GFWC
Woman's Club
of West
Deptford

Tidbits

Volume 33 ~ Issue 3 November 2026

NEXT MEETING
Tuesday Nov. 10
6:30 p.m.
WD Middle School

Refreshments
Karen H., Patty W.,
Denise P., Peggy G.

November Birthdays
3—Denise P.
4—Chris T.
7—Kimberly VZC.
17—Cynthia H-B.
21—Lisa H.

GFWC Woman's Club of West Deptford

Member of
General Federation
of Woman's Clubs
(GFWC),
New Jersey State
Federation of Woman's
Clubs (NJSFWC),
Garden District

President
Jody Harris
president@
wdwomen.org

Membership
Sharon Bowen
609-221-6331
membership@
wdwomen.org

President's Message

Jody Harris

The trees are dropping their leaves, the temperatures are falling, as we head into the holiday season. Before you know it, we will be wearing cozy sweaters and watching the Thanksgiving Day Parade. Finally, with family and friends we sit down to Thanksgiving dinner. As we celebrate the holiday we are reminded to be thankful and grateful for the many blessings in our lives—and the many blessings we bring into the lives of others.

"May the blessings of Thanksgiving fill your heart and home with joy."
– Seasonal Blessing

Member Appreciation Month

"A club is only as strong as its members, and we are incredibly blessed to have women as passionate and committed as you." —Unknown

I am grateful and appreciative for every one of you ladies. Your hard work, dedication, for always stepping up to help, for everything you do to make our club a success. It is a pleasure working and growing together. You are amazing women.

Thanksgiving Baskets/ Operation Blessing

Once again, we are able to bring Thanksgiving meals into the homes of three families in our school district. Each dinner is valued at $250.00

The district will decide which families will get these meals. The funds come from our 2025 basket raffle and internal fundraisers. This is one way we give back to the community.



Something else we do at this time of year is called "Operation Blessing." This is run by the high school. We give money, $1,500.00, to the high school guidance department for this project. This money will allow families to shop for gifts for their children during the holiday season. These are just two of the many ways we give back to the community from our fundraising each year to make someone's holiday season just a bit brighter.

Food Insecurity

Whie we are able to help some people during this holiday season, unfortunately, there are many more that we cannot. In the spirit of the season, I'd like to request, if at all possible, that you consider filling a grocery bag for one of our food pantries and bring it to the November meeting. You can designate if you would like your items to go to the Dream Center, Colonial Manor Pantry, or Greater Woodbury Cooperative Pantry. I'm sure they would be appreciative of anything we can add at this holiday season. Please be sure to note the number of items you are able to donate, the time spent in shopping for your items, and your cost.

Guest Speakers/Programs

November's speaker will be Natalie Fortunato from the South Jersey Dream Center. If you could please arrive by 6:30pm so she can start promptly, that would be appreciated.

Basket Raffle Update

The basket raffle was a tremendous success with 226 tickets sold, and 76 beautiful baskets to tempt our patrons. Not to mention our Super Baskets, Mystery Bags and our 50/50 for Embrella. A huge thank you to April and Sue N. for chairing this event, as well as to the "Basket Gems" and everyone else who helped in some way to make this event possible, profitable, and a wonderful afternoon spent with family, friends, and club sisters. I'll

Continued on next page-->

stop there and let both April and Sue fill in all the details for us.

Page Turners and Pixels

Wednesday, December 2, 2026 at 7:00pm on Zoom. We will be discussing the book, *Theo of Golden* by Allen Levi. If interested in attending, let me know by Monday, November 30th.

NJSFWC Workshops and Seminar

I can't stress how important it is to attend the report writing workshop if at all possible. This workshop is being held in November, on Zoom. You will learn what your report should include and what is being looked for to project what you have worked so hard to accomplish in your committees. (Jan.-Dec. 2026.) November 18, 2026 Zoom Meeting 7:00-8:30pm

Report Writing

Last month I suggested you start gathering your information. This year is a complicated year, as our reports go from January -December 2026. Many of our committees, as well as board positions, have changed hands as of September. With that being said, several people might be working on the same report. We will discuss this at the meeting next week. Please bring your questions and concerns. I will have handouts for those that are responsible to write a report this year.

Reports will be due to me by early January so they can be reviewed, and sent out by the end of the month. They must be postmarked by the end of January. Please keep in mind deadlines and due dates.

Upcoming Meeting(s)

Just a reminder that our December meeting will be abbreviated, so that we can celebrate the holidays together at Seven Star on Tues., December 8 at 6pm. As has been prior practice, our January meeting (1/12) will be a 6:30pm Zoom meeting. We will come together once again on Tuesday, February 9, 2027 at the West Deptford Middle School at 6:30 promptly.

Wishing you all a very Happy Thanksgiving.

In Federation Friendship,

Jody



First Vice President

Ann Caswell

Membership Appreciation

November is Membership appreciation month. I want to thank all of you for all you do to support our community. What a wonderful caring group of women you are! I am proud to be part of such a great organization.

Boscov's Fundraiser

Our Boscov's "Friends Helping Friends" fundraiser was completed on October 21st. This worked out to be an easy way to earn money for our charitable work. Members purchased 63 cards and 95 cards were sold at Boscov's. I want to thank our members who donated 2 hours of their time to do tabling at the store. These members are: Bonnie Dann, Sharon Hink, Linda Clark, Carmel Ferrandino, Sue Combs, Sue Nelson



and Pixie O'Hara. As you know, the club raised $5 per card. This was an easy and low-cost fundraiser. Our total profit was $790. Thank you, everyone!

Dine to Donate

Mark your calendars for our next fundraiser at Pat's Select, National Park. We will receive 20% of all purchases for Thursday November 19th from 11am to 8pm. Just mention WD Woman's Club when ordering take out or dine in and leave your receipt in the jar at the counter. We will receive 20% of all sales for the day. Let's have a night off from cooking and enjoy delicious food and support the Woman's Club. This is our first fundraiser with Pat's Select. They do have an online menu.

Service Hours

Don't forget to send me your service hours for each month,. They don't need to be broken down by project, although the various chairs will want your hours and $ for each separate project. Thank you!

Poinsettia Sale

Just a note: We will not be having a Poinsettia sale this December.

Second Vice President/Membership

Sharon Bowen

Member Appreciation Month

It's Member Appreciation time and WCWD has the cream of the crop! While we're already thinking past this month and onto December, it's important to slow down a bit and give November the attention it deserves.

It most definitely is a time to be thankful and appreciate our blessings. When I was asked a few years ago what I was thankful for, WCWD was on my list! I've enjoyed all aspects of this club and hope all of you do as well.

We always talk about the "why" of what motivates us to be a part of something. In the meantime, let's think about what makes WCWD "special" for all of us. If you care to share your thoughts on why our club is "special to you" please leave your comments in the box provided on the circulation desk as you enter the library for the November meeting. Comments can be anonymous if you choose. I will share just a few at the meeting, and compile all the comments received for December Tidbits.

Looking forward to greeting all of you for our Member Appreciation Meeting.

Remember, guests are always welcome and if you can, please let me know ahead of time so I can have information ready.



Special State Project: embrella

Linda Marple

embrella is the NJSFWC Special State project for the next two years.

Founded in 1972 and incorporated in 1974, embrella, formerly Foster and Adoptive Family Services, serves foster, adoptive and kinship parents in communities throughout NJ.

Who embrella Helps

Children who are placed in foster care because they have experienced abuse or neglect and it is unsafe for them to remain at home. They are innocent victims of unfortunate circumstances. But they are not alone. embrella supports children and resource parents that provide the critical care that foster children need.

embrella provides services, support and training opportunities for foster, adoptive and kinship families, and others having the responsibility for and/or the interest in the well-being of children. embrella's mission is to embrace, support, and advocate for children, youth, and families within the child welfare community. Their vision is a future where all children, youth, and families are safe, stable, and nurtured.

Christmas Project

The Christmas project is to collect items for children who are being served by embrella. Jody sent out an email for me listing the items needed for this project. If you did not receive this email, **you can find it on page 11 of this newsletter.** You can purchase any of the items on the list or purchase any item you think a school age child would want. You may also donate money at our November meeting. If you have items delivered to me, please tell me to expect the delivery. I also need the in-kind donation amount and the time you spent shopping. Checks may be given to me made out to NJSFWC and put embrella in the memo space. November is the last in-person collection. I need to deliver the collection to headquarters by Dec. 7th. Any committee member is welcome to ride with me to make the delivery.

At our October meeting, I received two makeup pouches, a beautiful Vera Bradley wristlet, a Bath and Body Works fragrance mist and $95 cash. In addition, one member sent two Lego Minecraft sets. The women in this club are incredibly generous! The children served by embrella will certainly have a happy holiday season.





Arts Performing

Debbie Hinkle

The WCWD Dancers are getting ready to meet with our choreographer on November 11th. Our costumes are ready and so are we.

Please save the date of April 3rd to come out to the Garden District Performing Arts Day at Salem Community College to cheer us on as well as to meet other NJSFWC members in our District.



Family Promise

Jeannette Wood

In order to continue the work of Family Promise of Southwest New Jersey they are having a Basket Auction and Bingo Event on Saturday, November 21 at the Incarnation Church at 3:00 pm. We are donating a basket in the name of our club for the event.

If you are interested in attending, please see the information below.

We hope to continue our support for these homeless families.

November is National Homelessness Awareness Month.





(Above) We were highlighted in Family Promise's Facebook post on October 7. They partnered with St. John of God's Mobile Food Pantry to distribute food to more than 60 families.

Newsy NOTES

Nancy & John B.'s son, Tyler, is a doctoral candidate at the University of Minnesota, with antipaticipated graduation of Spring 2027. He was recently awarded the Dr. Robert O. Pepin Fellowship for his research work focusing on rapid identification of kilonova candidates in follow-up and serendipitous optical searches as well as facilitation of high energy astrophysical observations through the General Coordinates Network.

Nancy and John B. traveled to Cooperstown, NY to attend the Little League Baseball Tournament for their grandson, Cole, whose team, the West Windsor Warriors, moved through to the semi-finals. They enjoyed visiting the National Baseball Hall of Fame and other baseball-related events. Congratulations to Cole and his teammates.

Clara and Bill Campbell are so proud of their grandson Beckett and his Pitman Cross Country team. They just qualified for States. Beckett set his own personal record of 17.19! Good Luck to the Pitman Cross Country Team!



AWARD WINNING NEWSLETTER: Tidbits won first place in the state.

Socially Speaking

Linda Clark

November 12: Brunch at Hen and Honey, 11AM

95 Woodstown Road, Swedesboro. You order and pay at the counter. They deliver your order to your table. RSVP by November 4th. The place is adorable and they run seasonal specials.

December 8: Holiday Dinner at Seven Star Diner

1890 Hurffville Road, Sewell 856-228-5166. Your dinner will include soup of the day, a garden salad, your entrée, unlimited soda, coffee or tea and for dessert: pudding, Jello or ice cream. (As per our vote at the September meeting, we will NOT have cake.)

Entrée choices are:

- Chicken Marsala with fresh mashed potatoes and broccoli
- Chicken Parmigiana with Linguini
- Broiled Tilapia with fresh mashed potatoes and broccoli
- Baked Virginia Ham with fresh mashed potatoes and broccoli
- Roast Turkey Breast with house-made stuffing, fresh mashed potatoes and broccoli
- Mom's Lasagna made with ricotta cheese, crumbled meatballs, Italian sausage, marinara sauce, topped with mozzarella cheese and meat sauce.

The cost will be $43. RSVP by November 20th to lindagfwc@gmail.com.

There will be a cash bar. Please order and pay at the bar for your drinks.

All dinners have to be paid in advance. If you are paying by cash or check (made out to WCWD), please put your payment in an envelope with your name and Holiday Dinner on the outside of the envelope and give it to Sue Nelson by the November meeting. Or use Venmo or Zelle.

Holiday Ornament Exchange

Purchase a NEW ornament ranging from $8 -$10 and place it on or near the tree. Pick a number. When your number is called you will select an ornament to take home. Everyone who brings an ornament will go home with an ornament.

Please remember to send me your ideas for social events. The committee does have a couple of ideas for the spring that do not involve just going to a restaurant.



HALLOWEEN COSTUME WINNERS: Most Creative Joann K., Scariest Linda M., Organizer Linda C., and Cutest Sue C.

Helping Hands~Happy Hearts

Sandy Mastrangelo
Carol Dechen

A picture is worth 1,000 words, so here are 2,000 words from Helping Hands~Happy Hearts!



HAPPY HALLOWEEN from Karen H., Red Bank School Grade 1. And HAPPY FIRE PREVENTION WEEK from Barb O., Oakview School Grade 2.



Basket Raffle

April Maska
Sue Nelson

Well, Ladies, we did it! Our 2026 Annual Basket Raffle is over and it was a HUGE success. I want to start by thanking the Basket Raffle Gems for the unfailing support, suggestions, and willingness to help wherever it was needed. We have been planning since March and each one of them were there every step of the way! Also a big thank you to all of the volunteers who generously gave their time on Sunday, 10/26, setting up, breaking down, selling tickets, manning booths, putting signs, pens and programs on tables, collecting signs, licenses, etc. for me, helping to pull tickets, delivering baskets to winners (including David and Tom) and just continued to ask where they might be needed. This is how you make an event a success. Finally, thank you to everyone who donated a basket, solicited baskets/gift cards, and bought a seat to our event. It takes a village (club members) to make things happen and you did not disappoint.



And to the amazing Sue N. who has already finished our post State Report and to Linda C. who, with Sue calculated figures and sent the report to the state. (Brush hands together), our job is done. Now, I have the figures for each part of our raffle to share with you and will go more in depth with expenses, donations and more at our November meeting. I also have a comparison chart from last year to this year and ladies, we made more this year in all areas. 😊

- Seats sold: 226
- Total: $15,111.00
- Raffle: $10,200.00
- Mystery Bags: $1,031.00
- Super Trees: $3,880.00
- 50/50 (embrella): $1,005.00

Yup, this Co-Chair is a happy girl. 😊 Sue and I are so grateful to all of you and we know that we will now be able to continue to support our causes because of this fantastic event. Give yourselves a pat on the back.

On to to holidays! We will celebrate as club sisters and look to the new year for more exciting and positive experiences.

In WDWC and
Federation Friendship,
April and Sue

Our Sponsors

2026-2027 April Maska

- Syensqo Specialty Polymers USA, LLC (Formerly Solvay)
- Keller Insurance Services
- L & C General Contractors

Advocates for Children

Barbara Oldt

Birthday Cake Kits

Thank you to all our members for their generous donations.

We were able to make up 38 complete birthday kits. These kits allow families to make the cake without needing eggs or oil.

Our committee delivered them to the Greater Woodbury Food Bank and the Colonial Manor Pantry.

Keep Collecting

Our ongoing collections are soda tabs and broken crayons. They can be brought to the meeting or dropped off at Karen Hink's or Barb Oldt's houses.



History Tidbit

Linda Jones

Did you know?
Civic Community Effort

November is the perfect month to highlight our civic responsibilities to our country and community. These responsibilities are voluntary actions guided by ethics and a desire to help the community. Examples include voting, volunteering, and staying informed about public policy and local government.

The NJSFWC Civic Engagement and Outreach Community Service Program directs local initiatives in four main focus categories:

- Citizenship
- Crime prevention, safety, & disaster preparedness
- Those in need, food insecure, & unhoused
- Military personnel & veterans

The GFWC Woman's Club of West Deptford department of Civic Engagement and Outreach has been busy on projects such as Operation Holiday Stocking, Day of Service (September National Day of Service & Martin Luther King Day), food insecurity and domestic violence, Family Promise, South Jersey Dream Center, Greater Woodbury Cooperative Ministries, Wreaths of Remembrance, Police & Fire Department, and Voting, by remembering Women's Suffrage and the right of women to vote.



Operation Holiday Stocking 2026

One of our favorite club projects had its inception in the year 2009 with "Operation Christmas Stockings" for "Boatsie's Boxes." The project partnered with "Operation Jersey Cares," a non-profit organization of veterans and supporters.

In 2010 our club filled stockings at Joan Baur's home and this project took off as a yearly favorite. Robin Evans was the chairlady in 2011 as wishlist items and personal handwritten notes wished service men/women holiday cheer. In 2014 our club under "Operation Yellow Ribbon" located in South Jersey, filled stockings for the troops serving in the Middle East including Iraq, Afghanistan and surrounding areas.

Through all the years we have brought joy to our servicemen by labeling our stockings for "men" and "women" with appropriate requested items. In 2025 we had extra items that were dropped off to Home For The Brave which houses veterans in Camden, NJ. Thank you Cynthia Holmes-Butler and







Isabella Cooper for your efforts during the past two years for our club as the stockings go this year to a facility in Flemington, NJ for inspection, then off to our troops. This project is usually completed by the state federation before or around Veterans Day on November 11th as we honor America's veterans for their patriotism, love of country, and willingness to serve/ sacrifice for the common good. "Let us do good!"

Civic Engagement and Outreach

Cynthia Holmes-Butler

Food & Clothing Donations

Please send me any food or clothing donations that you have made, including:

- Your name
- Number of items
- Where you donated
- Time spent shopping, gathering and transporting

Susan Combs, Pixie and others have given me totals.

Nancy Barna keeps her own list of totals and gives it to me at the end of the year.

Places to Donate

- Wheels of Change, Westville
- Second Chance Boutique, Woodbury
- South Jersey Dream Center, open Wednesday 11:30AM-2 or 2:30pm
- Jeanette's Closet, Central Baptist Church, Woodbury. Open Tuesday, 9- 11:30am
- Nancy Barna's porch, donation box open 24/7

Thank you for your generosity !!

Domestic Violence Awareness/Prevention Linda Marple

About SERV

Services Empowering Rights of Victims (SERV) provides support to victims and survivors of sexual violence, domestic violence, and human trafficking to help people in a journey toward healing and empowerment.

SERV supports survivors through competence and empowerment and provides a safe space for all that encourages recovery and self-care. Advocates protect the rights of survivors to ensure they are treated with compassion and dignity.

Support is offered for the survivor and those close to them through our 24/7 hotline, online chat, crisis intervention, legal advocacy, safe housing, education, and counseling and support groups. All services are free of charge, strictly confidential, culturally sensitive, and bilingual.

If you are in crisis, you can contact an advocate in one of the following ways:

- Call 866-295-SERV (7378) in Camden, Gloucester & Cumberland County, NJ
- Call 856.408.3164 in Passaic County, NJ
- Chat online using the box in the right corner of SERV's web page
- Send an email to serv@centerffs.org

SERV provides sexual violence, domestic violence, and human trafficking services in New Jersey's Camden, Gloucester, and Cumberland Counties, and sexual violence services in Passaic County, NJ.

Volunteers

Volunteer training is an important part in providing service to victims of Domestic Violence or Sexual Assault. Trained volunteers meet with survivors of Domestic Violence at police stations and victims of sexual assault or non-fatal strangulation are met at the hospital. Volunteers listen to victims and provide compassionate support. They also inform the survivor of services which are available to them which are described above. Volunteers may support the survivor during the forensic exam (rape kit).

Training is offered several times during the year. The first and last training are in-person. The remaining trainings are on zoom. If you are interested in taking the training speak to either Janice Morrison or me.

Our Latest Volunteer

CONGRATULATIONS to Tee McCall who finished her training and is now a SERV Volunteer.



Arts & Culture

Ann Caswell

Gnome Door Hangers

Hello everyone! We had a successful Fall Project! Everyone who participated had a fun evening. Members used their creativity to create one-of-a-kind door gnomes. Check out our Facebook page to take a peek at lots of gnomes.

Holiday Card Making

Our next project will be Card Making at Denise Hosier's home on December 1 at 3pm. Denise's address is 122 Sandpiper Lane. This is always a fun group activity. Denise prepares packets for the members and also decorations to adorn the cards.

I will have a sign-up sheet at the November meeting. Looking forward to a fun afternoon working with everyone.

Thank you, Denise, for opening your home to us. Our completed cards will be donated to the patients at Atlas Rehabilitation and Healthcare, West Deptford.





Environment

Patty Wyzykowski

Bottle Cap Recycling

Our WCWD plastic recycling program has been very productive and successful for several years now. We have been collecting plastic lids and #5 plastic medicine bottles and taking them to Eco Plastics of Delaware. The plastics are processed into park benches and various other items. In early October we delivered 81 pounds of plastics and this past Thursday we took another 128 pounds to ECOP. While we were there, we were told that ECOP has now expanded their product line to include smaller plastic items such as flower pots, back scratchers etc. They are using the left-over plastic scraps from the manufacture of the larger benches to create the smaller products

Our Environment Committee is pleased to let you know that Carol Dechen has been using some of our donated plastic lids and bottles for their Senior Care Co-op at Riverwinds. The Senior Care Co-op is sorting the lids and bottles by color, which helps stimulate the brains of our friends with Alzheimers Dementia. Sorting the plastics by color helps ECOP with the preparation and manufacturing of their products. It's a Win-Win!



Our WCWD plastic lid and bottle collection is part of a recycling process. In many instances the lids and #5 plastics are not recyclable by local township collections and the items are thrown in the trash or end up in landfills or waterways.

National Recycling Day

November 15th is National Recycling Day. We can consider further recycling opportunities. A portion of a National Days and Events Guide article describes National Recycling Day along with helpful recycling tips as follows:

National Recycling Day is the common name for the annual November 15 recycling observance in the U.S. and has been observed since 1997.

Its core message is simple: recycling helps communities cut waste, but only when materials are sorted correctly. Contaminated loads are harder and costlier to process, so knowing your local rules matters as much as the effort of recycling itself. The habit also shouldn't be limited to a single date; the goal is to recycle right all year. Recycling reduces waste, conserves natural resources, saves energy, reduces waste and supports the circular economy (keeping materials in productive use as long as possible rather than treating items as disposable after a single use.).

What you can recycle depends on your local recycling program. Always check your city, county, or recycling provider before putting an item in your recycling bin.

Commonly Recycled Materials

Paper, cardboard, and metal cans are the materials most commonly accepted in curbside programs. Plastic bags, electronics, and batteries generally should not go into standard curbside bins.

What Should Not Go in the Recycling Bin?

Common Problem Materials:

- Plastic bags
- Batteries, especially lithium-ion batteries
- Electronics
- Food-contaminated materials
- Hazardous materials
- Certain plastic packaging
- Anything your local program does not accept

Wishcycling means putting something in the recycling bin simply because you hope it is recyclable. It feels helpful, but the wrong materials can contaminate an entire load, slow down sorting, and sometimes send otherwise good material to the landfill.

Common Recycling Mistakes to Avoid

- Assuming the recycling symbol means "accepted." The symbol on packaging doesn't guarantee your local program takes it.
- Bagging your recyclables. Loose items are easier to sort, and plastic bags jam sorting equipment.
- Tossing in dirty containers. Food and liquid residue can spoil paper and cardboard.
- Putting batteries in the bin. Lithium-ion and other batteries can cause fires at collection and sorting facilities.
- Wishcycling. When in doubt, check local rules instead of guessing.
- Skipping reduce and reuse. Recycling is a last step, not the first one.
- Relying on a generic list. Local rules always take priority.

Thank you for participating in our plastics recycling program and helping our environment!

Health and Wellness

Carol Dechen

Well-Being and Happiness

Emotional well-being is frequently overlooked. We can all recognize the importance of staying active and physically fit to enjoy time with friends and family. However, we may not give enough attention to mental health and its influence on happiness and well-being.

What is Happiness?

Happiness differs across individuals, though it is often described as a sense of well-being. It involves satisfaction with life's achievements and a sense of awe when with family or friends, or joy paired with euphoria.

Our brains recall unpleasant events more readily because this aided ancestors in survival mode; today we live in a relatively safe world, yet our brains remain tuned to negative memories over positive ones. Good news: we can train our brains to accept happiness and adopt a more positive outlook. There are ways to cultivate an attitude of gratitude.

Myths and Facts

- Money will buy you happiness—just more stress
- You need to be in a relationship to be happy—single people can find happiness just as easily
- Some people are simply born to be happy

If there were a Happiness Scale, 50% would reflect the level you were born with, then add 10% for life's accomplishments, and finally add 40% for actions and choices. This totals 100% on the Happiness Scale.

How To Tips

- Give thanks—acknowledge someone who has helped you.
- Journal—a written reminder of good events.
- Count your blessings—reflect on good people, places, or things in your life.
- Write a letter of gratitude—write to someone who did something kind.
- Find positives in a negative situation—when you find meaning in bad events, you become wiser and stronger.

I will focus on the 5 STEPS of Happiness over the coming months, so stay tuned. My information comes from HelpGuide.org, a very interesting article.

Senior Moments

So when I left the house, I didn't realize I left my phone behind until i got to my destination. I was meeting my daughter but had no way of calling her nor did I remember her phone number. I thought, "Isn't this something?" and how was I going to get in touch with her now?

Yes, I could have gone back home but I would have missed a special memory, the school Halloween parade. Anyway, the moral of the story is, we are going to have Senior Moments, so find a solution to help: Mine will be: to write down your kids' phone numbers and put it in your wallet.

Side note: Later that night, I did remember all three kids' phone numbers as I was making the notes for my wallet, but at the time I was just panicked and couldn't think. Everybody is in my contacts in my phone.

Health and Wellness Committee Projects 2026-2027

- Blood Drive - January blood donation
- Vision Board - January
- Go Red for Womans Health - first Friday in February
- Operation Smile - ready for delivery in late Spring

Education: GCI & HOBY

Sue D., Kim VZC., Joann K.



At our October meeting Kimberly Van Zoeren-Czoch introduced Karissa Fithian and Karley Oswald, GCI Delegates. Susan Degnen introduced HOBY Ambassador Peyton Stumpo. The three young ladies spoke about their experiences and thanked the members of WCWD for allowing them the opportunity to attend. Mark Cook, a sponsor of one of the GCI Delegates, also attended.

SSP embrella Christmas Project

Enter number of items

___Cologne/Perfume

___Curlers/Straighteners

___Makeup Cases (we had makeup donated –

(if you collect these, embrella can fill with

makeup they have)

___Designer Purses/Wristlets

___Waterproof Bluetooth Speakers

___Bluetooth Charging Speakers

___Popular Video Games Gift Card

Example: Game Stop; Steam

___Headsets/Earbuds

___Stanley Tumblers

___Video Game Figurines or Accessories

___Squishmallows

___Digital Instant Cameras (Fujifilm Instax

Mini, Polaroid)

___Woobles Beginners Crochet Kits

Enter number of items

___Instant Printers - Mini Sticker Printer

___Universal Portable Chargers

___Bluetooth Keyboards

___Photo Hanging Clip Strings

___Temporary Tattoo Markers

___Remote Control Devices

___Mini Wall Projectors

___Lego Sets for Older Kids (Minecraft, Happy

Plants, Botanicals, Star Wars)

___Jewelry

___JellyCat Amuseables

___Studio Creator Kits

___Other_____

_____

TOTAL # of items _____

Estimated In-Kind $ amt _____

Total Number of Gift Cards _____ **Dollar amount of all gift cards** _____

Examples only: Visa, MasterCard, Walmart, Target, Amazon, Sephora, Game Stop, Door Dash, Uber

Gift Card amounts in $25 to $50 preferred.



GFWC
Woman's Club
of West Deptford

P.O. Box 381
West Deptford, NJ 08086

President: Jody Harris
president@wdwomen.org

Membership: Sharon Bowen
609-221-6331
membership@wdwomen.org

Community Service
Spiced with Friendship and Fun

UPCOMING

Nov. 5: NJSFWC Parliamentary Procedure Workshop
Nov. 10: Regular Meeting MS
Nov. 11: Veteran's Day
Nov. 12: Brunch Hen & Honey
Nov. 15: National Recycling Day
Nov. 18: NJSFWC Report Writing
Nov. 19: Pat's Fundraiser, 11-8
Nov. 26: Thanksgiving
Nov. 28: Tidbits Deadline
Dec. 1: Holiday Card Making
Dec. 2: Page Turners & Pixels Zoom
Dec. 4-12: Hanukkah
Dec. 8: Holiday Dinner Seven Star
December 25: Christmas Day
January 1: New Year's Day
January 2: Tidbits Deadline

Website: wdwomen.com
Facebook: womansclubofwestdeptford
Instagram: wcofwestdeptford

Committee Collection Schedule

- **Every month**—Food pantries
- **Special State Project** — Priority
- **January:** Advocates for Children, Civic Engagement & Outreach, Family Promise
- **February:** Health & Wellness, Domestic Violence
- **March:** Advocates for Children
- **April:** Domestic Violence, Family Promise
- **May:** Education/GCI, Health & Wellness, GWCM
- **June:** Family Promise
- **September:** CIvic Engagement & Outreach, GFWC Day of Service
- **October:** Advocates for Children, Domestic Violence, Health & Wellness
- **November** Civic Engagement & Outreach

Federation News

Sue Combs

It has been very enjoyable and rewarding continuing to work with you all. I would like to share information presented at the Fall state conference and some info from E-connections.

State Fall Conference

The Fall Conference speakers were very informative and quite entertaining. If the location remains at the beautiful Harbor Point in Point Pleasant Beach and you can attend a future conference, I highly recommend it.

The MSW speaker Connie Palmer's topic was "How to Have a Healthy Club and Organization." She had a creative way of speaking about simple truths that we need to remember. We need to remain curious and work hard together. Apologizing when necessary is important. Hold each other accountable, but be kind and strong, but not aggressive. She called this "storming effectively." Connie explained ignoring elephants in the room is the same as perpetuating chaos. We all make mistakes and need to remember this.

Lorraine Joewono, Executive Director of Bergen County Division of Senior Services, spoke on "Senior Services Available to All." Lorraine started by letting us know that her county has upward of 265,000 seniors and that our county likely has more than we realize. She mentioned that most of us know about such programs as Meals on Wheels and some services for veterans. However, she says that there are many nutritional programs and health fairs, as well as resources and programs to help caregivers. She stated



that her county has mortgage and financial counseling, even for community members who do not have that counseling in their county. She also let us know that there is a mobility manager because sometimes there is not enough transportation available for senior citizens. There is also Medicare counseling, with New Jersey being the first state to have an agency for aging. Finally, she reported that there is an advisory counselor for all of the 21 counties in New Jersey.

E-Connection News: WOMEN OF ACHIEVEMENT

If you know an outstanding New Jersey woman who has made a big impact on her community, nominate her for the 46th Annual Women of Achievement Awards sponsored by NJSFWC and Douglass Residential College. She does not have to be an NJSFWC member. The nomination form is in the October ALMANAC and is due to Headquarters by November 13.

The website is njsfwc.org.