back to School sales don't start until July.

Backpacks, composition books, crayons, scissors, pencil cases, spiral notebooks, pocket folders, colored markers, and colored pencils are needed for this project. If you would like to donate cash or gift cards to Five Below or Staples, I'll wait for the sales in July and do the shopping for you.

School supplies will be distributed at the main food

pantry in early August. Last year more than 250 students were given supplies to start the new school year. Many of those supplies were donated by our club members. Anything you can donate would be appreciated.

***Note: At this time the director of the Food Pantry has not made a decision about the food aspect of the Lunch Box Program.

A #2 pencil and a dream can take you anywhere.

—Joyce Meyer

Parliamentarian

Here are a few dates to make on your calendars!

June 19th at 6:00PM in Marlton will be our **June District Council** meeting. Light refreshments will be served.

October 20th will be the **NJSFWC State Fall Conference** at the Lobster Shanty in Point Pleasant. This will be a luncheon meeting with several guest speakers.

Cheryl Fairchild



Advocates for Children

Karen Hink

Raising Awareness

In April we “planted” Pinwheel Gardens to bring awareness to Child Abuse Prevention. We placed our pinwheels at Riverwinds Community Center, The Gloucester County Child Advocacy Center and at the West Deptford Free Public Library.

Crayons

We continue to participate with the National Crayon Recycle Program. Please bring old or broken crayons to our meeting. Crayons will be recycled and distributed to children in need.

Ronald McDonald House

As we head into the summer months, please continue to save aluminum tabs for Ronald McDonald Children’s Charities.



Memorial Day Parade

April Maska

Hi Club Sister,

Don’t forget to mark your calendars to join us as we participate in the Memorial Day Parade again this year. I will share the final details for our start time and placement in the parade as soon as I receive the information. The date is May 26th and the parade start time is 10:00 a.m. We will gather

on Colonial Avenue in Colonial Manor. You may choose to walk in front of the truck or ride in the wagon. We will need volunteers to carry our banner as well.

There should be plenty of candy to toss to the children this year so hopefully we will not run out. Please wear our purple club

shirts for the parade so people will recognize us. If you don’t have a purple shirt, a red, white and blue top will work as well.

This is a fun event and a great way to be seen in our community.

Thank you all!

April

Thank You Notes



A heartfelt thank you to my dear friend, Jan Anastasi, for surprising me at our April Meeting last month with a beautiful, delicious birthday cake celebrating my 80th birthday. I was overwhelmed by her

generosity and thoughtfulness. Jan, you are such a sweetheart, always thinking of others and making them feel special. I am truly blessed and grateful for your friendship.

—Love, Peg S.

Dear Club Sisters,
Thank you so much for the meals, cards, text messages, and prayers received during my knee replacement surgery. Your kindness meant a lot to me and was much appreciated!

—Cheryl

**Child abuse
casts a shadow
the length of a
lifetime.**
—Herbert Ward

Special State Project

Denise Pitchford

New Jersey Children's Alliance

We have two summer projects for our Special State Project and will keep you informed as time moves forward.

Know and Tell

JUNE brings our Know & Tell Event, which is a training program for adults on preventing, recognizing, and reporting child abuse. Expert trainers will provide an interactive and dynamic workshop on how to create a safe community where all adults help promote child safety and understand their role as a mandated reporter of child abuse.

Please mark your calendars:

June 17th

10 a.m. – 1 p.m.

RiverWinds Community Center

You will need to register for this event. A flyer with all pertinent information is on page 11 of this newsletter. We also ask you to support us and come out for this training and to publicize it to your family and friends.

State Raffle Basket

AUGUST will be the NJSFWC Lobster Shanty Basket Raffle and Luncheon, for which we are making up our own Summer Beach Fun basket raffle donation. All proceeds go to the NJ Children's Alliance, our

Special State Project this year. Tickets are already sold out for the event!

Thank you to those who have dropped off their donations for our basket already to Pixie or Denise. We may put it together before the May meeting if we have all the items. You were so very generous, and we will have a lovely donation to give to NJSFWC for this event. A reminder to please get your service hours and monies spent on your donation to Denise P.

Thanks again for all your support!

SSP Committee: Denise P., Karen H., Jeannette W., Pixie O., & Debbie H.

Civic Engagement And Outreach

Cynthia Holmes-Butler

Remember to send me your food and clothing donations each month for the state yearly report.

FOOD

- # items donated
- money spent or approximate value
- hours spent shopping, transporting, etc.

CLOTHING

See the information (right) from the State about collection of other items.

****CLOTHING ARTICLES
NOT LISTED CAN BE VALUED
AT \$2 PER PIECE.**

Please send me the monetary value of your donations & the hours spent collecting, transporting, etc. Thanks so much!

Valuation Guide for In-Kind Donations:

Notes:

- Any **new items** donated should be valued at their actual price.
- If donating used items not listed below (furniture, household goods, etc.), the value of these should be approximately 1/3 of their original cost.
- Some items listed below are handmade or homemade and are not used, so an approximate value is listed as a guide.

Use this guide to help value items frequently donated by clubs or their communities in support of club projects.

• Aluminum tabs-----	\$ 1 per pound
• Books, used-----	\$ 2
• CD's or DVD's, used-----	\$ 2
• Coats, used-----	\$ 10
• Cookies-----	\$ 5 per dozen
• Dolls/animals, handmade (for police, first responders)-----	\$ 5
• Eyeglasses, used-----	\$ 2/pair
• Gloves/mittens/scarves, used-----	\$ 2
• Gowns, used (prom gowns, etc.)-----	\$ 25
• Hats or caps, new knitted/crocheted -----	\$ 5
• Hats or caps, handmade (for cancer patients)-----	\$ 5
• Masks for COVID-19 purposes, new-----	\$ 2-\$5
• Shoes, used-----	\$ 5/pair
• Stuffed animals, used (for police, first responders)-----	\$ 1
• Towels/rugs, used (for animal shelters, etc.)-----	\$ 1 - \$2

Note: Clothing items not listed above can be valued at \$2 per piece.

History Spotlight

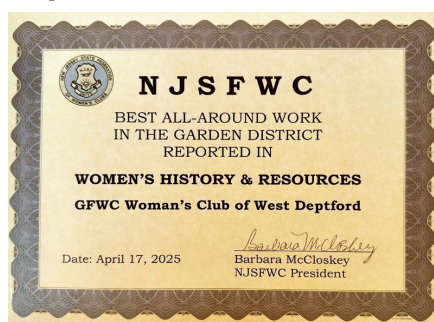
Did you know?

The Woman's Club of West Deptford has a long and memorable history of connecting with our community and fundraising to accomplish our goals of community service projects and funding for the W.D. High School Scholarships each year. Today we use Facebook and Instagram to advertise our projects but in the past we relied on newspapers to inform the community of club events.

The year was 2008; the newspaper was the Gloucester County Times; the post was "Around Our Towns", and we were featured in an article detailing our club's POND and GARDEN TOUR. This annual event continued through a decade and was very popular in our community. To the right is the picture and we can read about the tour along with the enjoyable Wine and Cheese finale which lasted until dusk. Preparation included finding landscaped ponds and beautiful gardens to visit and admire. Advance tickets were sold each spring and

summer as a committee of members prepared maps to give directions and addresses for ticket holders to follow. Ellen Sanker, Jeannette Wood, Linda Jones, and Denise Pitchford were joined by a committee of ladies who made this event successful year after year. History proves to be an ongoing study of us and our place in an ever-changing world.

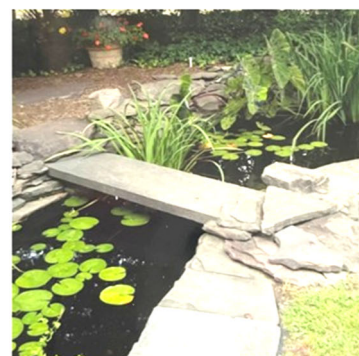
I hope you enjoyed this TIDBIT from the past!



It is my pleasure to investigate, recall, and report on the history of our club. So nice to receive the Garden District Award in HISTORY too!

— Linda

Linda Jones



Federation News

Cynthia Holmes-Butler

Celebrate the 60th Anniversary of our Headquarters with a picnic on June 22nd, 1-4 p.m. All are invited!

1894 Society Special Pin

Did you know our Headquarters was built mostly by collecting green stamps? Get a special "Green Stamp" pin on this 60th anniversary with a donation of \$60 or more to the 1894 Society. This money helps pay the rent for the land to Rutgers University.



NJSFWC HEADQUARTERS PICNIC

Sunday June 22nd | 1:00pm - 4:00pm

Join us in celebrating the kick off of Headquarters 60th Anniversary

\$10.00 per person,
\$25.00 for a family of 3 or more

RSVP: June 13th 2025

Basket Raffle

April Maska

Hi Ladies,

I know we are all enjoying the warmer weather and anticipate a wonderful summer.

However, don't forget to mark your calendar for our Annual Basket Raffle scheduled for Sunday afternoon, October 26th. Fall will be here before you know it!

As we wait for our licenses, please start thinking about what basket you will be donating to this fun event. I will have more information at our May meeting and will be scheduling a Zoom meeting for all of you who want to help make this another successful fundraiser.

Our Super Basket is a week-end in Cape May and we will once again have our Mystery Bags for added fun and surprises. We will also hold our 50/50 to support the NJSFWC State Project The Children's Alliance as we do every year.

Thank you all for your support of this major fundraiser.

Education and Libraries

Susan Degnen

School Library Month

April was School Library Month. Our District Librarian, as well as the school-level librarians, were recognized for their dedication and commitment to our students and staff.

[2013/03/hi-me-im-still-around.html](https://www.youtube.com/watch?v=EgPULPfXzvg)

<https://www.youtube.com/watch?v=EgPULPfXzvg>

<https://www.youtube.com/shorts/ETnWB-Tp5zk>

Hopefully when they are completed and turned in we can add to the bags with ideas for a party for the students. This could be recipes or links for sites to supplement learning.

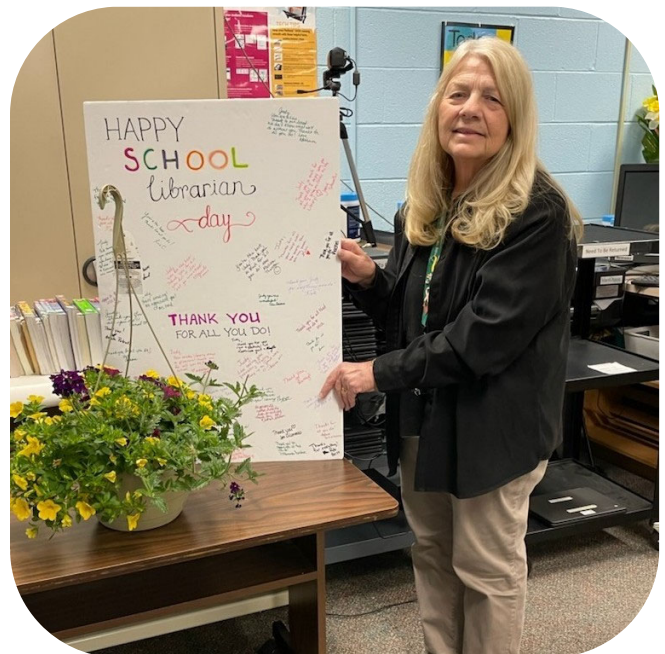
Book Club in a Bag

For our future project we have a Book Club in a Bag. Any seamstresses are encouraged to find some fun material in their sewing closet or purchase some to create this fun bag!

It should be big enough to hold 6 books. This can be done over the summer months and returned to Susan Degnen when completed. Any questions should also be directed to her.

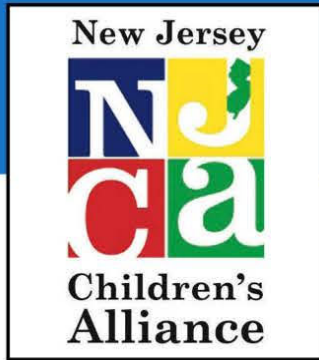
Tutorials:

<https://amwran-domthoughts.blogspot.com/>



Judy Frantz, WD Middle School Librarian

There is more treasure in books than in all the pirate's loot on Treasure Island.
—Walt Disney



GFWC Woman's Club of West Deptford
in Partnership with
The NJ Children's Alliance



Woman's Club of West Deptford

KNOW & TELL Training Course

**What are the signs
of a child
in distress?**



Know & Tell is a **FREE** training program for adults on preventing, recognizing, and reporting child abuse. Expert trainers provide an interactive and dynamic workshop on how to create a safe community where all adults promote child safety.

Participants receive a Know & Tell folder with resources and reminders, and a Certificate of Completion

June 17, 2025

From 10 am to 1 pm

*To Register and Reserve
your spot please email:
kmhgfwc@gmail.com
with your name and
phone number*



Karen Hink
kmhgfwc@gmail.com
Woman's Club of West Deptford

Location:
RiverWinds Community Center
West Deptford, NJ 08086



GFWC Woman's Club of West Deptford

P.O. Box 381
West Deptford, NJ 08086

President: Janice Morrison
president@wdwomen.org

Membership: Ann Caswell
856-534-3077
membership@wdwomen.org

Community Service
Spiced with Friendship and Fun

UPCOMING
May 5-7: NJSFWC Convention
May 6: Walking Group
May 11: Mother's Day
May 13: Regular Meeting
May 14: Spring Book Club
May 15: La Sicilia Fundraiser
**May 23: Lunch at Red Bank
Battlefield**
May 31: Tidbits Deadline
June 3: Walking Group
June 9: Phillies Game
June 10: June Dinner Meeting
June 15: Father's Day
**June 17: Know and Tell
Workshop**

Website: wdwomen.com
Facebook:
[womansclubofwestdeptford](https://www.facebook.com/womansclubofwestdeptford)
Instagram: [wcofwestdeptford](https://www.instagram.com/wcofwestdeptford)

Committee Collection Schedule

- ◆ **Every month**—Food pantries
- ◆ **Special State Project** — Priority
- ◆ **May:** Education/GCI, Health and Wellness/GWCM
- ◆ **June:** Family Promise
- ◆ **September:** Civic Engagement/Outreach
- ◆ **October:** Domestic Violence, Advocates for Children
- ◆ **November and December:** Civic Engagement & Outreach
- ◆ **January:** Family Promise, Advocates for Children
- ◆ **March:** Advocates for Children; Health and Wellness, Domestic Violence
- ◆ **April:** Family Promise, Domestic Violence

Dear Secret Pal

Dear Secret Pal,
Thank you for the beautiful spring wreath. It's been hanging in my front picture window since I came home with it. It's just beautiful and my favorite colors. Thank you. I also want to thank you for the "Housewives of West Deptford" insulated tumbler. That is so cool. I purchased one last year and ended up using it as a gift - the person I gave it to just loved it, as did I. I was so excited to receive one for my birthday. Every time I take it somewhere I always get compliments. Everyone loves it! Thank you for your thoughtfulness! —Jody

Dear Secret Pal,
Thank you so much for the beautiful tulips! They were a great addition to my Easter decorations and the bulbs will be planted in my yard and enjoyed for years to come!
—Cheryl

Dear Secret Pal,
Thank you for the yoga accessories last month. They were a perfect, thoughtful gift and a nice addition to my equipment. I love them.
—Best wishes, Janice

Dear Secret Pal,
Thank you for all of my special gifts this month. The Bunny and Bling T Shirt, Easter socks, Adorable Solar Dog (who glows every evening), Special Dog stone, Hobbie Lobby Gift Card and the candies. Everything was wonderful and made my Easter extra special.
—Warmly, April

Hi Secret Pal!
I wanted to thank you for the Easter decorations you gave me. I really appreciate them; you made my coffee table eggstra special. Thank you again for the candy. (My daughter ate that before I even got it out of the bag!)
—Kristen C.



Basket Raffle

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